



OUT OF THE ASHES CAME HOPE

# CLARION

SERVING THE PEOPLE OF THE NEW COMMUNITY NETWORK

Volume 34 – Issue 5 ~ May 2017

## NCC KICKS OFF 50TH ANNIVERSARY WITH CELEBRATION, REFLECTION



Left: Students from Community Hills Early Learning Center held candles and participated in the human birthday cake marking NCC's 50th anniversary kickoff. Center: Diane Johnson, at podium, served as mistress of ceremonies. Right: Founder Monsignor William J. Linder reflects on what New Community has accomplished since its founding in 1968.

It started with ashes in 1967. Years of political disenfranchisement, economic disinvestment and police brutality erupted in violence on July 12, 1967, sparking a six-day melee in Newark that left 26 people dead and devastated the Central Ward.

The Newark rebellion gave birth to New Community Corporation, which was founded by Monsignor William J. Linder and a small group of residents in 1968, in the wake of despair. Since then, NCC has reshaped the landscape of the Central Ward, with safe, decent and affordable

housing for seniors, families and the homeless. Over the years, its services and reach has expanded. New Community now offers a vast network of services in the areas of housing, health care, early childhood education, workforce development and more. While primarily concentrated in Newark's Central Ward, NCC sites can be found around the city and also in Orange, Kearny and Jersey City.

On April 6, 2017, New Community officially kicked off the celebration of its 50th anniversary at St. Joseph Plaza, with dignitaries, residents, students, staff and supporters.

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## NCC Is On TV! Public Access Program Debuts



Ayannah Thomas, left, a student in the Certified Medical Assistant Program, talks about her career goals with Rodney Brutton, director of Workforce Development, on Episode 2.

Lights, camera, action! New Community Workforce Development Center debuted its new public access television show called "NCC: Connecting You To

Resources" in April. The program highlights the career technical programs offered at NCC and features real life students who talk about their experiences in the training programs and the careers they dream of pursuing.

Episode 1 and Episode 2 are now both on YouTube and also posted on the New Community Corporation Facebook page ([www.facebook.com/newcommunitycorporation](http://www.facebook.com/newcommunitycorporation)). The roughly 28-minute program, filmed at the Cablevision studio on Central Avenue in Newark, is designed to raise public awareness about the Workforce Development Center and its successful job training programs.

In 2016, the Workforce Development Center, which is an accredited, post-secondary school offering education and occupational training, boasted an employment placement rate of 72 percent of its students.

Continued on page 11

## Believing In Our Youth

Editorial By

Monsignor William J. Linder

When I was a young priest at Queen of Angels Parish in Newark, I learned a valuable lesson about our youth: believing in them can be a powerful thing.

When you set high expectations and show them that you believe in their capabilities, you will be amazed at what young people can accomplish.

I witnessed the youth at Queen of Angels accomplish amazing feats, such as when they conducted legal research and exposed a slumlord for tax evasion (he served jail time) and staged sophisticated protests that put pressure on powerful politicians.

They organized dance fundraisers at the church that became so popular that the line to get inside wrapped around the street.

The civil rights march from Selma to Montgomery, Ala., impressed upon me the fact that youth have unseen potential to do great things. They understand how to work collaboratively. They are internally driven to be part of something bigger than themselves.

When the Rev. Dr. Martin Luther King Jr. arrived in Newark on March 27, 1968, the young people from Queen of Angels were on the frontline. They worked with field agents from the Southern Christian Leadership Conference, which was headed by Dr. King, to coordinate arrangements for his stay, as well as other activists, and worked the phone banks to rally the wider community.

As associate pastor at Queen of Angels, I had the privilege to foster many of these young community organizers. I was on their side and they knew it. They planned things well and in detail.

They were real leaders. I always felt they were on target.

Many years ago, I established a scholarship fund to ensure that young people have the educational opportunities that they need to flourish in high school and beyond. Last month, New Community celebrated its annual Spring Festival and Auction—as part of our yearlong celebration of the 50th anniversary of NCC—to raise support for the scholarship fund.

Byron Simmons, a young man who is now a senior at St. Benedict's Preparatory School, shared his personal story of how the scholarship has enabled him to receive an outstanding education. He is now prepared to enroll at the college of his choice in the fall.

Young people, such as Byron, remind me of the youth from Queen of Angels. They share the same spirit and unlimited potential to impact the world. It makes you feel real positive about the future.

What the youth need from us, in turn, is to believe in that potential, foster it and watch it take flight.

## The New Community Clarion

The New Community Clarion is published as a community service. The editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the view of the newspaper.

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Sign-up for the e-clarion.

