NCCTI Unveils New Name, New Look, New Website

New Community’s accredited post-secondary school has a new name: New Community Career and Technical Institute (NCCTI), along with a new website and additional course offerings.

“NCCTI has a new name, new energy and new look. It has been rebranded to speak more to the direct access to career and technical education services,” said NCCTI Director Rodney Brutton. “The new website design puts greater emphasis on the quality education and job placement services for graduates.”

The school’s website can be accessed at newcommunitytech.edu. It offers an in-depth look at course offerings, supportive programs and services, admissions information and the latest news from the school. Those interested in enrolling can fill out an intake form on the website. NCCTI staff members will reach out to prospective students and help them navigate the application and financial aid process. The school offers open enrollment so students can apply any time.

Although the school, previously called New Community Workforce Development Center, has undergone changes, it continues to offer excellent programs and continues to have strong employer partnerships across all industry sectors. This leads to a high graduation and job placement rate. In 2018, NCCTI had a 78 percent graduation rate and a 74 percent job placement rate.

“There is so much happening at New Community Career and Technical Institute focused on up-to-date training for in-demand jobs. If we graduate you, you will be working in short order,” said New Community CEO Richard Rohrman. “Check out the new website, come visit and talk to the staff and students. NCCTI is on the move.”

NCCTI is growing, and is always looking to expand course offerings to meet employment needs and trends. The school began offering its Diesel Technician program in 2018 and will begin another new program later this year titled Community Healthcare Workers Training Program. That program will prepare individuals to serve as facilitators, advocates and professionals, linking health care and related social services with affected recipients in the Greater Newark community. Program content will include instruction in public and community health, human and social services, health services administration, group counseling, health education, advocacy and trends. The school began offering its Diesel Technician program in 2018 and will begin another new program later this year titled Community Healthcare Workers Training Program. That program will prepare individuals to serve as facilitators, advocates and professionals, linking health care and related social services with affected recipients in the Greater Newark community. Program content will include instruction in public and community health, human and social services, health services administration, group counseling, health education, advocacy and trends. The school began offering its Diesel Technician program in 2018 and will begin another new program later this year titled Community Healthcare Workers Training Program. That program will prepare individuals to serve as facilitators, advocates and professionals, linking health care and related social services with affected recipients in the Greater Newark community. Program content will include instruction in public and community health, human and social services, health services administration, group counseling, health education, advocacy and trends. The school began offering its Diesel Technician program in 2018 and will begin another new program later this year titled Community Healthcare Workers Training Program. That program will prepare individuals to serve as facilitators, advocates and professionals, linking health care and related social services with affected recipients in the Greater Newark community. Program content will include instruction in public and community health, human and social services, health services administration, group counseling, health education, advocacy and trends.

New Community To Host 25th Annual Golf Classic July 1

New Community Corporation will hold its 25th Annual Golf Classic Monday, July 1 at Cedar Hill Golf and Country Club in Livingston, N.J. Proceeds from the event will benefit NCC’s youth and education programs; Harmony House, NCC’s transitional housing facility for homeless families; and the Monsignor William J. Linder Scholarship Fund.

“The annual NCC Golf Classic helps raise funds for our homeless families to provide the services they so desperately need. But in the process, we have a great time playing golf, eating, drinking and enjoying the great company,” said New Community CEO Richard Rohrman. “It is really a fun filled event that we look forward to each year. Come out and enjoy.”

Golf Co-Chair and NCC Board President Dr. A. Zachary Yamba emphasized the importance of the event for New Community and the children and families it serves. “This year more than ever, in addition to supporting Harmony House and all the work that New Community does, proceeds will benefit the scholarship fund,” Yamba said.

New Community Corporation has extended the sale of raffle tickets for its first Spring Scholarship Sweepstakes. Supporters of New Community are encouraged to buy the raffle tickets for the chance to win prizes while also helping to bolster the Monsignor William J. Linder Scholarship Fund.

Those who purchase raffle tickets will have the chance to win one of three prizes. First place will be a Sony 60-inch 4K Ultra High Definition TV with HDR worth $1,200, second place will be a 64 gigabyte Apple iPhone XR worth $1,000 and third place prize will be an Apple Watch Series 4 worth $400. Tickets are being sold for $1 each.

