

Volume 33 – Issue 9 ~ October 2016

'A BETTER LIFE' BREAKS GROUND NCC Founder, CEO Joined By Officials Committed To Helping The Chronically Homeless



New Community Corporation officially broke ground on A Better Life on Sept. 28, 2016, joined by its funding and service partners as well as elected officials, dignitaries and community leaders.

The ceremony marked the public announcement of A Better Life, a 24-unit residence that's New Jersey's first "safe haven" supportive housing model targeting chronically homeless persons with severe mental illness who have been unable or unwilling to

participate in supportive services. New Community Founder Monsignor William J. Linder and CEO Richard Rohrman were joined by Newark Mayor Ras J. Baraka and other dignitaries at the event. The \$8 million project is slated for completion by June 2017.

"New Community is proud to be the developer of A Better Life and to work hand in hand with our many partners to make this supportive housing project a reality," Rohrman said.

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2016 Festival And Parade Pay Tribute To NCC's Legacy, Newark's 350th Anniversary



New Community's departments of Property Management and Health and Social Services led the parade line-up by representing the first of NCC's developments: housing.

South Orange Avenue was awash in green and white. Marchers holding balloons, carrying banners and donning "NCC" t-shirts paraded down the street in Newark to celebrate New Community's 2016 Parade and Family Festival on Sept. 17, 2016.

"Out of the Ashes Came Hope" was the theme

of this year's parade, which also paid tribute to Newark's 350th anniversary as one of many city-wide events organized in coordination with Newark Celebration 350.

"A key part of the city's history is the vital role that community development corporations have played in strengthening our neighborhoods," New Community CEO Richard Rohrman said. "New Community is proud of our legacy of serving residents for nearly five decades as part of our mission to help individuals achieve self-sufficiency."

New Community's festivities highlighted NCC's legacy since 1968—as an organization birthed out of the 1967 civil unrest—as part of the city's history. Since then, New Community has championed its mission to help residents of inner cities improve the quality of their lives to reflect individual God-given dignity and personal achievement.

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Contrasting Two Candidates

Editorial By
Monsignor William J. Linder

The presidential election this November may be the most critical election yet for American voters.

The candidate that you cast your ballot for will either launch the nation forward into a new era of progressive thinking and leadership, or will drag our country backwards. The next president will either shine in the individual's actions and attitudes towards fellow Americans or will cast a shadow of fear-mongering and divisiveness that will undoubtedly extend to our international neighbors and allies.

As the founder of New Community, I have had the privilege to become personally acquainted with Hillary Clinton on several occasions. Allow me to share with you some of these stories.

Years ago as First Lady, Hillary visited Babyland at New Community to learn about the challenges that teenage mothers face by hearing from them firsthand. It was a big to-do, with dignitaries and media swarming inside and outside of Babyland, hoping to borrow the First Lady's ear or snap photographs.

Instead, Hillary slipped inside a room with the teen moms, away from the crowds, so that she could learn about the challenges they face by looking them in the eyes and listening to their personal stories.

In similar fashion, Hillary showed great leadership during the Clinton Administration's trips to Ireland to help broker a peace agreement in the violence-plagued region of Northern Ireland. Her dedication to meeting with groups of women helped built a coalition of support across Northern Ireland that played a crucial role in making real progress in the peace effort. I was part of the official delegation that traveled with the Clintons to Ireland and held a workshop on community development. The best illustration that I could have never planned was the grassroots outreach that Hillary did on that very trip and many subsequent visits.

Hillary is a "no fuss" type of person. When I was invited to President Clinton's inauguration on Hillary's guest list as one of her "Faces of Hope," I was seated next to her at lunch. She had many guests to greet and was constantly getting up from her seat. As a courteous gesture, I stood when she stood—and she said she would have none of that!

In contrast, Donald Trump is perhaps most well recognized by New Jerseyans for his shady dealings with the state and the \$30 million in overdue taxes owed by the casinos he founded. According to a report in the New York Times, Trump only ponied up \$5 million of what was owed. He has made public statements calling those who pay large sums in taxes "stupid." His statement is disturbing and yet illuminating: We can clearly see exactly what motivates Trump and who ultimately benefits.

Let me be clear, the contrast is very sharp. I know that's what I am going to consider when I cast my vote on November 8.

The New Community Clarion

The New Community Clarion is published as a community service. The editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the view of the newspaper.