Visit [www.newcommunity.org](http://www.newcommunity.org)



### OUR MISSION

To help residents of inner cities improve the quality of their lives to reflect individual, God-given dignity and personal achievement. New Community is recognized as:

- The largest and most comprehensive community development organization in the United States
- A large-scale deliverer of comprehensive programs and services
- A leader in affordable housing and economic development
- A model among non-profit, social entrepreneurship, and CDC communities
- Having beneficial partnerships on the local, national, and global level.

## THANK YOU FOR SUPPORTING THE SCHOLARSHIP FUND!

New Community Corporation expresses our gratitude for everyone who attended the 2017 Spring Festival and Auction, purchased raffle tickets, sponsored tables, donated dinner tickets for senior residents, contributed prizes, placed souvenir ads and contributed their time and effort to benefit the Monsignor William J. Linder Scholarship Fund. Thank you!

See more photos on: [facebook.com/newcommunitycorporation](https://www.facebook.com/newcommunitycorporation)

## Around the Network

### Looking For A New Career? Gain Job Training, Skills At NCC



Automotive technician students, top, and healthcare students, bottom.

New classes for career technical training at New Community Workforce Development Center are starting soon on May 22, 2017! The Workforce Development Center is an accredited, post-secondary school that offers financial aid for eligible students. Classes provide both hands-on experience as well as classroom lessons for automotive technician, building trades, certified medical assistant, culinary arts and patient care technician. To apply online, visit [www.newcommunity.org](http://www.newcommunity.org) or follow the New Community Workforce Development Center's Facebook page. You can also visit Workforce at 274 South Orange Ave. in Newark or call 973-824-6484. Current Workforce students who refer other students that successfully enroll in a program are eligible to receive a gift card!

### NCC Promotes Mental, Behavior Health Services To Community



As part of Child Abuse Prevention Month in April, the Family Service Bureau of Newark participated in an exhibitor health fair hosted by the Statewide Parent Advocacy Network Inc. (SPAN). The event was hosted at the CityPlex 12 cinema in Newark and provided FSB staff an opportunity to share information and resources to community members about behavioral and mental health services offered by FSB to children, individuals and families. For more information about the Family Service Bureau, an affiliate of NCC with offices in Newark and Kearny, call 973-412-2056 or 201-246-8077. **Photo courtesy of Manuela Garcia.**

### Creativity Flows During Arts, Craft Session With NCC Seniors

New Community seniors got crafty on a recent afternoon during an arts and craft activity held at New Community Manor Senior. Organized by the Department of Health and Social Services, the arts and crafts session included painting bird houses, tote bags and canvas portraits. Social Services works closely with residents of New Community to promote education, healthy activities and to connect residents to resources. **Photos courtesy of Giselle Oviedo.**



## Employee Of The Month: Deanna Brace



Deanna Brace works as a marriage and family therapist at the Kearny office of the Family Service Bureau.

ranging from substance abuse to domestic violence and mental illness. The Kearny office is staffed with two full-time clinicians, interns during the school year and either three or four clinicians that alternate between the two offices.

There's no typical day for Brace, who started off as an intern five years ago at the Newark office of FSB and has been full-time at Kearny for a year. "It's a lot of what they're bringing to you that day," said Brace, who frequently works with clients who suffer from bipolar disorder, schizophrenia, anxiety and depression.

"Deanna is an outstanding clinician, team player and colleague," her supervisor, Manuela Garcia, executive director of FSB, said. For Brace, maintaining a "therapeutic relationship" with clients rather than acting like an empathetic friend is a key to building a healthy and professional relationship.

Her clients, who mostly come from Kearny, Harrison and East Newark, disclose physically or emotionally traumatic events to Brace as their therapist. Because of this, Brace works at upkeeping her own mental health. "At the end of the day, if you're burned out,

you're not helping yourself or anyone else," she said.

If a case at work bothers her and constantly encroaches on her thoughts, Brace said that she tries to assess why. Her long drive home serves as a time to decompress. On weekends, Brace invests in spending time with family and friends to strengthen her own support network.

Chief of Health and Human Services Arti Kakkar, who oversees FSB as well as other departments, noted that Brace's professionalism stands out.

"Her strength is the way she conducts herself with colleagues and quietly but diligently remains focused on her work," Kakkar said.

For Brace, the challenges and rewards of the job are two sides of the same coin: What kind of impact has therapy had on a client's life?

Her appointments with clients will eventually end and she wonders about how clients will continue to apply therapy to positively affect their lives.

"It's really about helping the client help themselves," she said.

For Deanna Brace, mental health is not just about her job—it's a key part of her life and maintaining balance as a professional therapist.

As a marriage and family therapist at the Family Service Bureau, an affiliate of New Community, Brace works in the FSB office in Kearny located about five miles from the headquarters of NCC. The Family Service Bureau, which has an office in Newark and in Kearny, provides mental and behavioral health services to youth, individuals, couples and families and deals with issues

## NCC Launches Website For 50th Anniversary Events

New Community recently launched [www.NCC50th.org](http://www.NCC50th.org) to provide the latest information on the exciting events and happenings surrounding NCC's yearlong celebration of its golden 50th anniversary.

