

The New Community CLARION

Serving the People of the New Community Network

Volume 37 - Issue 8 ~ November 2020

NCCTI Graduate Enjoys Career as Automotive Technician



Llewelyn Blair graduated from New Community Career & Technical Institute in 2016 and enjoys his career as an automotive technician at INFINITI of Englewood. *Photo courtesy of Llewelyn Blair*.

Recognizing Employees for NCC Career Milestones

ach year, New Community recognizes employees who reach milestones in their employment with an annual Employee Recognition Ceremony. The COVID-19 pandemic, however, made such a gathering unsafe in 2020.

New Community still recognizes the accomplishments of 48 employees who reached milestones of five, 10, 15, 20, 25 and 30 years with NCC during 2019.

"Congratulations to all of you for reaching anniversaries that range from five to over 30 years," said New Community CEO Richard Rohrman. "I wish we could be together to celebrate but we need to be safe in the things we do. Thank you for your dedication to providing the services that our clients need, especially in the face of the pandemic. You change lives, ease pain, provide housing and help people move forward. I sincerely hope that you someday join the over 30-year club."

The employees being recognized this year come from a variety of departments, including Security, Extended Care, educational facilities, Resident Services, Food Services and administration.

New Community thanks its dedicated employees for their commitment to the mission and for continuing to serve the community even in difficult times. The hope is to be able to gather again once it is safe to do so to show appreciation in person.

See the full list of all employees who reached milestones on page 4.

Technical Institute (NCCTI), Llewelyn Blair remains enthusiastic about his career path. He is a Class B Automotive Technician at INFINITI of Englewood.

Blair is from Fort Lauderdale, Fla., and moved to New Jersey for a new experience, the potential for a better job and to be closer to his father. He was interested in pursuing a career in the electrical field because he had studied electrical in high school. When he saw the previous location of NCCTI on Bergen Street and learned it offered career and technical training, he went in to see if he could enroll. At the time, the Building Trades class was full, but he was offered a spot in the Automotive Technician program, which is sponsored by Ford Motor Company. He said he always wanted to learn more about cars and decided to give it a try.

Blair did well and was hired after his first interview upon completing the program. In 2016, he started working at INFINITI of Englewood, which gave him a significant pay increase from the security job he was working at the time. The dealership closed for a period and Blair moved to another location, but he returned to Englewood when it reopened. He likes the working environment at the dealership.

"We treat each other like family," he said. "If one person messes up, everybody helps out."

As a technician at the dealership, Blair performs a variety of tasks mainly dealing with major vehicle issues. He will also address recalls and perform routine maintenance like oil changes and tire rotations. Because of his experience, he is also tasked with advising new technicians. He teaches them the rules and expectations at the dealership and helps them transition to their new work environment.

Blair is very happy he enrolled at NCCTI. He said he received more hands-on instruction than if he went through other programs. He said the instructors walked students through the process of repairs and when students made a mistake, instructors helped students through it instead of getting upset.

"The school was a phenomenal experience. I would recommend it to anybody," he said. "I know people that went to other schools and they don't do anything they went to school for. And right now they're still paying back money."

Meanwhile, Blair is actively working in his field of study and is thriving in his career.

"NCCTI's Automotive Technician program benefited greatly by having Llewelyn as a student. We simply served as a vessel to support his skill set and commitment to being successful," said NCCTI Director Rodney Brutton. "The entire NCCTI team is proud of Llewelyn and offers our appreciation for his willingness to create opportunities for his fellow NCCTI Automotive Technician graduates."

Currently, INFINITI of Englewood employs three NCCTI graduates. Lead Automotive Technician Instructor John Zaccheus said the dealership most recently hired a graduate this fall.

Zaccheus said Blair was always interested in understanding the material when he was in the program.

"He was a very good student in my class," Zaccheus said. "He was always eager."

Although Blair set out to have a different career, he is glad he ended up in the automotive industry.

"It worked out for the better," he said. "I've done so much work on my car and on other people's cars, which I didn't know how to do before."

Blair lives in Irvington and plans to remain in the automotive industry

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The New Community Clarion

The New Community Clarion is published as a community service. The editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of New Community Corporation.

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newcommunity.org









OUR MISSION

To help residents of inner cities improve the quality of their lives to reflect individual, God-given dignity and personal achievement.

New Community is recognized as:

- One of the largest and most comprehensive community development organization in the United States.
- A large-scale deliverer of comprehensive programs and services.
- A leader in affordable housing and economic development.
- A model among nonprofit, social entrepreneurship and CDC communities.
- Having beneficial partnerships on the local, national and global level.