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Visit www.newcommunity.org



OUR MISSION

To help residents of inner cities improve the quality of their lives to reflect individual, God-given dignity and personal achievement.

New Community is recognized as:

- The largest and most comprehensive community development organization in the United States
- A large-scale deliverer of comprehensive programs and services
- A leader in affordable housing and economic development
- A model among non-profit, social entrepreneurship, and CDC communities
- Having beneficial partnerships on the local, national, and global level.

New Community wishes to thank all residents, employees and community members that participated in the 2016 Parade and Family Festival. Your support plays an important role in the success of our annual festivities. We hope that you enjoyed the day!

Around the Network

Ahoy, Mate! NCC Residents Cruise The Hudson River

You can't beat this view: Residents from New Community Hudson Senior enjoyed a sunny afternoon on a Spirit Cruise on the Hudson River. The boat gave passengers from Hudson Senior, New Community's senior and disabled adult residence in Jersey City, a panoramic view of Lower Manhattan, including the Freedom Tower, Statue of Liberty and other iconic landmarks. *Photos courtesy of Health and Social Services.*

Nursing Home Residents Treated To A Festive BBQ

Who doesn't love a backyard barbecue? Residents and staff at New Community Extended Care Facility celebrated a time of camaraderie at a barbecue held on the patio of the skilled nursing home located at 266 South Orange Ave. in Newark. Extended Care has recently launched a new website at www.NewarkNursingHome.org. Visit our website and find out more about what makes Extended Care a five-star rated facility. *Photos courtesy of Robert Smolin.*

NCC Gets Air Time At WBGO Radio

New Community recently got air time at WBGO radio station as part of the drumroll leading to the annual Parade and Festival. Tracey Battles, left, philanthropy officer at NCC, spoke about the Parade and Festival held each fall for local residents, New Community's mission and his biography, and was interviewed by Isaiah Little, right. To listen to the full interview, visit <http://bit.ly/2d0NtHI> or visit New Community's website and check it out under Media Coverage.

Employee of the Month: Philip Arthur



Philip Arthur works in the housekeeping and dietary departments at New Community Extended Care.

Philip Arthur has picked up the nickname “Mr. Okay” in his two years working at New Community Extended Care Facility.

Perhaps that is why Arthur works in two different departments at the skilled nursing facility—both in dietary and housekeeping.

“Whenever they need me, I’m available,” Arthur said on a recent Friday as he unloaded boxes of tissue off a pallet. “That’s how my parents raised

me.”

Robert Smolin, former facility administrator, described Arthur as “pleasant” and said that his specialty in housekeeping is floor care. (Veronica Onwunaka, former director of nursing, is now the new administrator of Extended Care.)

Arthur said that what motivates him to work is a commitment to serving his fellow man.

“I don’t care about money—just helping people,” he said. “I work with my heart and mind.”

A deeply religious man, Arthur attends prayer meetings on Friday afternoons. He grew up in Cape Coast, Ghana, where he lived most of his life in a mission house. His friends were ministers and later on, Arthur served as a Sunday school teacher.

“I like working with aged people,” Arthur said. “People need help,” he added.

Arthur said that he has siblings living in the U.S. as well as well as in Ghana.

A Newark resident, Arthur first arrived in the U.S. and lived in Delaware for a few months. He then relocated to Chicago, where he had relatives, and worked in nursing homes for about 10 years. He moved to Newark, where his brother lived, a few years ago.

In his free time, Arthur said he enjoys playing the keyboard.

“Nothing is lost. You have to trust God,” Arthur said.

October 28: Medicare Info And Senior Expo At NCC

New Community residents and staff are invited to come and learn more about Medicare, Medicaid and the changing health insurance marketplace on Friday, October 28.

The Department of Health and Social Services is hosting a Medicare Information and Senior Expo from 11 a.m. to 3:30 p.m. at New Community Commons Senior, 140 South Orange Ave. in Newark.

Get answers from a Medicare/Medicaid representative about switching Medicare plans, dropping prescription drug coverage or switching plans.

Medicare enrollment begins October 15.

For NCC residents, transportation is provided so please contact your care coordinator to confirm your attendance.

Light refreshments, giveaways and health screenings will also be offered at the event. For more information, contact Donnette Burrowes-Williams, assistant director of Health and Social Services, at dwilliams@newcommunity.org.