Check us out and get the latest news about:

- Calendar of events
- International culture day
- Multicultural musical appreciation event
- Walk-a-thon
- Photo galleries
- Giving campaigns
- Fun facts about NCC's history
- "Out of the Ashes Came Hope" author talks and book signings
- Sponsorship and underwriting opportunities
- Volunteer opportunities
- Countdown to the 50th anniversary gala in 2018

In April, New Community residents, employees, volunteers and supporters rallied together to officially kick off the 50th Anniversary of New Community Corporation with a celebration at St. Joseph Plaza

We invite you to be part of the historical celebration of NCC's golden milestone during 2017 to 2018. You can also stay connected with NCC by following us on social media!

### NEW COMMUNITY CORPORATION



St. Joseph Plaza  
233 West Market St., Newark NJ 07103  
(973) 242-8012  
[www.ncc50th.org](http://www.ncc50th.org)  
[www.newcommunity.org](http://www.newcommunity.org)

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ROSALIND GRANT & FRIENDS

**MAY 19<sup>TH</sup>**

CLOSED-PRIVATE PARTY

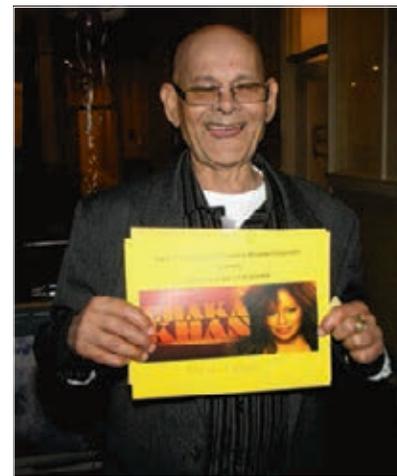
**MAY 26<sup>TH</sup>**

MPACK BAND



**Our Mission: To help residents of inner cities improve the quality of their lives to reflect individual God-given dignity and personal achievement.**

# Dinner, Dancing And Lots Of Prizes To Celebrate NCC's Spring Festival



## Festival And Auction Benefited Scholarship Fund For Teens



**B** yron Simmons knows the sensation of having adrenaline pumping through his veins.

A few hours before the New Community 2017 Spring Festival and Auction, Simmons, a senior at St. Benedict's Preparatory School and a member of the track team, blazed through two races—the 400 meter and 800 meter.

Next year when he starts college, Simmons said he plans to continue running track while keeping up his academic track record as well—a foundation that he says was set by the Monsignor William J. Linder Scholarship.

“This scholarship gave me a chance to not be a statistic,” Simmons said. Having traded his track uniform from earlier in the day for a crisp lavender dress shirt, Simmons shared with more than 200 guests gathered at St. Joseph Plaza for the annual fundraising event how the scholarship fund allowed him to attend St. Benedict's. It was at the school, located in Newark less than a mile from New Community, where Simmons said he gained leadership skills, took advantage of extracurricular activities and now, in his fourth year, has options to attend either the University of New Haven or North Carolina A&T State University in the fall.

“All this wouldn't be possible without Monsignor Linder,” said Simmons, who was accompanied by his family at the event.

Simmons' story highlighted the impact of the Monsignor Linder Scholarship Fund, which has raised support for inner city high school students for more than 30 years, according to Edgar Nemorin, master of ceremonies at Spring Festival and a member of the board of directors at New Community.

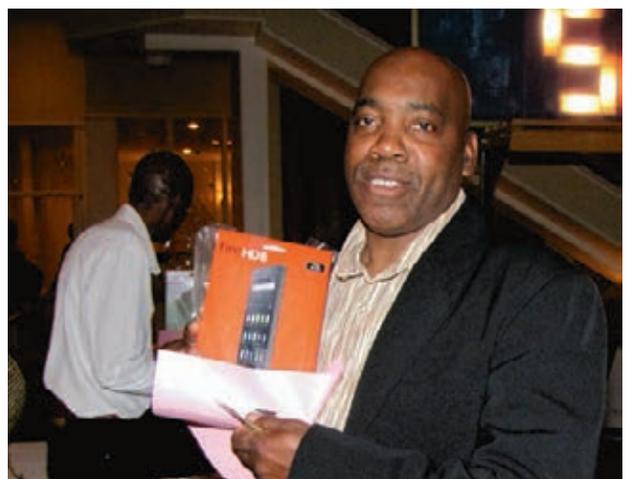
“Because of the vision and leadership of Monsignor Linder and a host of past and current donors, we have given children a chance. A chance to achieve, a chance to reach their highest potential, a chance to use their God-given talent for good and excellence,” Nemorin said.