Food Distribution



Residents at Douglas Homes, 15 Hill St., Newark, received food in October, which was set up in the building's Community Room for distribution. Each month, Resident Services Coordinators arrange for the food to be handed out to building residents. *Photo courtesy of Fallon Barnes.*

Around the Network

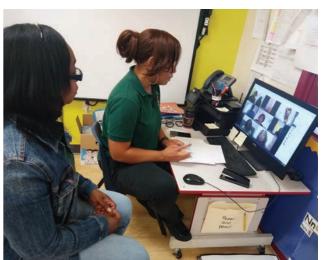
CHELC Virtual Back to School Night

ommunity Hills Early Learning Center (CHELC), 85 Irvine Turner Boulevard, Newark, hosted a virtual Back to School Night for parents Oct. 15. Teachers spoke to parents through their devices to discuss the school year, which is very different because of the ongoing COVID-19 pandemic. *Photos courtesy of CHELC.*









Residents Learn About Health Care

Residents of Manor Senior, 545 Orange St., Newark, learned about open enrollment opportunities with Horizon NJ Health and WellCare. Both companies sent representatives to meet with residents in the Community Room. Horizon NJ Health came Oct. 6 and WellCare came Oct. 22. Residents learned about offerings and asked questions. *Photos courtesy of Guadalupe Cepeda*.









Employee Spotlight: LaShonda Taylor



LaShonda Taylor has worked at New Community Career & Technical Institute for two years. *Photo courtesy of Tracey Coleman.*

Il those who visit New Community Career & Technical Institute (NCCTI) meet LaShonda Taylor. She works in the main office for the accredited post-secondary school greeting visitors, assisting students, answering the phone and performing general office duties.

Taylor provides support for both NCCTI's

Main Campus at 274 South Orange Ave., Newark, and the NCCTI Training Center at 210 West Bigelow St., Newark, which houses the Automotive Technician, Diesel Technician and Building Trades Specialist programs.

"LaShonda is a living example of a dedicated, committed and trusted colleague," said NCCTI Director Rodney Brutton. "As a program assistant, she lends her time, effort and energy to support all functions of the school — admissions, student tracking, assisting instructors, career services, financial aid, answering phone inquiries — all while keeping a smile on her face. It's a pleasure having LaShonda as part of NCCTI, and speaking on behalf of the entire team, we appreciate her work."

Taylor first came to NCCTI as part of the Community Work Experience Program (CWEP), which is a core work requirement for public assistance in the state of New Jersey. After one month, she was hired.

She became an employee in June of 2018, working at the NCCTI Training Center. She transferred to the Main Campus in August of 2019.

"My favorite part of the job is being around all the students," she said.

Taylor had professional experience inter-

acting with people before coming to NCCTI. She previously worked as a customer service representative for Cablevision. When Altice took over operations, she accepted a package to retire.

Although NCCTI closed its doors to in-person instruction during the height of the COVID-19 pandemic, Taylor came to work each day to ensure operations continued and inquiries were answered. She also helped prepare for the launch of hybrid programs, which allow students to complete classroom instruction online and then come to the school for hands-on instruction.

Now that students and instructors have returned to the classroom, Taylor conducts temperature checks to ensure no one in the facility has a fever. The temperature checks are part of the school's guidelines for return to in-person instruction. She also makes sure that students are wearing face masks.

Taylor has lived in Newark but currently lives in Irvington. She is married and has two sons and two daughters. Her oldest daughter is in the Navy and her youngest daughter is in the Air Force. She has seven grandchildren.

In her spare time, Taylor enjoys spending time with family and playing bingo. Before the pandemic, she would play bingo in Atlantic City and at the Boys & Girls Club.

Help Wanted: New Community Corporation Is Hiring

here are a number of open positions available with New Community Corporation. To see all job listings, along with full descriptions and requirements of each position, visit newcommunity.org and click "Careers." Click "Apply" next to the position of interest to see the full description and then "Apply Now" to complete the application process.

As of publication, the following positions were available. The site is continually updated, so check back often to see if there is a job of interest.

