



NJ Hope and Healing at the **Family Service Bureau of Newark** is available to assist communities affected by COVID-19. We are a neighbor helping neighbor team providing the following services:

NEW    
COMMUNITY

Virtual Events

Email FSBNJHH@newcommunity.org to schedule workshops for staff and students.

Feb. 8th

7pm: Stress Management

ID: 910 2586 2471

Passcode: Stress



Feb. 11th

6pm: Grief

ID: 929 7991 3052

Passcode: Grief



Feb. 10th

2pm: Emotional Intelligence

ID: 949 8718 8768

Passcode: Emotion



Feb. 11th

7pm: Self-Care

ID: 966 2982 5063

Passcode: Self



Click the Zoom Icon for access or go to fsbnjhh.eventbrite.com to access the Zoom Link



This program is brought to you through the New Jersey Hope and Healing Crisis Counseling Program (CCP). The CCP is provided by Family Service Bureau of Newark in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services and is funded through a FEMA/SAMHSA grant.