The evening affair included a dinner buffet, cash bar, deejay music and dancing.

Many guests, employee, seniors and other attendees won exciting prizes such as an iPhone 7 and Coach bag.

Timothy Montgomery, the superintendent at New Community Associates, won \$350 from the 50/50 cash raffle.

On behalf of the planning committee, thank you to all those who attended Spring Festival, sponsored tables, purchased raffle tickets and supported the scholarship fund!



## Social Security News

### Honoring Our Heroes On Memorial Day

By Ammy Plummer  
Social Security District Manager  
Springfield Avenue, Newark NJ

On Memorial Day, we honor the soldiers and service members who have given their lives for our nation. Social Security respects the heroism and courage of our military service members, and we remember those who have given their lives in defense of freedom. Part of how we honor service members is the way we provide Social Security benefits.

The unexpected loss of a family member is a difficult experience for anyone. Social Security helps by providing benefits to protect service members' dependents. Widows, widowers, and their dependent children may be eligible for Social Security survivors benefits. You can learn more about Social Security survivors benefits at [www.socialsecurity.gov/survivors](http://www.socialsecurity.gov/survivors).

It's also important to recognize those service members who are still with us, especially those who have been wounded. Just as they served us, we have the obligation to serve them. Social Security has benefits to assist veterans when an injury prevents them from returning to active duty.

Wounded military service members can also receive expedited processing of their Social Security disability claims. For example, Social Security will provide expedited processing of disability claims filed by veterans who have a U.S. Department of Veterans Affairs (VA) Compensation rating of 100 percent Permanent & Total (P&T).

Depending on the situation, some family members of military personnel, including dependent children and, in some cases, spouses, may be eligible to receive benefits. You can get answers to commonly asked questions and find useful information about the application process at [www.socialsecurity.gov/woundedwarriors](http://www.socialsecurity.gov/woundedwarriors).

Service members can also receive Social Security in addition to military retirement benefits. The good news is that your military retirement benefit does not reduce your Social Security retirement benefit. Learn more about Social Security retirement benefits at [www.socialsecurity.gov/retirement](http://www.socialsecurity.gov/retirement). You may also want to visit the Military Service page of our Retirement Planner, available at [www.socialsecurity.gov/planners/retire/veterans.html](http://www.socialsecurity.gov/planners/retire/veterans.html).

Service members are also eligible for Medicare at age 65. If you have health insurance from the VA or under the TRICARE or CHAMPVA programs, your health benefits may change, or end, when you become eligible for Medicare. Learn more about Medicare benefits at [www.socialsecurity.gov/medicare](http://www.socialsecurity.gov/medicare).

In acknowledgment of those who died for our country, those who served, and those who serve today, we at Social Security honor and thank you.

## SENIOR SPOTLIGHT: BARBARA SMITH



Barbara Smith has resided at New Community Roseville Senior for six years.

A serious injury on the job led Barbara Smith to live at New Community Roseville Senior.

Despite some physical limitations, Smith is someone who has played an active role within her building.

"As a floor captain, Ms. Smith is vital to the office of Social Services because anytime I need information or monthly calendars distributed, she always lends a helping hand," Care Coordinator Alisha Chatman-Jenkins said.

Smith moved to first floor of Roseville Senior at 1 South 8th St. in Newark after what she described as an "emergency move" in 2011 following a major back surgery. She had part of her spine fused and her doctor said that Smith should not use stairs.

For 26 years, Smith worked at Seton Hall Law School. She worked with faculty and staff in her clerical role, producing booklets and packets of information. One day, Smith said she picked up a box and heard a loud snap in her back.

Following surgery, Smith applied for housing at New Community, which provides low-income housing for seniors, disabled adults and families as well as transitional housing for the homeless. NCC will soon debut its first housing facility designed for the chronically homeless, including veterans, this summer.

"They took me right away here. They were very kind," Smith said of NCC. "I'm very comfortable here. I feel safe," she added.

Despite walking with a cane, Smith, 63, has no problem keeping up with the happenings on the first floor of her building. She distributes information, calendars, participates in events, checks on fellow seniors and assists Chatman-Jenkins when necessary.

"She took on this position with no hesitation," Chatman-Jenkins said of Smith.