- Certified Nursing Assistant: Provides personal care and related services, functioning under the direction of the Licensed Practical Nurse.
- Clinical Director: Under the direction of the Family Service Bureau Executive Director, the Clinical Director will be responsible for overseeing and developing the Clinical aspects of both the Newark and Kearny sites to include supervision, evaluation and scheduling.
- HVAC Technician & Building Maintenance: Installs and maintains all aspects of temperature control systems throughout NCC properties. Will also install and maintain HVAC systems and work on fuel supply lines, air ducts, vents, compressors, evaporators and piping.
- Licensed Practical Nurse Full-Time: Provides direct nursing care to residents and supervises the day-today nursing activities performed by nursing assistants in accordance with current federal, state, local standards, guidelines and regulations that govern

- the facility and as may be directed by the Administrator and/or Director of Nursing to ensure the highest degree of quality care is maintained at all times.
- MDS Coordinator/Registered Nurse Assessment Coordinator: A Registered Nurse designated by the facility to determine the resident's acuity level and document in the resident's medical record.
- Nursing Home Admissions Marketer: Establishes and maintains the Unit's identified census goals, clinically evaluates all residents admitted to the Unit and formulates relationships with hospitals, insurance companies and other major referral sources.
- Plumbers Assistant: Provides general plumbing services throughout NCC properties. Also responds to plumbing related work orders and emergency calls.
- Property Manager: Responsible for property management in affordable housing buildings and properties. Also undertakes income certifications, rent collection, leasing and working with household residents.
- Registered Nurse Full-Time:
 Provides direct care and supervision of all nursing services to ensure that each resident's needs are being met in accordance with their medical/nursing plan of care, which is based on a comprehensive assessment and in accordance with current nursing standards of practice, federal, state, local and facility

- standards, regulations and guidelines.
- Organizes, directs and supervises the daily functioning of the residents care unit in accordance with the current federal, state and local standards and regulations that govern the facility; as directed by the Administrator and the Director of Nursing to ensure the highest degree of quality care is maintained.
- **Superintendent:** Ensures that the appearance of the property is maintained, troubleshoots, installs and repairs the building.
- Task Force Officer: Secures premises and personnel by patrolling property; monitoring surveillance equipment; inspecting buildings, equipment and access points, permitting entry and enforcing all laws and ordinances on NCC property.
- Teacher Assistant (Infant/Toddler) Floater: An integral part of the teaching team for the purpose of carrying out the program as planned in cooperation with the Teacher, taking into account the social, cognitive and health needs of the children. This position will be shared on an on-call basis between both Early Childhood facilities.
- Virtual Instruction Support Staff: Provides virtual learning support by facilitating the delivery of online materials to and from the students and monitoring student behavior while at the center.

Recognizing Employees for NCC Career Milestones

Continued from page 1

EMPLOYEES RECOGNIZED

Five Years at NCC:

Lawrece Anderson - Community Hills Early Learning Center
Philip Arthur - Extended Care
Carlos Batista - Environmental Services
Michelle Chatman - Community Hills Early Learning Center
Jill Derios - Resident Services
Edwin Negron - Environmental Services
Maurice Okereke - Extended Care
Marycomfort Opara - Harmony House Early Learning Center
Sadean Powell - Security
Keith Ransom - Security
Dejon Thompson - Security

Ten Years at NCC:

Mercy Attah - Security
Dashon Hall - Extended Care
Madeline Miller - Extended Care
Patience Omokaro - Extended Care
Jenifer Pineda Ortiz - Youth Services
Dennis Searwar - Environmental Services
Frances Teabout - Mission
Tony Tolles - Administration

Fifteen Years at NCC:

Ramon L. Acosta - Extended Care
Faye M. Harvey - Property Management
Michelle Jenkins - Community Hills Early Learning Center
Mercedes Navarrete - Community Hills Early Learning Center
Hope C. Okpala - Community Hills Early Learning Center
Maria Payen - Community Hills Early Learning Center
Roslyn S. Skyles - Adult Learning Center

Twenty Years at NCC:

Jacqueline Andrews - SAIF
Dorothy Artis - Property Management
Robert Broadnax - Security
Maximo A. Deleon - NCC Food Services
Genoveva Ferreras - NCC Food Services
Ramon Gerena - Technology Department
Jermaine Jones - Security
Sharon Jordan - Extended Care
James A. Massey - Security
Angela Potts - Resident Services
Vander L. Walker - Extended Care
Susan Williams - Extended Care

Twenty-Five Years at NCC:

Mulu A. Gebreyesus - Credit Union Robin L. Harris - Extended Care Anna Sing King - Administration Gary A Taylor - Environmental Services

Thirty Years at NCC:

Eara L. Adebamowo - Extended Care Gail Eunice - Extended Care Michelle Grier-Porch - Security Angela Hall - Harmony House Kathy Jefferson - Extended Care Vernice J. O'Neal - Home Friends

Prepping Food for the Community

ProofBank of New Jersey in Hillside for distribution at 220 Bruce St., Newark. New Community offers Community Food Distribution the first Tuesday of every month and the Emergency Food Pantry, which opens the first business day after the 15th of every month. Food events are open to the community at large. *Photos courtesy of Anibal Alvelo*.





