



NJ Hope and Healing at the **Family Service Bureau of Newark** is available to assist communities affected by COVID-19. We are a neighbor helping neighbor team providing the following services:

NEW    
COMMUNITY

Virtual Events

Feb. 22nd

3pm: Emotional Intelligence

ID: 912 7714 5204

Passcode: Emotion



6pm: Self-Care

ID: 975 0071 0309

Passcode: Self



Feb. 24th

10am: Grief

ID: 954 3903 4139

Passcode: Grief



3:30pm: Emotional Intelligence

ID: 924 0014 1853

Passcode: Emotion



Click the Zoom Icon for access or go to
fsbnjhh.eventbrite.com to access the Zoom Link

Feb. 25th

10:30am: Stress Management

ID: 936 5500 7013

Passcode: Stress



6pm: Stress Management

ID: 969 9686 2327

Passcode: Stress



7pm: Self-Care

ID: 915 7134 4150

Passcode: Self



Email FSBNJHH@newcommunity.org to
schedule workshops for your
organization.