The drawing for the winners will take place during Jazz Night Friday, June 21 at 10 p.m. at St. Joseph Plaza, 233 West Market St., Newark. You do not need to be present at the drawing to win a prize.

Proceeds from the sale of raffle tickets will benefit the scholarship fund, which NCC Founder Monsignor William J. Linder established to help families send their children to Catholic high schools. The goal is to provide young people a good educational foundation and encourage them to continue on to college.

Children and parents have expressed their gratitude over the years, saying the scholarships allowed for them to attend a school they otherwise wouldn’t have been able to afford. The scholarship fund remains in place in Monsignor Linder’s memory to continue to help young people get a head start on pursuing their dreams.

Raffle tickets for the Spring Scholarship Sweepstakes will be sold up until the drawing June 21. If you’re interested in purchasing tickets or would like additional information, call 973-623-2800.

No substitution of the offered prizes will be made and no cash will be given out in lieu of prizes. Winners do not need to be present at the drawing.

We at New Community hope you participate in the Spring Scholarship Sweepstakes to support the Monsignor William J. Linder Scholarship Fund and wish you luck in the drawing!
The New Community Clarion

The New Community Clarion is published as a community service. The editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the view of the newspaper.

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Visit www.newcommunity.org

OUR MISSION
To help residents of inner cities improve the quality of their lives to reflect individual, God-given dignity and personal achievement.
New Community is recognized as:
• The largest and most comprehensive community development organization in the United States
• A large-scale deliverer of comprehensive programs and services
• A leader in affordable housing and economic development
• A model among non-profit, social entrepreneurship, and CDC communities
• Having beneficial partnerships on the local, national, and global level.

Rutgers Community Health Center
To Open July 1

For more information about the opening, see page 11.

Health Fair

A
ssociates, 180 South Orange Ave., Newark, hosted Faith Home Healthcare for a Health Fair in the Community Room May 9. Residents were able to get their blood pressure checked and learned about services the home health and social service startup agency provides.

Spring Potluck

N
ew Community’s Property Management Department held a Step into Spring Potluck April 26. Each property manager brought a dish to the event. It was a great way for department staff to exchange ideas and discuss ongoing projects while having fun with delicious food. Photos courtesy of Priscilla Ordonez.

Mother’s Day Luncheon

R
esidents of Commons Senior, 140 South Orange Ave., Newark, enjoyed a Mother’s Day Luncheon May 9 in the building’s Community Room.
EMPLOYEE OF THE MONTH: Patricia Preston

Patricia Preston has served as a Home Friend for New Community for more than six and a half years.

Patricia Preston is passionate about helping senior citizens. She works full-time as a Home Friend for New Community, a job she has held for more than six and a half years.

“I’m grateful to New Community for giving me this chance to work with the seniors because I absolutely love them all,” Preston said. “When you go in and you can put a smile on their face, that absolutely love them all,” Preston said. “When you go in and you can put a smile on their face, that makes you smile too.”

As a Home Friend, Preston helps senior citizens with light housework, shopping, laundry and paying bills. Each client receives two hours of her service at a time. Clients see her once, twice or three times per week, depending on their needs.

If clients need additional help when Preston is not on duty, she tells them they can call her. She has taken clients shopping on the weekend before and will often bring them food on holidays.

“Patricia is a proactive, caring and selfless individual on our team,” said Home Friends Coordinator Flavia Pinheiro. “She has a unique connection with her clients and always makes sure they are living happily and comfortably in their homes.”

Preston has a good rapport with her clients. She brings them gifts for their birthday and they will often do the same for her.

She said she treats her clients and all the seniors she comes in contact with respectfully.

“My mother is 79. I treat my clients like I would want somebody to treat my mother,” she said. “I’m 61 and I’ll be 62 in November so I’m getting up in age and I want somebody to treat me like I treat them.”

Preston is a lifelong Newark resident. She is married and has three daughters and four grandchildren. Preston and her husband moved in with her mother seven years ago. She co-parents foster children with her mother, who is in a wheelchair.

“She can do a lot of things in that wheelchair. But I make it easier for her,” Preston said, explaining that she will take the children to doctors’ appointments and do other tasks that are more difficult for her mother. “Because she still loves taking care of kids.”

Preston’s mother has adopted six foster children over the course of many years. The oldest is 40 years old.