NCCTI Graduate Enjoys Career as Automotive Technician

Continued from page 1

and at his current dealership.

NCCTI is an accredited post-secondary career and technical institution that offers the following programs: Automotive Technician, Diesel Technician, Building Trades Specialist, Clinical Medical Assistant, Patient Care Technician, Community Healthcare Worker, Culinary Arts Specialist and Business and Computer Technologies. NCCTI also operates a comprehensive Financial Opportunity Center and Bridges to Career Opportunities Program sponsored by the local and national Local Initiatives Support Corporation (LISC) offices. For more information, call 973-824-6484, log onto newcommunitytech.edu or visit 274 South Orange Ave., Newark.

NCC Mourns Loss of Youth Services Employee



Coleman Brooks worked with children in New Community's after school program and summer camp before his death Sept. 16. *Photo courtesy of Yvonne Brooks.*

oleman Brooks always had a smile to share, whether he was with his family, colleagues or the children he served. He was employed in New Community's Youth Services Department for three years but was no stranger to working with children. He worked at New Horizons Community Charter School, which sits across the street from the NCC Neighborhood Center, for 19 years. He passed away Sept. 16 at the age of 59.

Coleman Brooks started his career in the corporate world, working for AT&T and New Jersey American Water, but realized he wanted to take a different path. He told his mother, Yvonne Brooks, working with children was the best job he ever had.

"He loved children," she said. "He said all children can learn. Some just have to learn a different way. You have to know how to reach out to them."

His kindness and nurturing demeanor showed in his work. He served as a teacher at New Horizons Community Charter School and worked at NCC's after school program across the street when the school day ended. He also worked as a counselor for NCC Summer Camp.

"Mr. Brooks always gave 110 percent of himself to ensure the children received a positive experience while attending our programs," said Director of Youth Services Edward Morris. "He was a valuable member of NCC Youth Services and the true definition of a team player. He will be greatly missed."

Coleman Brooks was born in Summit and was the eldest of four sons. He married and had

two children, a son who is now 31 and a daughter who is 26. He also leaves behind a 2-year-old grandson, his parents, three brothers, aunts, uncles, nieces and nephews.

He was very close to his family throughout his life. His mother said the entire family has happy memories.

"I think of the good times. That's what keeps us going," Yvonne Brooks said. "I know he wouldn't want us to be sad. Because he's up there doing work with God. God didn't want him to be in pain so he called him home."

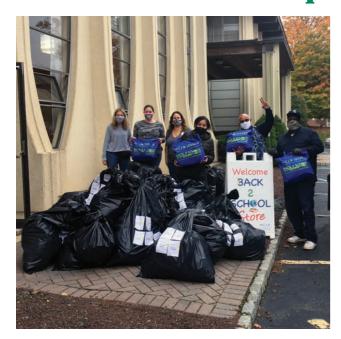
Coleman Brooks underwent treatment for cancer prior to his passing, but that didn't stop him from serving children. He would receive treatment and go directly to work for as long as he could.

"He always had a smile. Even when he got sick," his family said. "If he was in pain, you didn't know it. He never complained."

Yvonne Brooks said her son was a joy to be around and his passing has been very difficult for his children and the entire family. She takes comfort in knowing that he made a difference for others doing a job he loved.

"We didn't realize how many lives he had touched until we had his services," Yvonne Brooks said. "The outpouring of people was just unbelievable. He left a legacy."

Second Back 2 School Store Pickup



Peresentatives from New Community picked up additional items Oct. 22 as part of the annual Back 2 School Store, arranged by the Essex County branch of the National Council of Jewish Women (NCJW/Essex). Because of the ongoing COVID-19 pandemic, the traditional Back 2 School Store was canceled for everyone's safety. Instead, NCJW/Essex arranged for local organizations, including NCC, to receive donated items to distribute to children. The first distribution took place over the summer ahead of the start of the school year. This distribution includes colder weather items for the children. *Photos courtesy of Anibal Alvelo.*

NCC Distributes Donated Bottled Water to Residents

eton Hall University donated bottled water to New Community, which was distributed to residents and clients in October. *Photos courtesy of Resident Services.*



Residents at Manor Senior received bottled water Oct. 21 that Seton Hall University donated.



Roseville Senior Tenant Association Vice President Linda Pearson prepares to hand out donated bottled water to residents at the building



Left: A Roseville Senior resident picks up bottled water Oct. 23, which Seton Hall University donated. Right: A Manor Senior resident gets donated water Oct. 21.



Manor Senior Resident Services Coordinator Guadalupe Cepeda prepares to hand out bottled water to building residents Oct. 21. Seton Hall University donated the water.