New Community Corporation

St. Joseph Plaza
233 West Market St. Newark, NJ 07103
(973) 242-8012 | www.newcommunity.org

Where the Music Comes Alive

OCTOBER 2016

Live Entertainment & Music Calendar

Every Friday from 7 PM to 11 PM ~ Food or Beverage Purchase Required

OCTOBER 7TH

SPIRIT OF LIFE ENSEMBLE W/ DWIGHT WEST

OCTOBER 14TH

LADY CICI & DON WILLIAMS

OCTOBER 21ST

LEO JOHNSON

OCTOBER 28TH

UNFINISHED BIZNESS
MASQUERADE R&B CELEBRATION



Our Mission: To help residents of inner cities improve the quality of their lives to reflect individual God-given dignity and personal achievement.

2016 Festival And Parade Pay Tribute To NCC's Legacy, Newark's 350th Anniversary

Continued from page 1

The parade route crossed in front of New Community Extended Care Center, where nursing home residents and staff lined the sidewalk. Four floats featuring NCC departments such as Property Management, Health and Social Services, Family Resource Success Center and the early learning centers passed by as onlookers cheered.

Marilyn Watson, a resident of New Community Associates, rode atop a float as queen of the parade and was seated next to the king, Johnny Killebrew of New Community Gardens Senior.

"The whole parade was nice. I enjoyed coming down South Orange Avenue," said Watson, who

was followed by acts such as Harlem Samba, cowboys on horseback and the Weequahic High School marching band and dancers. New Community security officers led the parade.

Killebrew said that the parade was "quite exciting."

"I enjoyed the whole bit," he said, adding that the longer parade route was a big plus.

The end of the parade route, however, was just the beginning of the street festival, which lasted the entire afternoon. Located next to New Community Commons Senior at 140 South Orange Ave. in Newark, the festival area was

filled with agencies, such as La Casa de Don Pedro and Covenant House, that offered educational resources to the community. Vendors also sold food and refreshments. Residents and staff also enjoyed a peaceful space at the beer garden inside Meditation Park.

The Youth Zone buzzed with activity as children climbed the rock wall, competed at the video game truck, braved the gyroscope, rode on horseback and played on the inflatable slides and bouncy house. Children also received free hotdogs, balloon animals and face painting.



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NCC Staff Invited To Wellness Fair Oct. 14 Get Fit Tips, Food, Giveaways And Resources

Do you know your numbers for your Body Mass Index? When was the last time you had your cholesterol checked?

You may be among the many employees at New Community who are due for a wellness check-up.

On Friday, October 14, 2016, all staff are invited to the New Community Workplace Employee Wellness Fair from 10 a.m. to 4 p.m. at St. Joseph Plaza, 233 West Market St. in Newark.

Sponsored by the departments of Human Resources and Mission, the Wellness Fair will feature biometric screenings (registration

required), massage therapists, flu shots, wellness vendors and lots of educational resources on healthy eating and physical activities.

Promoting wellness—such as exercise or healthy eating habits—is an important piece of an individual's overall health and there are many resources that all NCC employees with health insurance can access.

"We want to promote wellness as a part of New Community's whole health benefit offerings for employees," Ben Galvez, director of Human Resources, said. Human Resources Manager Anna Sing-King is spearheading the planning of the wellness event, which aims to draw hundreds of employees from New Community's various

sites in Newark, Orange and Jersey City.

"We want to expose our employees to wellness," Galvez said.

Additionally, promoting a healthy lifestyle helps combat the rising cost of health care, which ultimately gets passed along to employees and their wallets.

The October 14 wellness event is free and open to all employees of New Community. For more information about registering for a biometric screening (only for employees covered under NCC Aetna Insurance), contact the Human Resources Department at 973-639-7832 or email asing@newcommunity.org for more information.

NCC Plays Major Role In Newark's First CDC Summit



CEO Richard Rohrman spoke about New Community's present-day activities in Newark and beyond.

It was a historic day for community development organizations in Newark.

Experts from community development corporations (also known as CDCs) across the city gathered for the first ever Newark Neighborhood Community Development Summit. The one-day event, held at Rutgers University-Newark, brought together experts

from organizations such as New Community, La Casa de Don Pedro, Ironbound Community Corporation, Unified Vailsburg Services Organization and other agencies. The Newark Community Development Network hosted the summit, which was sponsored by the City of Newark, Rutgers University-Newark, Newark 350, Housing and Community Development Network of New Jersey and Greater Newark LISC.