Preston first found out about the Home Friend position at New Community because her daughter used to work in the Social Services Department, which has since been renamed Resident Services. She also used to babysit the son of the person who served as the program’s director at the time.

Prior to working for New Community, Preston spent more than 20 years working in the hotel industry. She began at the Howard Johnson on Route 1 and 9, which now is the Wyndham Garden Hotel, in 1979 and stayed there until 2000. She worked in a variety of roles including housekeeping, front desk, reservations and switchboard operator. When she left she was a supervisor of housekeeping. Because of that work, she learned how to quickly and efficiently clean rooms.

Preston worked at the Post Office from 2000 to 2007, which she enjoyed. She left the job when she started having back problems from lifting the 75-pound tubs. She began working at the now shuttered Pathmark as a cashier in 2010. Because of her work there, she knows many of the seniors that she now sees on a daily basis as a Home Friend.

In her spare time, Preston enjoys going out to eat.

“ ‘I call myself a foodie. Because I will try all different kinds of food,’” Preston said. “ ‘I go to all different restaurants to eat.’”

New Community Career and Technical Institute (NCCTI) is recruiting students for upcoming sessions. The accredited post-secondary school offers training on an ongoing basis in the following areas: Automotive Technician, Diesel Technician, Building Trades Specialist, Clinical Medical Assistant, Patient Care Technician, Culinary Arts Specialist and Business and Computer Technologies. If you’re interested in signing up for classes, fill out the intake form online at newcommunitytech.edu or call 973-824-6484. We can’t wait to get you started on the track to a life-changing career!
NCC Helps Teen Empowerment Network Participants On The Road To College

New Community recently launched the Teen Empowerment Network (T.E.N.), which aims to help high school juniors and seniors living in Newark prepare for college. One success story is Luis Santiago, a Central High School senior, who has been accepted to Bloomfield College.

Santiago hopes to become an animator and game designer, which drew him to Bloomfield College. The school offers an animation major with 2D and 3D concentrations. What makes the career goal unique for Santiago is that he’s legally blind. He wears glasses, has a white cane to assist with walking and uses the app ZoomText on his iPad, which magnifies text and images on the screen.

The iPad is how Santiago draws his creations. He uses his finger to create original characters and make fun art of existing franchises like Pokemon.

“They have a couple of apps on the App Store [for animation],” Santiago said. “I chose to do it on my iPad because you don’t have to keep spending money on pencils and papers and markers and all that. Up until now I’ve been using my finger but I’m planning on getting a pen.”

Santiago is a self-taught artist who began drawing seriously during his junior year of high school. He’s even been commissioned to draw some pieces.

Santiago first found out about T.E.N. through his guidance counselor. He is part of the first group of students to participate, completing two semesters with the program. Each semester lasts 12 weeks.

T.E.N. Coordinator Michael Schiavo wrote the program with New Community Chief of Health and Human Services Arti Kakkar and NCC Program Manager Dametria Wertz. Funding for T.E.N. comes from the Essex County Department of Citizen Services, Youth Service Commission’s Juvenile Justice Program.

“The program is designed to provide participating youth with hands-on experience in working with professional staff in areas of their interest with financial incentive upon completion of the program,” Kakkar said. “T.E.N. also addresses positive social development, teaches participants to act as ambassadors to their school and neighborhood and to mentor and lead other students to make positive and responsible decisions. It is our goal to develop a team of youth ambassadors that will become role models and solicit other students for program expansion.”

T.E.N. is open to high school juniors and seniors living in Newark who have a GPA of 3.0 and above. It provides college preparation, which includes SAT workshops; help with college essays and applications; and helping students strengthen their math, language arts, writing, speaking and reading skills. T.E.N. also works with parents to fill out financial aid forms including the Free Application for Federal Student Aid (FAFSA).

“A lot of this is working with parents too. They’re just not aware of the things that are there for them,” Schiavo said. “The follow-up is important. And a lot of these parents don’t have time for the follow-up because they’re working all the time. Or they’re taking care of children or what have you. You’re an advocate basically. And that’s what we do.”

The program has started out with four students per semester and eight per year. The goal is to grow T.E.N. to serve double the number of students. Staff members plan to apply for additional funding to achieve that goal.

Students have come from Central High School, John F. Kennedy School and Montclair Immaculate Conception High School so far. Schiavo hopes to expand to more high schools going forward. Interested students must fill out an application for T.E.N.