Social Security News

Sign Up for Medicare Part B Online

By Ammy Plummer Social Security District Manager Springfield Avenue, Newark, NJ

or many people, signing up for Medicare Part B doesn't require you to leave the comfort of home. Please visit our Medicare Part B webpage at secure.ssa.gov/acu/ophandler/loginSuccess if:

- You're enrolled in Medicare Part A.
- You would like to enroll in Part B during the Special Enrollment Period.

You can complete form CMS-40B (Application for Enrollment in Medicare – Part B [Medical Insurance]) at www.cms.gov/Medicare/CMS-Forms/CMS-Forms/CMS-Forms-Items/CMS017339 and CMS-L564 at www.cms.gov/Medicare/CMS-Forms/CMS-Forms/Downloads/CMS-L564E.pdf (Request for Employment Information) online.

You can also fax the CMS-40B and CMS-L564 to 1-833-914-2016; or return forms by mail to your local Social Security office. Please contact Social Security at 1-800-772-1213 (TTY 1-800-325-0778) if you have any questions.

Note: When completing the forms:

- State, "I want Part B coverage to begin (MM/YY)" in the remarks section of the CMS-40B form or online application.
- If your employer is unable to complete Section B, please complete that portion as best you can on behalf of your employer without your employer's signature.
- Submit *one* of the following types of secondary evidence by uploading it from a saved document on your computer:
 - Income tax returns that show health insurance premiums paid.
 - W-2s reflecting pre-tax medical contributions.
 - Pay stubs that reflect health insurance premium deductions.
 - Health insurance cards with a policy effective date.
 - Explanations of benefits paid by the GHP or LGHP.
 - Statements or receipts that reflect payment of health insurance premiums.

Please let your friends and loved ones know about this online, mail or fax option.

Senior Spotlight: Salvatore McGrath



Salvatore McGrath has been a resident of Douglas Homes for nearly one year. *Photo courtesy of Clesia Thompson.*

Ithough Salvatore McGrath has lived at Douglas Homes for less than a year, he knows the area very well. He is a lifelong Newark resident who enjoys going out and having an active social life. While the ongoing COVID-19 pandemic has reduced opportunities for socialization, he still finds ways to interact with others.

Upon moving into Douglas Homes, 15 Hill St., Newark, in January, McGrath quickly became a member of the building community.

"Mr. McGrath is one of our newer residents here at Douglas Homes. Upon his arrival, we knew that he had a strong family background because he jumped right in, becoming part of the fabric here at Douglas," said Douglas Homes Resident Services Coordinator Clesia Thompson. "He immediately volunteered to become a floor captain for one of the floors which had a vacancy, he makes sure that his entire floor stays spickand-span and he has definitely become a big brother to the staff here in Resident Services. He is so colorful and classy, we simply adore him."

McGrath enjoys living at Douglas Homes.

"The people are nice and friendly," he said. "The staff is wonderful."

Before moving to Douglas Homes, McGrath lived with his niece. He is retired and worked several different jobs over the years. He worked for a pharmacy, a factory, a diner on Market Street and most recently for Uber Eats.

McGrath lives alone at Douglas Homes, but he has family in the area. He also has an adopted son that lives near Cape May.

In his spare time, McGrath enjoys playing bingo, though opportunities for that are currently limited because of the COVID-19 pandemic. But McGrath still finds ways to be with others. Now that local establishments have reopened, he goes out for drinks and food with his friends.

"I'm not a stay-at-home person. I like to be on the go," he said.

A friend who lives at Douglas Homes encouraged McGrath to fill out a housing application for the building. He originally was interested in one of the building's upper floors because of the view of Newark and New York City but decided to take a one-bedroom apartment on the sixth floor instead of a studio that was available on the 12th floor so he would have more space. He was given the option to move to the higher floor once an apartment became available, but he decided to stay where he was since moving is stressful.

McGrath is happy where he is.

"I just like my peace and my quiet," he said.



Wellness Tip November 2020

National Home Care & Hospice Month

Home Health vs. Hospice Care

Home health care provides services that are brought to patients who require intermittent skilled nursing care, physical therapy, speech-language pathology services or continued occupational services, as prescribed by their doctor.





Hospice care is comfort care for patients with a prognosis of six months or less if their disease runs its natural course, as certified by a physician.

HHELC Raises Awareness About Breast Cancer

leachers and students at Harmony House Early Learning Center (HHELC), 278 South Orange Ave., Newark, participated in a Breast Cancer Awareness March to bring attention to the disease for Breast Cancer Awareness Month, recognized in October. One in eight women in the United States will develop breast cancer in her lifetime and there are over 3.5 million breast cancer survivors in the United States. Screenings and self-exams are key for early diagnosis. Photos courtesy of HHELC.