A Newark native, Smith previously lived with her daughter on Irvine Turner Boulevard. The mother of six grown children, Smith suffered the loss of two sons in the past. In spite of Smith's personal losses, "her faith keeps her going," Chatman-Jenkins said. In her free time, Smith said that she enjoys watching action and horror movies as well as playing solitaire.

vna Health Group  
Visiting Nurse Association Health & Hospice

Wellness Tip  
May 2017

### Act FAST for STROKE, know the signs

<p><b>F</b></p>  <p><b>FACE</b></p> <p>Face is drooping on one side</p>	<p><b>A</b></p>  <p><b>ARMS</b></p> <p>Arms drift downward when raised</p>	<p><b>S</b></p>  <p><b>SPEECH</b></p> <p>Speech is slurred and may not make sense</p>	<p><b>T</b></p>  <p><b>TIME</b></p> <p>Time to call 9-1-1. Time is critical so call immediately</p>
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For more information about VNA Health Group services & programs, please call 800.862.3330 or visit [www.vnahg.org](http://www.vnahg.org)

## NCC KICKS OFF 50TH ANNIVERSARY WITH CELEBRATION, REFLECTION

Continued from page 1



Anna Sing-King, at podium, was accompanied by her husband as she delivered a powerful and emotional testimonial of her journey and how NCC has impacted her life.



Richard Rohrman, CEO of New Community, delivered remarks.



Newark Central Ward Councilwoman Gayle Chaneyfield Jenkins reflected on how NCC impacted her life since childhood.



Fifty residents, employees, students and volunteers created a human birthday cake lit with 50 candles. Jackie Andrews, far right, led a selection of the song, "We've Come This Far By Faith."

"We've spent 50 years getting a few things done," New Community CEO Richard Rohrman said.

The kickoff ceremony began with a candlelight processional where 50 people formed a human birthday cake, each holding a candle symbolizing a year of hope.

New Community has never failed to "always give dignity, always give opportunity," said Central Ward Councilwoman Gayle Chaneyfield Jenkins, who grew up at NCC. Her father, Joe, was part of the group of residents who helped to lead NCC in its early days.

NCC may have reached its golden anniversary, but there is still more work to do, according to its founder. A Better Life will provide permanent supportive housing to chronically homeless individuals, including military veterans.

"We need to take care of people," Monsignor said of the latest development project that's slated to open in June. "We've got to live up to that." Monsignor Linder also held a book signing of his memoir, "Out of the Ashes Came Hope," which is available for purchase online at Amazon and Barnes and Nobles.

Diane Johnson, former director of the U.S. Department of Housing and Urban Development, served as mistress of ceremonies for the occasion. The rows in the atrium at St. Joseph Plaza were filled with senior residents, many of whom have been part of NCC for years.

"It's been a wonderful journey. It hasn't been easy," Dr. A. Zachary Yamba, a board member,



Residents from Commons Senior enjoyed the luncheon.



Seniors from Hudson Senior in Jersey City took a photo at Monsignor's book signing table.

said.

Students from Community Hills Early Learning Center sang a song and recited a poem. They also capped the event with a surprise glitter confetti toss to the delight of the audience.

In the end, it was Anna Sing-King's testimonial of hope that brought the room to its feet. Pregnant with her first child at age 19, Sing-King said her life was filled with uncertainty. At age 24, she found herself homeless and was referred to New Community.

That's when her life began to change. New Community's vast network of services—ranging from housing, social services, early childhood education and workforce development—provided

Sing-King with the tools she needed to become self-sufficient.

Now, Sing-King is a homeowner in Newark, married and the mother of two children. In 2013, she earned her bachelor's degree. Sing-King has worked at NCC for more than two decades, starting as a clerical temp who climbed her way up to her current role as manager of the Department of Human Resources, where she touches the lives of the corporation's roughly 500 employees, many of whom are Newark residents.

She's also focused on paying forward the support she received from NCC by working with youth. Currently she and her husband have custody of an at-risk teenage boy who recently lost his mother to cancer.

"New Community has provided me with a sense of self-worth," Sing-King, 46, said. "My life has improved."

### Upcoming Anniversary Events For 2017-2018

- **May 17, 2017 - NCC International Day:** This event will celebrate the global cultures represented throughout the New Community network and will feature a cultural fashion show, music and food, and will be held at the Extended Care Facility.
- **May 2017 - Launch New Community Guide.**
- **June 2017 - Ribbon cutting of A Better Life.**
- **June 2017 - Multicultural Music Appreciation Month at St. Joseph Plaza.**
- **June 27, 2017 - Golf Classic at the Montclair Golf Club.**
- **July to August - Book signings of "Out of the Ashes Came Hope" at various locations in New Jersey.**
- **September 16, 2017 - Annual Parade and Street Festival.**
- **October 15, 2017 - Fireside chat: A historical policy discussion and presentation of the emergency of New Community and its impact on the greater Newark region.**
- **November 27, 2017 - #GivingTuesday and launch of "50 NCC Supporters" giving campaign.**
- **March 3 2018 - 50th Anniversary Gala at the Hilton Meadowlands in East Rutherford.**

# RUTGERS

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## Stressed Out? You're Not Alone. So How Do You Deal?



Rick Mansfield, far left, a clinician at the Family Service Bureau of Newark, talks to students in the Academic Enrichment for Older Youth Program.