Richard Cammarieri, director of Special Projects at New Community, serves as chair of the NCDN and spearheaded the organizing of the summit.

The educational event featured three panels that reflected on the history of CDCs, surveyed their present-day activities and looked to the future of the roles they would play in Newark. At the conclusion, attendees were given a "call to action" and posted their ideas, concerns and feedback on poster boards.

New Community CEO Richard Rohrman highlighted NCC's present work in Newark and

beyond. Cammarieri provided a history of New Community's beginnings, which came from the aftermath of the civil disturbances in 1967 when Monsignor William J. Linder and a small group of residents came together to address issues such as the lack of housing, childcare and jobs.

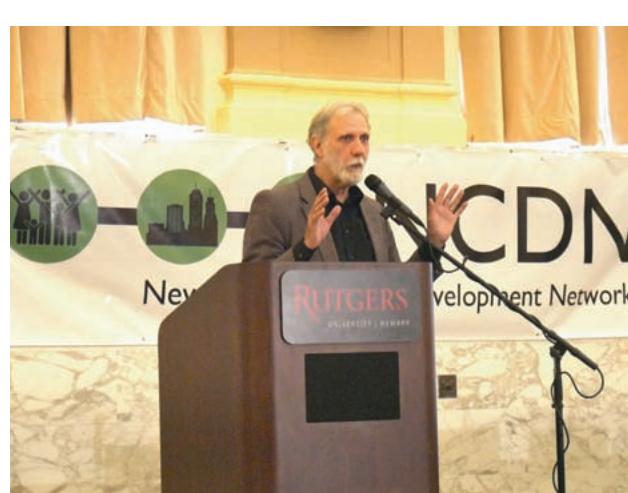
NCDN is a group of Newark's neighborhood-based CDCs that share a mission to advance just and equitable housing and community development.



The day concluded with summit attendees providing their thoughts, feedback and ideas on the topics discussed during the three panels.



New Community distributed information at the summit about its services and programs.



Richard Cammarieri, director of special projects at New Community, spearheaded the organizing of the summit. Photo courtesy of La Casa de Don Pedro.



Newark Mayor Ras Baraka provided the keynote speech during lunch. Photo courtesy of La Casa de Don Pedro.

Social Security News

Don't Be Scared Of Using Our Secure Services

By Ammy Plummer
Social Security District Manager
Springfield Avenue, Newark NJ

Autumn is the season of dressing up as monsters and watching scary movies in the dark. Even though most of these tricks and treats are just for fun, some of them can be scary, and for good reason. One of the most common threats we face is identity theft. Just imagine someone stealing your information and pretending to be you. You'd have no control as this person acts in your name, spending money — and possibly, ruining your credit.

That's one trick you can do without, which is why we've added an extra layer of security for our customers when they interact with us online.

Your my Social Security at www.socialsecurity.gov/myaccount is a safe and secure place to do business with us.

On July 30, 2016, Social Security implemented a new layer of security, asking account holders to sign into their account using a one-time code sent via text message. This second layer of security requires more than a username and a password is known as "multifactor authentication."

Although we have always provided the "extra security" option to account holders, we implemented this new process to comply with the President's Executive Order on Improving the Security of Consumer Financial Transactions.

As before July 30, current account holders will be able to access their secure account using only their username and password. We highly recommend the extra security text message option, but it will not be required. If you are uncomfortable with texting, we will be creating an option where you will receive a code via email.

We strive to balance security and customer service options, and we want to ensure that our online services are both easy to use and secure. The my Social Security service has always featured a robust verification and authentication process, and it remains safe and secure.

There's no requirement that you access your personal my Social Security account as a result of the steps we are taking. However, when you do access your account, we encourage you to sign up for the extra security text message option.

You can access your account by visiting www.socialsecurity.gov/myaccount.

SENIOR SPOTLIGHT: Geraldine Walker



Geraldine Walker, a resident of New Community Roseville Senior, was born and raised in Dublin, Ga., and moved to Newark in the early 1970s.

Geraldine Walker says she's not a big talker, but she's a shrewd observer.