Helping Residents Register to Vote



Volunteers from the League of Women Voters helped New Community residents register to vote ahead of the 2020 general election. They provided assistance outside Associates, 180 South Orange Ave., Newark, on Oct. 1 and 8. In addition to assisting with voter registration, the volunteers helped NCC residents complete their ballots and answered their questions about the voting process this year. Photo courtesy of Frances Teabout.

NCC Residents Participate in Voter Education Workshops

epresentatives from Newark Mayor Ras Baraka's office visited New Community senior buildings in the city to host voter education workshops for residents ✓ahead of the Nov. 3 General Election. Participants learned the proper way to fill out the ballot and how and where to turn it in. Because of the ongoing COVID-19 pandemic, social distancing rules were followed. Photos courtesy of Resident Services.



Residents of Roseville Senior, 1 South Eighth St., Newark, participated in a voter education workshop Oct. 26, led by representatives from Newark Mayor Ras Baraka's office.



A group of Douglas Homes residents gathered in the Community Room of the building, 15 Hill St., Newark, to participate in a voter education workshop Oct. 20, led by representatives from Newark Mayor Ras Baraka's office.

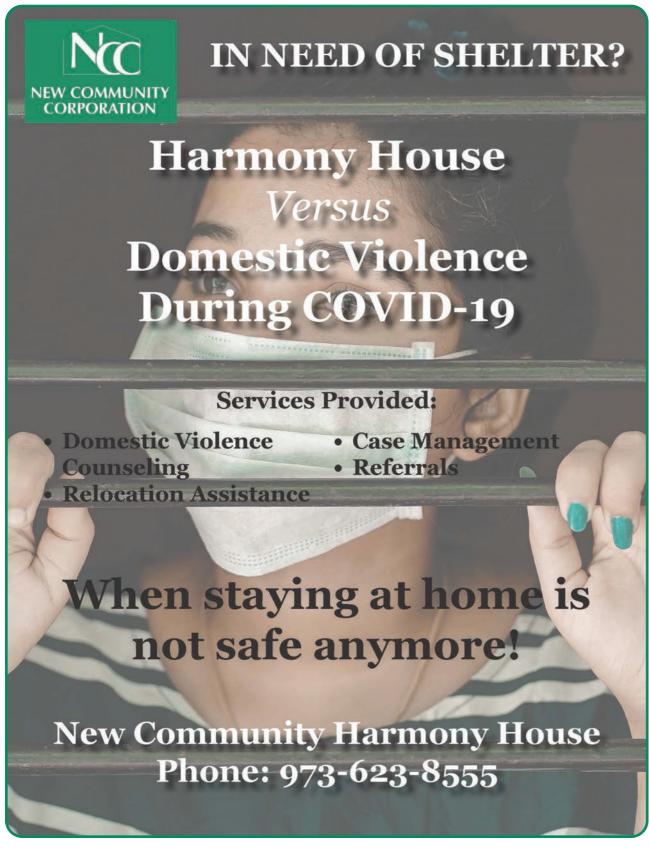
Connecting NCC Families to Donations

family in Short Hills donated furniture and other items to benefit families living in New Community housing. NCC employees Anibal Alvelo and Ali Jenkins picked up the items Sept. 29 and distributed them to families. *Photos courtesy of Anibal Alvelo.*









Newark Library Brings Arts and Crafts to Residents



Residents of Associates, 180 South Orange Ave., Newark, participated in an arts and crafts session in the Community Room Oct. 26, thanks to the Springfield Avenue Branch of the Newark Public Library. In addition to creating, participants also discussed how to cope with the ongoing COVID-19 pandemic. Photo courtesy of Anne Moran.

Preparing for Monthly Food Distribution



Manor Senior, 545 Orange St., Newark, held a food distribution event on Oct.15 for residents. Staff members sorted the items for distribution, as they do each month. *Photo courtesy of Anibal Alvelo*.

CHELC is

Registering Students

Community Hills Early Learning Center

•Free Abbott Pre-K 3 & Pre-K 4 •Early Head Start for infants & toddle

ommunity Hills Early Learning Center (CHELC), 85 Irvine Turner Boulevard, Newark, is registering stu-

1/2/19/11/11

NCCTI Director Participates in Panel Discussing Systemic Racism in Education



Regional Business Partnership Executive Vice President and COO Barbara E. Kauffman.