T.E.N. students participate three days per week. On Mondays they work with Schiavo and NCC Fellow Anna Kapolka at 274 South Orange Ave., Newark. Tuesdays and Thursdays they go to their work assignments. They work at after-school programs at Harmony House, New Community’s transitional housing facility for homeless families; the NCC Neighborhood Center; and Community Hills Early Learning Center. Sessions run from 3:30 to 5:30 p.m. and students receive $11 per hour for their time.

Part of T.E.N. is also ensuring participating students are staying on the right path. There is a drug education component to deter drug use.

“During the time spent in T.E.N. the students have improved academically and have been exposed to a variety of post high school education paths and career exploration,” said NCC Director of Youth Services Edward Morris. “Although we have a small group in the program, it’s the effectiveness and the outcomes, not the numbers that are most important.”

Schiavo knows how to work with young people. He was a teacher at 13th Avenue School in Newark for 24 years and served as a principal in West Orange for 18 years. After 42 years in education, he retired. He’s happy to be working with students again and making a difference in their lives.

“I’m back doing some of the things I love to do,” he said.

NCCTI Unveils New Name, New Look, New Website

Continued from page 1

New Community Career and Technical Institute offers a variety of programs, including the Automotive Technician program, which is sponsored by Ford Motor Company.

NCCTI students get hands-on training in their field of study. Students in the Patient Care Technician program receive instruction from Maha Koltowski.

NCCTI is the only accredited post-secondary career and technical school in Newark. It is accredited by the Commission of the Council on Occupational Education (COE), a nonprofit organization that grants institutional accreditation recognized by the U.S. Department of Education. As an accredited school, NCCTI students are eligible for Title IV financial aid funds, which includes Pell grants.

NCCTI programs are very affordable compared to competitors. The school has a Financial Aid Manager that helps students through the process of applying for financial aid, filling out the Free Application for Federal Student Aid (FAFSA) and answering any questions they may have.

School instructors are well educated and have experience in their area of expertise. NCCTI provides quality facilities for staff and students at three sites. The Main Campus is at 274 South Orange Ave., Newark, and houses administrative offices, a computer lab, a health care lab and classroom space for health care and business programs. The Training Center at 210 West Bigelow St., Newark, provides classroom and hands-on training space for students in Automotive Technician, Diesel Technician and Building Trades Specialist programs. Culinary Arts students have use of a commercial kitchen at 266 South Orange Ave., Newark.

Brutton believes the changes will bolster NCCTI’s profile in the community.

“The purpose of rebranding with the new name is to help us reach a wider audience of job seekers and employers,” Brutton said.

New Community Career and Technical Institute is an accredited post-secondary school that offers the following programs: Automotive Technician, Diesel Technician, Building Trades Specialist, Clinical Medical Assistant, Patient Care Technician, Culinary Arts Specialist and Business and Computer Technologies. Those interested in enrolling or learning more should visit newcommunitytech.edu or call 973-824-6484.
More than 150 girls and their dads (or other significant male role models) attended New Community Corporation’s annual Father-Daughter Dance April 27 at St. Joseph Plaza, hosted by NCC’s Youth Services Department. Attendees enjoyed refreshments, dancing, prizes and giveaways. Photos courtesy of Edward Morris.
Social Security News
Beware Of People Pretending To Be From Social Security
By Ammy Plummer
Social Security District Manager
Springfield Avenue, Newark NJ

Social Security is committed to protecting your personal information. We urge you to always be cautious and to avoid providing sensitive information such as your Social Security number (SSN) or bank account information to unknown people over the phone or internet. If you receive a call and aren’t expecting one, you must be extra careful. You can always get the caller’s information, hang up and — if you do need more clarification — contact the official phone number of the business or agency that the caller claims to represent. Never reveal personal data to a stranger who called you.

There’s a scam going around right now. You might receive a call from someone claiming to be from Social Security or another agency. Calls can even display 1-800-772-1213, Social Security’s national customer service number, as the incoming number on your caller ID. In some cases, the caller states that Social Security does not have all of your personal information, such as your SSN, on file. Other callers claim Social Security needs additional information so the agency can increase your benefit payment, or that Social Security will terminate your benefits if they do not confirm your information. This appears to be a widespread issue, as reports have come from people across the country. These calls are not from Social Security.

