

Rage

Frustration

Anger



Est. 1882

FAMILY SERVICE BUREAU

of Newark

NEW    
COMMUNITY

Anger Management Group

- Identifying Anger
- Managing Anger for Better Relationships
- Proven Techniques
- Stress Management
- Communication Skills
- Conflict Resolution

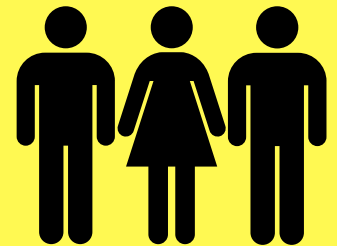
ANGER CAN DESTROY:

YOU



YOUR FAMILY

YOUR FRIENDS



YOUR JOB

MAIN OFFICE
 274 SOUTH ORANGE AVENUE
 NEWARK, NJ 07103
 973-412-2056
 973-484-3452 FAX

WEST HUDSON OFFICE
 379 KEARNY AVENUE
 KEARNY, NJ 07032
 201-246-8077
 201-955-6165 FAX



6 WEEK PROGRAM
COST: INTAKE FEE+\$180
FOR GROUP

- REFERRAL SOURCE:**
- COURT
 - DCPP
 - POLICE
 - OTHER AGENCIES
 - SELF

EMAIL: FSBACCESS@NECOMMUNITY.ORG