She keeps tabs on the wellbeing of residents on the fourth floor of New Community Roseville Senior. That's because Walker serves as a captain who monitors the welfare of the seniors and disabled adults residing at 1 South Eighth St. in Newark.

"If I don't see 'em a couple days, I check," said Walker, who has lived at Roseville Senior for 10 years. She said she even inquiries about neighbors who are away recuperating at a hospital.

In addition to keeping an eye on peoples' physical needs, Walker also keeps a pulse

on the emotional needs of those who may be experiencing personal difficulties or conflicts.

"I'm like a big sister to some of the people in the building," she said. "I like to keep the peace."

But Walker's influence is more pervasive than she thinks, according to Alisha Chatman-Jenkins, care coordinator at Roseville Senior. "Ms. Walker is the 'Mother Hen' of the building," she said.

"When NCC has its annual Spring Up, Ms. Walker is right there on the front line to help beautify Roseville by digging and planting flowers and removing weeds," Chatman-Jenkins said.

The mother of four grown children, Walker, 65, spends her time between caring for her grandchildren and participating in the activities at Roseville Senior, where she actively takes a role in fostering a sense of community.

During holidays such as Thanksgiving and Christmas when residents gather for potluck meals, Walker is known to prepare traditional Southern dishes such as baby lima beans, collard greens and black-eyed peas. "I'm a southern woman—I can cook when I want to cook," Walker said with a smile.

Born in Dublin, Ga., Walker grew up as the third oldest of seven children. She moved to Newark in 1973 after she made a trip to see her father and decided not to return to her hometown. She said that she worked factory jobs that she cared little for in Georgia and that gave her arthritis in her hands. When she settled in New Jersey, she took a job at Coupon Service, a mailing agency based in Jersey City where she worked from 1999 until the plant shut down in 2005. "That's one job I can say I really loved," Walker said.



Wellness Tip
October 2016

4 Falls Prevention Tips

Every 11 seconds, an older adult is seen in an emergency room for a fall-related injury; every 19 minutes, an older adult dies from a fall. Prevention is the best cure.*



Stay Active

Chances of falling can be reduced by improving strength, balance and flexibility. Consider brisk walks or yoga and look into senior centers that offer free exercise and wellness programs.



Fall-Proof Your Home

Prevent falls by keeping floors and stairs clutter free; tape cords and wires to the wall; maintain good lighting on walkways; Tape down throw rugs and ensure handrails are sturdy and secure.



Review Medications

Consult with your doctor or visiting nurse to understand any side-effects of prescriptions, realizing that some medicines or combinations of medications can make you drowsy or light-headed.



Wear Proper Footwear

Avoid wearing socks, stockings or slippers while in the house. Opt for shoes or socks with a grip that fit appropriately and are easy to take on and off.

For more information about VNA Health Group joint replacement services & programs, please call 800.862.3330 or visit www.vnahg.org/rehab

*Source: National Council on Aging

'A BETTER LIFE' BREAKS GROUND

Continued from page 1



Dominic Sciaretta, left, vice president of Claremont Construction and Monsignor William J. Linder, founder and board chairman at New Community.

He described A Better Life as “a piece of a mosaic envisioned almost 50 years ago,” referring to New Community’s wide network of services, ranging from job training, healthcare, early childhood education and affordable housing that encompasses low-income seniors and homeless families.

“This project fills a gap in that mosaic,” Rohrman said.

The \$8,041,235 project located on 14th Avenue in Newark’s West Ward is currently under construction and will feature 24 efficiency studio apartments with a private bathroom, kitchenette and living area. The two-story, 24,063-square-foot building will offer communal spaces designed to foster engagement and one unit designated for a superintendent who is on-call 24



From left: Richard Rohrman, CEO; Madge Wilson, outreach coordinator and board member; Steven Sciaretta, principal, Claremont Construction; Dr. A. Zachary Yamba, board member; Monsignor William J. Linder, founder and board chair; and Newton Richards, board member.



Students from NCC’s Community Hills Early Learning Center opened the groundbreaking ceremony with a musical performance.

hours a day, seven days a week. Referrals and other supportive services will be available to eligible persons who are not residents, on a drop-in basis. Individuals residing at A Better Life will not pay rent and are allowed 24-hour residence for an unspecified duration.