Callers sometimes state that your SSN is at risk of being deactivated or deleted. The caller then asks you to call a phone number to resolve the issue. People should be aware that the scheme’s details may vary; however, you should avoid engaging with the caller or calling the number provided, as the caller might attempt to acquire personal information.

Social Security employees occasionally contact people by telephone for customer service purposes. In only a very few special situations, such as when you have business pending with us, will a Social Security employee request that the person confirm personal information over the phone.

Social Security employees will never threaten you or promise a Social Security benefit approval or increase in exchange for information. In those cases, the call is fraudulent and you should just hang up. If you receive these calls, please report the information to the Office of the Inspector General at 1-800-269-0271 or online at oig.ssa.gov/report.

You can also share our new “SSA Phone Scam Alert” video at http://bit.ly/2VKJ8SG.

Protecting your information is an important part of Social Security’s mission. You work hard and make a conscious effort to save and plan for retirement. Scammers try to stay a step ahead of us, but with an informed public and your help, we can stop these criminals before they cause serious financial damage.

SENIOR SPOTLIGHT: Glen Brisbon

Glen Brisbon has no plans to move from his apartment at Gardens Senior where he has lived for four years. The retired construction worker enjoys living in the building and participating in its activities.

“Mr. Glen is a gentle man who has no problem with anybody. He has respect for the other residents,” said Resident Services Coordinator Sister Lucy Modester. “When there is something to be done that would need money, like a party, he is always among the first ones to contribute for its success.”

Brisbon grew up in a small town in South Carolina and moved to Newark with his wife when he was 26 years old to make more money and have a better life. Brisbon began working in construction after meeting a man at church who asked for help on a project. He did mainly paving work and worked almost exclusively outdoors, which he preferred to indoor factory work.

Brisbon retired from construction about four years ago, around the time he moved to Gardens Senior.

Brisbon’s wife passed away and he said he didn’t need the large apartment they shared. He heard about New Community housing and filled out an application. He got a call back three months later when he was living with one of his sons and moved into the building.

He’s very glad he got the call about the vacancy at Gardens Senior.

“Everybody in this building knows me and I get along with them. We have fun. We can talk. And treat one another right,” Brisbon said. “That’s what I love about it. I love the people. And they love me too.”

Brisbon enjoys participating in the events at Gardens Senior and playing dominos with his neighbors in the Community Room of the building. He also loves to dance, which he does in his apartment whenever he can.

“I do a lot of dancing in my apartment by myself. When I’m sweeping and making up the bed, doing some cleaning up, I’m dancing,” he said. “The doctor says it’s good exercise. So that’s what I do. I love to dance.”

At 62 years old, Brisbon said he is living right. “I take care of myself, take care of my grandkids, take care of my kids. And love them,” he said. “It makes me happy.”

Wellness Tip
June 2019

June 10 - 16 is Men’s Health Week

Get Moving!
Every increase in insurance variables is better health, including decreased risk of diabetes and heart disease

Get Checked for Colorectal Cancer
If you are age 50 or older and haven’t been screened for colorectal cancer, you should!
This screening can not only diagnose cancer, but can also help prevent it from forming.

Stay At A Healthy Weight
High blood pressure can cause widespread damage, affecting the arteries, heart, kidneys, eyes and brain.
CHELC Graduate Gets Full Scholarship To Princeton University

The educational foundation children receive when they are young can help shape who they become. That is the case for Ci’Anee Campbell, who took pre-K classes at Community Hills Early Learning Center (CHELC) and will be attending Princeton University this fall on a full scholarship.

Campbell, who is now 18 years old, was in Carolyn Lowe’s pre-K class at CHELC when she was 3 years old. Campbell fondly remembers Lowe, who still teaches in the same classroom.

“When I was younger, I was not as expressive. And so being in Ms. Carolyn’s class, she was basically the only person I would speak to,” Campbell explained. “She was a very key part into the person I am today. Because she was always there to comfort you and make you feel comfortable.”

Lowe remembers Campbell as a little girl with a lovable and happy spirit who was a quick learner and very inquisitive and creative. While she wasn’t outgoing, Lowe said Campbell would speak up when she needed to and was observant and cared for her classmates, trying to console them if they got upset.