Participants in the Newark Regional Business Partnership virtual panel discussion titled Impact of, and Strategies to Combat, Systemic Racism in Education. Top from left to right: Kean University Associate Vice President Carlos Rodriguez, NJIT President Dr. Joel Bloom and Newark Public Schools Superintendent Roger León. Bottom from left to right: New Community Career & Technical Institute Director Rodney Brutton, PeduL Co-founder Kayla Jackson and Newark

dents for the 2020-2021 school year. The school offers services for infants, toddlers and children in pre-K programs. If you're interested in registering a child, please call the center at 973-621-0852. Photo courtesy of CHELC.





COVID-19 Crisis Counseling Services

NJ Hope and Healing Crisis Counseling Program (CCP) at the Family Service Bureau of Newark is available to assist communities affected by COVID-19. We are a neighbor helping neighbor team with staff on-call to provide the following free services:

- Online Support for Stress Management Techniques
- · Develop New Coping Skills
 - Compassion Fatigue
- Communication Techniques
 - Resource Linkage



Hours of Operations: Monday to Friday, 9 a.m. to 5 p.m. Phone Number: 973-272-7488

Email Address: FSBNJHH@newcommunity.org

Services offered in Bergen, Essex, Hudson and Passaic counties. Various languages are available.

Free services are available remotely for families, individuals and youth.





This program is brought to you by/through NJ Hope and Healing Crisis Counseling Program (CCP). Family Service Bureau of Newark in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, is offering a Crisis Counseling Program (CCP) through a FEMA/SAMHSA grant.

of, and Strategies to Combat, Systemic Racism in Education. The panel consisted of NJIT President Dr. Joel Bloom, Brutton, PeduL Co-founder Kayla Jackson, Newark Public Schools Superintendent Roger León and Kean University Associate Vice President Carlos Rodriguez. The discussion was moderated by Rutgers University Dean of the Honors Living-Learning Community Dr. Timothy K. Eatman.

Regional Business Partnership (NRBP) Diversity, Equity and Inclusion Mini-Series on Oct. 7, held virtually. The topic of the discussion was Impact

ew Community Career & Technical Institute (NCCTI) Director Rodney Brutton participated in the Newark

This was the fourth program in the NRBP Diversity, Equity and Inclusion Mini-Series. Quest Diagnostics is the series sponsor and Kean University served as the event sponsor.

Special Delivery



New Community's Resident Services Department recently arranged for a water and food drop-off to a resident who was quarantined due to a positive COVID-19 test. The items were left at the door early in the morning for everyone's safety. Photo courtesy of Anibal Alvelo.

Family Service Bureau

Helping People Cope with Issues During COVID-19

uring this time of uncertainty, worry and fear, many of us have been quarantined with those closest to us. Whether it be our immediate family, children and/or significant other, we cannot deny that it's been tough. Times like this really help us to see what is working within a society and what is not. It has also helped shed light on what is working or not within our own family units. The Family Service Bureau of Newark has been helping individuals, families and couples work through some of these issues that are being exacerbated by COVID-19 through therapeutic services. It is through these therapeutic sessions that we aid families, individuals and couples in resolving

conflicts such as stress, anxiety, fear, depression, trauma, grief and illness.

It is also during times like these that we begin to truly understand the gravity of what mental health is and how we are being affected by those around us, specifically our immediate family units. The importance of therapy and being able to talk freely without judgment is extremely important in climates where we may be feeling oppressed, stifled or frustrated with the current climate.

The Family Service Bureau of Newark and Kearny (FSB) is also committed to bringing free, remote services for individuals, families, children, health care workers and groups in Bergen, Hudson, Essex and Passaic counties through our New Jersey Hope and Healing Program. We offer stress management techniques, communication skills for children and adults affected by COVID-19, coping skills, crisis intervention, support after loss, etc. For more information about the program, see the flyer on page 9. Virtual workshops can also be tailored to the populations we are serving.

If interested in crisis counseling through the NJHH program, feel free to contact us at 973-272-7488 or FSBNJHH@newcommunity.org.

If interested in ongoing therapeutic services, please contact us at 973-412-2056 or FSBACCESS@newcommunty.org.





TELEHEALTH SERVICES AVAILABLE!!

Family Service Bureau is here to help those in need by providing telehealth services to keep you and the community safe.



Services Provided

- Individual Therapy
- Psychiatric Evaluations
- Medication Monitoring

FAMILY SERVICE BUREAU OF NEWARK

274 S. Orange Avenue, Newark, NJ 07103 379 Kearny Avenue, Kearny, NJ 07032

To make an appointment, call or email: 973-412-2056/201-246-8077/fsbaccess@newcommunity.org
Hablamos español

New Program for NCC Residents



Associates Manager Faye Harvey, left, and Associates Resident Services Coordinator Anne Moran stand by posters describing a new program available to residents that aims to help them receive benefits and services. *Photo courtesy of Fred Hunter.*

Preparing for Christmas



New Community started preparing for Christmas at the end of September by asking families with small children to fill out a wish list. Donated items come from many different places to put a smile on children's faces for the Christmas holiday. Photo courtesy of Anibal Alvelo.