**H**ow do you deal with stress? Some people vent their frustrations verbally while others isolate themselves in silence. Others will turn to a short-term distractions, such as shopping, food, alcohol or illegal substances.

Stress was a hot topic at a recent workshop held for students in the Academic Enrichment for Older Youth Program at New Community Workforce Development Center. Rick Mansfield, a clinician at the Family Service Bureau of

Newark, led a workshop with students as part of the Prevention, Education and Intervention Program (PEI). PEI is designed to provide educational workshops to increase awareness and knowledge of substance abuse as well as provide gender-specific intervention services for identified at-risk minority males between ages eight to 15. The program promotes a healthy, substance-free future for youth and is provided under the umbrella of Substance Abuse Services at FSB, an affiliate of New Community.

“An obstacle is something that comes between you and what you want to accomplish,” Mansfield said. Oftentimes, obstacles that arise create frustration, conflict and pressure—all of which can produce stress.

One young woman said that she sometimes isolates herself from other people—“just a little bit”—as one of her main ways to deal with stress.

Many people try to relieve stress through short-term fixes that may feel good temporarily but harm them later. A good question to ask yourself when considering stress relief options, according to Mansfield, is, “Which one is going to get me closer to what I really want to do?”

For example, he said, some students get stress out taking tests.

If you have test anxiety, Mansfield said, “Go into it as prepared as you can possibly be.”

People have common ways of dealing with stress, such as emotional insulation or intellectualization, he said. Repression, or pretending that something never happened, can even cause depression or anxiety.

“If you’re looking for a constructive way to deal with stress, that’s not always going to be the answer,” Mansfield said.

### Defense Mechanisms When Dealing With Stress

- **Repression:** pretending that something never happened, selective remembering. Can cause anxiety or depression.
- **Emotional insulation:** distancing yourself in order to protect yourself from disappointment.
- **Intellectualization:** replacing an emotional reaction with logic or rationalization.
- **Regression:** using old patterns of behavior that you have long outgrown.

## Automotive Training Center Marks 20 Years Of Hands-On Learning, Employment



Tataiana Taylor, a current automotive student, shared her experience gaining hands-on lessons in the shop.

**T**ataiana Taylor loves working with her hands. Her goal is to become a technician at an automotive dealership. As a student in the Automotive Technician Training Program at New Community Workforce Development Center, Taylor is well on her way to achieving her dream.

Taylor spoke as a representative of the current class of automotive students at the 20th Anniversary Celebration of the Automotive Training Center, which brought together employer partners, past graduates, Workforce staff and students from the various education and occupational training programs.

“It’s a really great opportunity and I’m thankful for it,” Taylor said of the Automotive Training Program, which is backed by Ford Motor Company. “It’s a positive learning environment,” she added.

New Community celebrated its accomplishments over the last two decades since the Automotive Training Center opened at 210



Director of Workforce Development Rodney Brutton, third from left, with employer partners and an automotive student, far right, at the anniversary event.

West Bigelow St. in Newark in 1996. Richard Liebler, chief administrative officer at Sansone Auto Mall, had met New Community’s founder, Monsignor William J. Linder, years ago and struck up a partnership to launch a program in Newark for auto mechanics.

“You all have a good future ahead of you,” Liebler said during his remarks at the ceremony.

“We have opportunities for you,” added Dan Yurowski, field service engineer at Ford, who met with auto students that he hopes to turn into future employees.

Esperanza Maldonado, who has worked for Liebler for more than a decade, described her personal story of getting arrested and running afoul with the law as a teenager. While staying at a halfway house, Maldonado learned about NCC’s



Culinary Arts Specialist students catered the lunch, which featured fried chicken, fish, curry chicken, side dishes and dessert.

automotive program and enrolled.

“I was not only taught a trade, I was taught life skills. That’s an important part of the puzzle,” said Maldonado, who works in sales. “I sometimes wonder where I would be if I hadn’t walked into New Community.”



New Community CEO Richard Rohrman congratulates the Automotive Training Center on its 20th anniversary.

## Family Service Bureau

### Child Abuse And Autism Awareness

As a community organization, the Family Service Bureau of Newark provides assistance for society's victims of child abuse. This topic has been addressed for decades and each day dedicated workers at FSB, an affiliate of New Community, come together to create a network of support for survivors and their families to heal from tragic experiences. Emotional, physical, sexual, and psychological trauma are the most common forms of child abuse, along with neglect and abandonment. Child abuse is very traumatic and it is well-documented that if left untreated, victims usually face mental health issues.

The effects of abuse can cause problems and stress in one's daily life. Reports show that victims of child abuse may suffer from depression, anxiety, post-traumatic stress disorder and, in some cases, even thoughts of or attempts at suicide. This is also true of victims' family members and loved ones.