Stable housing is an important first step in the journey out of chronic homelessness and A Better Life will provide key support services, such as on-site medical and behavioral health services, crisis intervention and life skills development that are tailored to each person’s needs. Rutgers University Behavioral Health Care will be the primary service provider. New Community will provide property management, maintenance, security and an on-site supervisor. The supportive housing project aims to reduce the burden placed on the emergency care system at University Hospital. The hospital will identify high utilizers of emergency care and provide referrals to staff at A Better Life for review and placement.

This project to serve the chronically homeless, including veterans, has been six years in the making, which, according to Monsignor, took far too long. “It’s time to commit to doing better,” he said.

“A Better Life is one more project that allows HMFA to provide safe, decent and affordable housing that also provides supportive services,” said James Robertson, chief of Legal and Regulatory Affairs at the New Jersey Housing and Mortgage Finance Agency, the project’s largest funder.

Richard Roberts, Managing Director of Acquisitions at Red Stone Equity Partners, said that he enjoyed the opportunity to partner with “old friends” and



James Robertson, chief of Legal and Regulatory Affairs at the New Jersey Housing and Mortgage Finance Agency, delivered remarks on behalf of NJHMFA, which was the project’s largest funder.



Rosemarie Rosati, COO of Rutgers University Behavioral Health Care, described the mental and behavioral health services, plus other supports, that resident at A Better Life will receive.

Caption for photo from page 1 - Officials and community leaders gathered at New Community Corporation in Newark and broke ground on A Better Life on September 28, 2016. From left: George Serio, director of the Essex County Division of Housing and Community Development; James Robertson, chief of Legal and Regulatory Affairs, New Jersey Housing and Mortgage Finance Agency; Baye Adofo-Wilson, deputy mayor for Economic and Housing Development, City of Newark; Julio Colon, director of the Department of Housing Assistance, City of Newark; Richard Rohrman, CEO of New Community; Rosemarie Rosati, COO of Rutgers University Behavioral Health Care; Richard Roberts, managing director of Acquisitions at Red Stone Equity Partners; Mayor Ras Baraka, City of Newark; Monsignor William J. Linder, founder and board chair of New Community; Stephanie Welch, program assistant at University Hospital Public Affairs; Thaddaeus L. Diggs, director of Government Relations, Office of General Counsel at University Hospital; Mildred Crump, council president, City of Newark.

also build new friendships during the long process to make A Better Life a reality. “I want to congratulate everybody involved,” Roberts said at the ceremony.

Newark Mayor Ras Baraka lauded New Community for its “tireless work in the city” and commended its work to reduce chronic homelessness. “Not to just fuss about it,” he said, “but to actually do something about it.”

Funders for the construction of A Better Life include the New Jersey Housing and Mortgage Finance Agency, an affiliate of the New Jersey Department of Community Affairs; Red Stone Equity Partners; Essex County HOME Program; Newark HOME Program; U.S. Department of Housing and Urban Development; and the Federal Home Loan Bank of New York.

The project was designed by LWDRM Architects, an architecture, urban design and engineering firm located in Jersey City and Millville.



Construction of A Better Life would not have been possible without the support of its funders.



More than 100 people attended the ceremonial groundbreaking program and enjoyed refreshments afterwards.

Breathe Easy!

We're becoming a
TOBACCO-FREE
Campus!



Beginning
November 17, 2016

No butts about it! For the good health of our patients, staff, students and community, University Hospital and the entire Newark Campus of Rutgers Biomedical and Health Sciences will be tobacco-free, including the use of electronic smoking devices, by **November 17, 2016**.

We understand that giving up smoking is difficult, so we're happy to provide you with lots of support, helpful resources and FREE Smoking Cessation Programs in the upcoming months.

Thank you for helping us create an AIR OF RESPECT for our environment and each other.



NCC Partners With City To Train Jobseekers For Positions At Port Newark



Ashton Merritt, a graduate of New Community's automotive program, has worked at FAPS Inc. for a year.

For Ashton Merritt, New Community Workforce Development Center's Ford Automotive Training Program has changed the course of his life.

In the Summer of 2015, he completed the 1,200-hour program, which is backed by Ford Motor Company, and was hired last September by FAPS Inc., a major employer at the Port of Newark.

"This has literally turned my life around," said Merritt, 32, of Newark, who recently marked his one-year anniversary at the job. "It was great for me."