New Community Adult Learning Center 563 Orange Street, Newark, New Jersey 07107

(973) 558-5536

www.newcommunity.org/services/adult-learning-center/

Available Courses

English for Speakers of Other Languages

Mondays through Thursdays: 10 AM to 12 PM or 6 PM to 8 PM

Citizenship

Saturdays: 9 AM to 12 PM

Computers – Basic & Intermediate Levels

9 AM to 12 PM or 12 PM to 3 PM

ABE, Pre-HSE, & HSE (English only)

Mondays through Thursdays: 9:30 AM to 1:30 PM or 5:30 PM to 8 PM

Free Services

Health Screenings

Physicals, Mammograms, Cholesterol, Nutrition,

Open Community

Free workshops conducted by private institutions and/or volunteers for the general

Other Services

- Community organizing
- Community rooms
- · Social services referrals

Servicios Gratuitos

Exámenes Médicos Gratuitos

Físicos, Mamografías, Colesterol, Nutrición, etc.

Comunidad Abierta

Talleres gratuitos conducidos por instituciones privadas y/o voluntarios para el publico en general

Otros servicios

- · Organización de la comunidad
- · Sala de reuniones
- Referidos a servicios sociales

Cursos Disponibles

Inglés para Hablantes de otras Idiomas

Lunes a jueves:

10 AM a 12 PM o 6 PM a 8 PM

Ciudadanía

Sábados:

9 AM a 12 PM

Computadora – Nivel Básico e Intermedio

Sábados:

9 AM a 12 PM o 12 PM a 3 PM

ABE, Pre-HSE, & HSE (Ingles solamente)

Lunes a jueves:

9:30 AM a 1:30 PM o 5:30 PM a 8 PM

*Weekdays and Saturdays courses are 9, 10, and 21 weeks long depending on the selected course.

Too ImportantBy Lesley Leslie

y the time many Clarers see this article, the November 2020 Pres-

the 46th "Leader of the Free World" will have been selected to run the United States for the next four years. Will you be able to say that you participated in the process? Will you be able to say that you exercised your right to vote?

Every election that takes place is important because the results have the ability to impact so many lives. This presidential election, however, is one that seemingly has the ability to impact generations of lives to come. There are policies and laws that if passed will directly affect senior citizens, immigrants, poor people, sick people and many other marginalized and underserved people. Your vote cannot and should not be taken for granted!

Even if you choose not to consider how idential Election will many people lost their lives so many years ago have taken place and fighting for our right to vote today. Or if you choose to ignore the length that some individuals are going to right now in order to suppress your vote. It's possible you may even think that your vote or voice doesn't matter. After all, you have witnessed enough discrimination, racism, inequality, police brutality, health and education disparities that would make others think your life doesn't matter. Regardless of what the experience has been, regardless of what's been said about you, your vote should not be taken for granted. So vote, please vote, you have to vote!

Congratulations NCCTI PCT Graduates!



Graduates of the Patient Care Technician program at New Community Career & Technical Institute celebrate the completion of the program with NCCTI staff members. Photo courtesy of Rodney Brutton.

ew Community Career & Technical Institute (NCCTI) celebrated students who completed the Patient Care Technician (PCT) program on Oct. 27. Eight of nine students passed the National Healthcareer Association (NHA) Certified Patient Care Technician Exam and several have already been offered jobs at St. Joseph's Regional Medical Center, Newark Beth Israel Medical Center and Clara Maass Medical Center. We wish them all well as they begin their careers!

Thank You, **Volunteers!**



ew Community's Emergency Food Pantry accepts volunteers through Jersey Cares each month to help with setup and distribution. The pantry opens the first business day after the 15th of each month at 220 Bruce St., Newark. If you're interested in volunteering, visit jerseycares.org/calendar and search for "Marketplace in Newark." Thanks to all the volunteers who help make the pantry run smoothly. Photo courtesy of Anibal Alvelos.

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CLARION

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CHELC Staff and Students Participate in Breast Cancer Walk

or Breast Cancer Awareness Month, Community Hills Early Learning Center (CHELC), 85 Irvine Turner Boulevard, Newark, hosted a Breast Cancer Walk for students and staff. Everyone wore pink and walked around school grounds with banners. *Photos courtesy of CHELC*.