Even though individuals and families go through

the reporting process, oftentimes many do not seek counseling afterwards. Families may experience feelings of shame, blame and guilt. These feelings and emotions often cause disturbances in everyday life. Families may feel alone and may believe that they can't entrust anyone or any agency with the confidentiality and sensitivity necessary to help move past their difficult events. However, such counseling is a vital step towards building a healthy state of mind. Evidence shows that people with histories of childhood abuse and neglect suffer from profound and pervasive psychiatric disturbances during adulthood (McCord; Roesler & McKenzie; McCauley et al.; Widom, Levitan). This is especially true of those who do not receive follow-up treatment, which often leads to more complex mental health issues.

Under New Jersey state law, the child protection agency must show that a child's "physical, mental, or emotional condition has been impaired" or is in "imminent danger of becoming impaired" as a

result of a parent's failure to exercise a "minimum degree of care...by unreasonably inflicting or allowing to be inflicted harm, or substantial risk thereof." The Family Service Bureau would like to highlight our services and offer our full support.

FSB's mission is to preserve, support, strengthen and enrich family life through prevention, intervention and community education programs by assisting families, children and individuals to realize their full potential. We offer comprehensive services to youth, families and individuals who live and work in Essex and West Hudson counties. Our outpatient department services offered at our Newark and Kearny offices both offer services for children. FSB provides group therapy and individual therapy, and bilingual services are also available at both locations.

*Family Service Bureau is located at 274 South Orange Ave. in Newark (or call 973-412-2056) and at 379 Kearny Ave. in Kearny (or call 201-246-8077).*

### Fish Fry Raises Funds



Residents of New Community Commons Senior teamed up with the Department of Health and Social Services to host a fish fry fundraiser. On the menu: fish dinner, fish or chicken sandwich and a fried chicken dinner. Side dishes included macaroni and cheese, potato salad, Spanish rice, collard greens, green lima beans, hush puppies, cornbread and coleslaw. The fish fry raised money for activities and events organized by Social Services. **Photos courtesy of Donnette Borrowes-Williams.**

### NCC Seniors Graduate From Balance Workshop



A group of residents at New Community Gardens Senior recently completed an eight-part health and wellness course titled, "Fear of Falling: A Matter of Balance."

Seniors learned about how to safely increase their activity levels and avoid falls, which are not a natural part of the aging process. Residents that completed the 16-hour course received a certificate of completion from the City of Newark Department of Health and Community Wellness.

### Reflecting Back On The Newark Rebellion



Monsignor William J. Linder, founder of New Community, highlighted the history of NCC in a recent interview with documentary filmmaker Adam Smith, seated left, who is creating a documentary on the Newark rebellion. Monsignor Linder arrived in Newark in 1963 after he was assigned to Queen of Angels Parish. In

the aftermath of the 1967 rebellion—also known as the Newark uprising—Monsignor Linder and a group of residents established New Community to address the needs of residents in areas such as housing and childcare.



## New Community Adult Learning Center

563 Orange Street, Newark, New Jersey 07107

**(973) 558-5536**

[www.newcommunity.org/services/adult-learning-center/](http://www.newcommunity.org/services/adult-learning-center/)

### Available Courses

#### English for Speakers of Other Languages

Mondays through Thursdays:  
10 AM to 12 PM or 6 PM to 8 PM

#### Citizenship

Saturdays:  
9 AM to 12 PM

#### Computers – Basic & Intermediate Levels

Saturdays: 9 AM to 12 PM or 12 PM to 3 PM

#### ABE, Pre-GED, & GED (English only)

Mondays through Thursdays:  
9:30 AM to 1:30 PM or 5:30 PM to 8 PM

### Free Services

#### Health Screenings

Physicals, Mammograms, Cholesterol, Nutrition, etc.

#### Open Community

Free workshops conducted by private institutions and/or volunteers for the general public

#### Other Services

- Community organizing
- Community rooms
- Social services referrals

### Cursos Disponibles

#### Inglés para Hablantes de otras Idiomas

Lunes a jueves:  
10 AM a 12 PM o 6 PM a 8 PM

#### Ciudadanía

Sábados:  
9 AM a 12 PM

#### Computadora – Nivel Básico e Intermedio

Sábados: 9 AM a 12 PM o 12 PM a 3 PM

#### ABE, Pre-GED, & GED (Ingles solamente)

Lunes a jueves:  
9:30 AM a 1:30 PM o 5:30 PM a 8 PM

### Servicios Gratuitos

#### Exámenes Médicos Gratuitos

Físicos, Mamografías, Colesterol, Nutrición, etc.

#### Comunidad Abierta

Talleres gratuitos conducidos por instituciones privadas y/o voluntarios para el publico en general

#### Otros servicios

- Organización de la comunidad
- Sala de reuniones
- Referidos a servicios sociales

\*Weekdays and Saturdays courses are 9, 10, and 21 weeks long depending on the selected course.