Merritt is one of several graduates from New Community's automotive program that was hired as a full-time laborer at FAPS, which is the abbreviation for Foreign Auto Preparation Service.

"You guys have provided us with good employees," Julie Lynch, FAPS human resources manager, said of NCC. "They're very diligent workers," she added. "They want to train, they want to excel."

At FAPS, the automotive grads work on both exported and imported vehicles, handling pre-delivery and added value services for incoming automobiles and ensuring regulatory standards and specifications

for vehicles being shipped anywhere in the world, according to Lynch.

"New Community's Ford Automotive Training Program values the partnership with FAPS, Inc.," said Rodney Brutton, director of the Workforce Development Center. "New Community, FAPS, Inc., and the City of Newark share a common goal of providing well-paying opportunities that offer career pathways, excellent benefits packages and room for growth."

Alturrik Kenney, director of Port Newark Operations for the City of Newark, touted the city's partnership with NCC and FAPS and described New Community's auto program as "the premiere program in the region."

He said that Newark's location as a regional transportation hub means there are many local job opportunities in the transportation, logistics and distribution industries. "We have to be able to take full advantage of that hidden jewel in our city and in the region," Kenney said.

Reneau Saintilme, another graduate of the automotive program at New Community, began working at FAPS on September 6. Previously he worked as a bus driver and completed the auto training while working nights. "I'm glad to have this program," said Saintilme, who noted that he enjoys working at FAPS and plans to stay until retirement.

More than 20 jobseekers have been hired at FAPS, according to Kenney. He noted that the majority have completed training at New Community.

Funders that support NCC's training program include the New Jersey Department of Labor and Workforce Development, Newark Alliance/CareerWorks and the Bank of America Foundation.

For four years, Merritt was out of work because his primary responsibility was being a caretaker for his grandmother. He worried about how he would

gain employable skills—until he learned about NCC.

Merritt said that gaining hands-on experience at New Community's auto program prepared him well to work on a variety of vehicles at FAPS.

"I actually knew what I was doing off the bat," Merritt said. "I felt that that was very on point, very helpful."



Reneau Saintilme previously worked as a bus driver at night until he completed training at NCC and got a job at FAPS.



Jonathan Masse is among about 20 local residents who now work at FAPS, according to the city.

Volunteer To The Rescue: Nursing Home Helper Lauded For Heroics

By Robert Smolin



A file photo of Daisy Underwood, a longtime volunteer of Extended Care.

Daisy Underwood is a hero in the eyes of the staff at New Community Extended Care Facility.

Recently, Underwood was able to assist a long-

term care resident who had eloped from a local hospital and ensured that the man was safely brought back to Extended Care.

It was while Underwood was driving her son to Rutgers when she spotted a person who seemed to look like a resident from Extended Care Facility, a five-star rated skilled nursing home located at 266 South Orange Ave. in Newark. After doing a double take, she parked her car and went over to the person who was sitting down at a park bench. Low and behold, it was indeed the nursing home resident that she thought she'd recognized and he answered her with his name. Underwood volunteers her time at the Extended Care Facility Alzheimer's activities and services three times a week. As a longtime volunteer, Underwood is on a first name basis with all the residents who participate in these services.

As Underwood stayed with the resident, a police officer passed by and she explained the situation and asked what she should do next. The officer told her to drive the resident back to the facility. So she did

just that. When Underwood brought the resident to Extended Care, the nursing staff was quite surprised to see the gentleman—he was supposed to still be at the hospital but had eloped. This resident was admitted to the hospital for the past two weeks. However, unbeknownst to the staff at ECF, this resident left the hospital premises, without the appropriate discharge or transportation back to the facility.

ECF nursing staff immediately contacted the local hospital administrators and rest assured they are looking into how the resident got out of the hospital. We are happy to say that this resident is doing marvelous and has no ill effects from his "escapade."

Extended Care deeply appreciates Underwood's help as well as her diligence and good observation skills. If she had not found the resident when she did, it is possible that this story might not have a happy ending. Administrator Rob Smolin called Underwood "a hero and a true volunteer who has basically saved a life. We are very proud of her as a volunteer for ECF. She is kind selfless person."

New Community Extended Care Facility is a five star rated skilled nursing home located at 266 South Orange Ave. in Newark. To schedule a tour, call 973-624-2020 or visit www.NewarkNursingHome.org.