After graduating from CHELC, Campbell attended New Horizons Community Charter School and North Star Academy High School. In high school, Campbell focused on STEM (Science, Technology, Engineering and Mathematics). She is specifically interested in chemical engineering.

To further her education, Campbell applied to Princeton University through QuestBridge National College Match, which is a college and scholarship application process that helps low-income high school seniors gain admission and full four-year scholarships to the nation’s most selective colleges. The scholarships cover tuition and room and board for accepted students.

QuestBridge applicants rank their preferences of colleges, but must apply to each institution individually. They commit to attending the highest ranked preference they are accepted to.

“Princeton was my number one choice. I knew I wanted to go there so I didn’t apply to other schools,” Campbell said. “Princeton University is one of the universities that allocates the most to undergraduate research. I wanted to go to a university that would prioritize me as an undergraduate because I’m not sure if I’m going to go to grad school.”

Lowe isn’t surprised that Campbell received a full scholarship to attend Princeton and that she’s pursuing science.

“The mom was very concerned about Ci’Anee. And it was really then I knew the importance of relating to the family at school,” Lowe said.

She explained that Campbell’s mother Towanna would ask about her daughter’s day, often waiting for Lowe to finish speaking with other parents or working with other children.

“We’re not only rendering services to the children, but it’s the whole family,” Lowe said. “That’s when I really got the big picture.”

Campbell has remained very involved in activities throughout her educational career. She was captain of her school’s STEM program where she competed against other high schools in scholastic competitions. She served as manager of her school’s basketball team. She was instrumental in bringing the AP Capstone program to her high school, which offers more challenging courses for students. She also works part-time.

Campbell is looking forward to continuing her education at Princeton in the fall and is excited for the future. Her preschool teacher is very proud of her former student and said it’s stories like Campbell’s that make her job worthwhile.

“Ci’Anee Campbell is certainly a testament to the example we as educators hope to witness,” Lowe said. “I am proud to know that I was able to share in the development of this young lady and the many other success stories that began in March 2001 right here at 85 Irvine Turner Boulevard, Newark, N.J.”

Enjoying A Barbecue For Memorial Day

New Community Extended Care Facility, 266 South Orange Ave., Newark, hosted a Pre Memorial Day Barbecue May 24 on the patio. Residents got to eat lunch outside and enjoy the company of their neighbors and staff members.
NATIONAL HIV TESTING DAY

Get Tested!

Thursday, June 27th
11:00 AM - 4:00 PM
Ambulatory Care Center
F-Level
140 Bergen Street
Newark, NJ 07103

No appointment needed!
Testing is confidential!
Results ready in 20 minutes!

Free snacks, giveaways, & incentives for testing!

For more information, contact Garry at 973-972-4711
New Community Resident Services Department hosted a Pre Mother’s Day Tea Party for residents of NCC senior buildings at St. Joseph Plaza May 10. Guests enjoyed brunch and fun activities. Central Ward Councilwoman LaMonica McIver and Essex County College Professor Louise Layton were featured speakers at the event. Sponsors included Amerigroup, Bishop Andre Speights, Extra Supermarket, Horizon NJ Health, Nubia Flavor Restaurant, Tavers Brothers, United Healthcare and WellCare Health Plans. Photos courtesy of Resident Services.

Central Ward Councilwoman LaMonica McIver speaks at the Pre Mother’s Day Tea Party at St. Joseph Plaza May 10.

Essex County College Professor Louise Layton, center, was a featured speaker at the Pre Mother’s Day Tea Party. She accepts flowers from Resident Services Director Donnette Burrowes-Williams, left, and Resident Services Coordinator Gladys Artis.

Diana Rivera from United Healthcare, right, accepts a Sponsorship Appreciation Award from Resident Services Director Donnette Burrowes-Williams, left, and Resident Services Coordinator Gladys Artis.

Luz Ramirez from WellCare Health Plans, right, accepts a Sponsorship Appreciation Award from Resident Services Director Donnette Burrowes-Williams, left, and Resident Services Coordinator Gladys Artis.

Members of the Resident Services Department prepare to serve at the Pre Mother’s Day Tea Party.
Family Service Bureau

Recognizing LGBTQ Pride Month

June is recognized as Lesbian, Gay, Bisexual, Transgender and Queer Pride Month (LGBTQ Pride Month), to ensure the memory of the 1969 Stonewall uprising in Greenwich Village is honored. The uprising was a pivotal point in the Gay Liberation Movement in the United States during this time. During the month of June, Pride is celebrated all over the world with parties, parades and events that honor the desegregation of the LGBTQ community.