## NCC Is On TV! Public Access Program Debuts

Continued from page 1

“New Community Workforce Development Center has great stories to share,” Director Rodney Brutton said. “We view the Cablevision program as an excellent vehicle to share and promote our career and technical programs.”

New classes start on May 22, 2017, for the following training programs:

- Ford Automotive Technician
- Building Trades
- Certified Medical Assistant
- Culinary Arts Specialist
- Patient Care Technician

To apply for a training program or to get more information, call Workforce at 973-824-6484 or visit the school at 274 South Orange Ave. in Newark.

In Episode 1, Brutton provides an overview of all the programs offered at the Workforce Development Center and highlights the key employer partnerships that help students to secure jobs upon completion. Interviewed by Director of Special Projects Richard Cammarieri, Brutton noted that the Workforce Development Center offers financial aid to eligible students.

In addition to Brutton, the television program is produced by Victor Silva, Richard Cammarieri and Eunice Lee.

Aside from the hard skills gained at Workforce, students also receive life skills training, mental health workshops from the Family Service Bureau of Newark, an affiliate of NCC, and have access to resources such as the Financial Opportunity Center and one-stop Family Resource Success Center.

In Episode 2, Brutton interviewed five current students who represented programs ranging from the Ford Automotive Technician Program to the Certified Medical Assistant Program.

Ayanna Thomas, a current student in the CMA program, discussed how she wanted to gain skills for the healthcare field but did not want to be stuck in school for several years.

The Workforce Development Center has also arranged recruitment sessions with future employers, she said, citing a recent visit by University Hospital representatives.

“We were able to give them our resumes,” Thomas said. “A lot of places don’t really give you that direct conversation with possibly your future employer. So that’s awesome.”

She also spoke about daily life as a student.

“We have homework daily, we have weekly tests and quizzes on medical terms, abbreviations, all the body systems,” Thomas explained, adding that her instructor “pays attention to each and every one of us.”

To watch the rest of the interview with Thomas and to watch our latest episodes, go to YouTube and search “NCC: Connecting You To Resources.”



## Don't Make Me Wait

By Lesley Leslie

Do you ever feel frustrated when you arrive somewhere and realize that you will have to wait in line before you may proceed? delay, trouble, or suffering without getting angry or upset.” With all of the advances made in modern technology, society has become less tolerant of having to wait for just about anything. We want it yesterday! There is an expectation that even routine or mundane task will be and should be completed quickly. However, there is still something to be said about a person who exhibits patience.

Does the idea of spending a fun-filled day at an amusement park quickly fade away at the thought of having to wait in line for the rides and attractions?

Have you ever swerved in front of a car even though you could clearly see that the cars ahead of you were all stopped at a red light? Answering “yes” to any one of these questions may determine that you have a challenge in the patience department.

The Oxford Dictionary defines the word patience as “the capacity to accept or tolerate

Patience is a sign of self-control and plays an important role in helping us to grow and mature as individuals. Patience allows a person to become stronger in his or her faith in God. Can you imagine what your personal relationships with your spouse and children would be like, were it not for patience? Just a little something to think about.

*“Patience is the calm acceptance that things can happen in a different order than the one you have in mind.” - David G. Allen*

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## NCC Board Member Honored With ‘Woman Of Distinction Award’



Madge Wilson received the 2017 Saint Vincent Academy Woman of Distinction Award.

Congratulations to Madge Wilson, outreach coordinator and board member of New Community, on her recent honor of being named the 2017 Woman of Distinction by Saint Vincent Academy.

Wilson was nominated for the award by Ruthie Gebreyesus, a senior at Saint Vincent Academy, and the daughter of NCC employees Sammy Gebreyesus and Helen Abraha. In her nomination of Wilson, Gebreyesus wrote: “Ms. Madge is always ready to help others through her ability to mobilize, motivate and encourage other people...Her life wasn’t always easy. She is a cancer survivor who fought cancer when it came back three times. But even in her hardest times she still continued to think about others before herself.”

## NCC Founder Shares Stories With WBGO Radio



Monsignor William J. Linder interviewed with WBGO’s Alexandra Hill at the radio station on April 27, 2017.

Monsignor William J. Linder has been busy fielding media interviews lately. With 2017 marking 50 years since the Newark rebellion of 1967, Monsignor has been sought after for interviews to discuss the history of the city as well as his own story, which is captured in his newly released memoir, “Out of the Ashes Came Hope.” Monsignor’s memoir, released in October, details the backstory of how New Community was established by a small group of residents in the aftermath of the rebellion, which destroyed the Central Ward of Newark. Recently, Monsignor sat down with WBGO reporter Alexandra Hill for an interview that discussed topics ranging from housing and law enforcement to politics. The interview will air this summer as part of a series of stories on Newark’s history by WBGO.