




NJ Hope and Healing at the **Family Service Bureau of Newark** is available to assist communities affected by COVID-19. We are a neighbor helping neighbor team providing the following services:

NEW    
COMMUNITY

Free Virtual Events

March 9th

3pm: Emotional Intelligence
ID: 920 5414 8073 
Passcode: Emotion

March 10th


11am: Grief
ID: 938 9579 3051 
Passcode: Grief

March 11th

10am: Cuidado Personal
ID: 931 8176 2399 
Passcode: Cuidado

1pm: Self-Care
ID: 927 0630 1306 
Passcode: Self

7pm: Self-Care
ID: 986 6238 4040 
Passcode: Self

6pm: Self-Care
ID: 973 3990 9964 
Passcode: Self

Click the Zoom Icon for access or go to fsbnjhh.eventbrite.com to access the Zoom Link

Email FSBNJHH@newcommunity.org to schedule workshops for your organization.



This program is brought to you through the New Jersey Hope and Healing Crisis Counseling Program (CCP). The CCP is provided by Family Service Bureau of Newark in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services and is funded through a FEMA/SAMHSA grant.