This year, Family Service Bureau of Newark is honored to be able to provide evidence-based comprehensive trauma response services through our newly appointed Beyond Survival program which was granted to us by the Juvenile Justice Programs. Beyond Survival is aimed toward providing trauma-based counseling services to youth identifying as LGBTQ and/or young males and females.

The program will use the nationally recognized Seeking Safety Model, which focuses on the dual treatment of post-traumatic stress disorder (PTSD) and substance abuse. The interventions offered with the Beyond Survival program will be aimed to facilitate the recovery of crime victims from their trauma and help them return to their pre-crisis level of functioning. The Beyond Survival program is also designed for youth with the goal of empowering them with strategies to reach their full potential along with building and fostering healthy connections with family, friends and the community.

In the past, through this program we have been able to provide a holistic, gender specific program to victims through direct core services, such as counseling, advocacy, outreach and education in the community regarding intimate partner violence. In addition, Family Service Bureau has also worked on promoting awareness and safety with the aim of reducing the rates of victimization. Using a strengths-based model, participants are empowered to resolve their trauma and to diminish the risk of repeated victimization, use of drugs to cope with trauma and to avoid engaging in at-risk behaviors.

Family Service Bureau of Newark also provides mental health, substance use and trauma-based counseling services for adults dealing with similar issues. If you or someone you know may be interested in services, please do not hesitate to contact Family Service Bureau of Newark at 973-412-2056.

New Community Participates In Essex County Job Fair

New Community had a table at the Essex County Job Fair, held May 23 in the gymnasium of Essex County College in Newark. Representatives from NCC’s Human Resources Department and New Community Career and Technical Institute (NCCTI) attended the event to provide information about open positions with the organization and the training programs available at the accredited post-secondary school.

NCCTI offers the following programs:

- Automotive Technician
- Diesel Technician
- Building Trades Specialist
- Clinical Medical Assistant
- Patient Care Technician
- Culinary Arts Specialist
- Business and Computer Technologies

To get more information and to begin the application process, visit newcommunitytech.edu or call 973-824-6484.

To apply for any open positions at NCC, visit newcommunity.org and click Jobs at New Community.

Celebrating Mothers and Fathers

Residents of Gardens Senior, 265 Morris Ave., Newark, celebrated Mother’s Day and Father’s Day with a party in the Community Room May 17. Participants received a hot meal, dessert and punch.
Having experienced the loss of two siblings in two years, one might have the occasion to really think about life. You can learn a thing or two about what’s really important, once you lose someone that’s really important. The loss of a loved one can cause you to reflect on your current relationships and honestly consider the reality that at any given moment, your life can and eventually will come to an end. The fact is, life as we know it will end for each one of us one day.

Far too often, we take for granted the people in our lives. We allow things like hurt feelings, misunderstandings or “I heard you said such and such about me” actions to come between family relationships and close friendships. We stop speaking to one another and we stop looking in on one another. Before you know it, that bond is broken! Months or even years can go by and that relationship just withers away. All because of the inability to forgive.

A friend recently shared one of the most powerful, yet simplistic messages about forgiveness. Simply put, she told a room full of people gathered for my brother Isaih’s memorial that forgiveness was a choice, it was not a feeling! While I understand the concept of forgiveness is easier said than done, I also know it takes more energy to hold on to something than it does to let it go and move on.

“You’ve probably heard the saying, “forgiveness is for you, not the other person.” According to the Mayo Clinic, forgiveness has the power to reduce stress and anxiety, strengthen your immune system, alleviate symptoms of depression, lower your blood pressure and even improve your heart health.

According to God, the Creator of this universe, we are required to forgive others, if we want the Lord to forgive us.

If you are interested in participating in the 2019 Golf Classic or becoming a sponsor, contact Tracey Battles at tracey.battles@newcommunity.org or 973-732-6040.
Making Residents Feel Appreciated At Extended Care

New Community Extended Care Facility, 266 South Orange Ave., Newark, hosted its annual Adopt-A-Resident Day May 15. Residents received gifts of clothing and other items that were donated to make them feel special.