



NJ Hope and Healing at Family Service Bureau of Newark is available to assist communities affected by COVID-19. We are a neighbor helping neighbor team providing the following services:



# Free Virtual Events

## June 9<sup>th</sup>, 2022

11am: Grief  
ID: 835 2928 0832  
Passcode: Grief

12pm: Anxiety  
ID: 810 3390 7540  
Passcode: Anxiety

1pm: Self-Care  
ID: 892 0953 6362  
Passcode: Self



Email [FSBNJHH@newcommunity.org](mailto:FSBNJHH@newcommunity.org) to schedule workshops for your organization.



This program is brought to you through the New Jersey Hope and Healing Crisis Counseling Program (CCP). The CCP is provided by Family Service Bureau of Newark in collaboration with the New Jersey Department of Human Services' Division of Mental Health Addiction Services and is funded through a FEMA/SAMHSA grant.