2016 Festival And Parade Pay Tribute To NCC's Legacy, Newark's 350th Anniversary

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New Community Adult Learning Center
563 Orange Street, Newark, New Jersey 07107

(973) 558-5536

www.newcommunity.org/services/adult-learning-center/

Free Workshops & Services / Talleres y Seminarios Gratis

Nutrition	October 12, 19, 26, November 2, 9 16, 23, & 30, 2016 Wednesdays 9 AM □ 10 AM
Flu Shots	October 24, 2016 Monday 9 AM □ 3 PM
Vacuna Contra la Gripe	November 2, 2016 Wednesday 10 AM □ 1 PM
Health Screenings	November 2, 2016 Wednesday 9 AM □ 1 PM
Mammograms and Pap Smear	November 16, 2016 Wednesday 9 AM □ 1 PM
Mamografía y Papanicolaou	December 5, 6, 7, & 8, 2016 Monday, Tuesday, Wednesday, & Thursday 5:30 PM □ 8 PM
Resume Writing & Job Search	December 5, 6, 7, & 8, 2016 Monday, Tuesday, Wednesday, & Thursday 5:30 PM □ 8 PM
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Fall Back

By Lesley Leslie



Your children have gone back to school and, once again, you are adjusting to your daily schedule which includes their educational routines. Soon it

According to many health care professionals, the average adult needs roughly eight hours of sleep per night. When was the last time you treated your body to that? Although the amount of sleep that each person needs to function well the next day varies from individual to individual, we can all agree that sufficient rest is very important for the body.

If you are anything like the writer of this article, you may find yourself preparing daily “to do lists” in an effort to remember to do all of the things you want to do in any given day. You prioritize your list of things in order of importance to you or perhaps someone that is significant to you. When you consider the amount of things that you do in a day, imagine the number of things you can’t or won’t be able to do if your body simply shuts down due to a lack of rest. It’s something to think about.

“There is virtue in work and there is virtue in rest. Use both and overlook neither.” — Alan Cohen

will be getting darker earlier and your body will have to get used to less daylight as you make yet another adjustment due to the change in seasons. Time to put away the last of the summer clothing and reach for the clothing bins labeled for “fall/winter” that have been stored away in the closet, attic or basement.

Yes, fall is here and before you know it, Thanksgiving will be upon us. As you prepare for what may be a long winter and start to make plans for what you’d like to do during the season, consider the amount of rest that you are giving your body.

NCC Youth Joins The Navy, Plans To Cross The Globe



Robert Williams, 20, grew up at 72 Hayes St. in Newark and joined the Navy shortly after graduating from high school. Photo courtesy of Dorothy Artis.

College isn’t for everyone and Robert Williams has experienced that first hand.

Upon graduating high school in 2015 from People’s Prep Charter School, Williams, a resident of 72 Hayes St. in Newark, enrolled at William Paterson University in the fall. But he felt bored. He wanted to see more of the world.

“Why not? It’s a new experience,” Williams, now 20, said from Pensacola, Fla., where he was stationed at the time of the interview. Taking matters into his own hands, Williams said that he originally wanted to join the Marine Corps but was unable to enlist because of a policy that didn’t allow any visible tattoos. So he turned his focus on joining the Navy.

Within two days of speaking to a Navy recruiter on the phone, Williams started his paperwork.

In a matter of months, his bags were packed and he headed off to boot camp at Great Lakes, Ill.

At boot camp, Williams underwent intensive physical training, such as being woken up for 3 a.m. training sessions and working under time pressure with his entire division. “It’s all about working together and communicating,” said Williams, a Newark native and the eldest of three boys.

Williams said the physical aspect wasn’t as tough as he thought it would be—the real challenge was the mental endurance required. “Can you work under pressure, can you work while sleep deprived,” Williams said. “My answer is don’t give up. Keep pushing,” he said.

The experiences have been exhilarating for Williams, but not without difficulty.

“It’s been challenging,” he said, acknowledging that he has encountered a few difficult instances, such as incidents of racism. “I just walked away from some situations,” he said.

Williams said that when he told his family that he would be leaving college to join the Navy, their reaction at first was “mixed emotions...especially for my mom.” On September 16, Williams flew from Florida to Texas where he will be stationed for the next four to five months, until he is assigned his permanent duty station.

“I feel excited,” he said. “It’s a chance that most people don’t get.”

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