



CLARION

SERVING THE PEOPLE OF THE NEW COMMUNITY NETWORK

Volume 34 – Issue 3 ~ March 2017

NOW ACCEPTING APPLICATIONS

Vocational Training At NCC Prepares Job Seekers For In-Demand Careers



Yusto Awich, 60, is a student in the Building Trades Training program. Financial aid is available for students.



Debiane Cole, left, 31, and Irene Ingram, right, 60, are in the Certified Medical Assistant program.

Are you looking for a new career in an in-demand industry? New Community Workforce Development Center is here to help you.

The Workforce Development Center, located at 274 South Orange Ave. in Newark, is currently accepting applications for its new session of classes that start in May. The vocational training provided at the Workforce Development Center—for automotive technician, building trades, culinary arts and health care--prepare graduates for employment in sectors where job opportunities are growing. In 2016, NCC successfully placed 72 percent of graduates in permanent jobs.

“NCC’s Workforce Development Center is one of the area’s best kept secrets. We offer quality

employment and training services in fields that are in demand,” Director Rodney Brutton said.

Six students who are currently enrolled at New Community Workforce Development Center recently shared why they decided to enroll in the vocational training. All programs include classroom lectures as well as hands-on lessons, whether in the automotive or building shop, kitchen or healthcare lab. Each person’s story is different and shows how the programs can serve a range of individuals, regardless of age, education level or past work experience.

Certified Medical Assistant

Classmates Debiane Cole and Irene Ingram appear to represent opposite ends of the spectrum for job seekers, but both women have found the training they sought in the Certified Medical

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Mayor Baraka Discusses Public Safety At Town Hall Hosted At NCC



Newark Mayor Ras Baraka, at podium, addressed residents at a town hall focusing on public safety held at New Community’s Neighborhood Center on Hayes Street.

Newark Mayor Ras Baraka said that residents have a key role to play in helping make the city safer.

“There’s still too much violence,” the mayor

acknowledged during a town hall on public safety held at New Community’s Neighborhood Center on Hayes Street, nearby where many families reside in NCC’s low- and mid-rise housing.

However, Baraka urged residents to proactively engage with police officers patrolling their blocks, by introducing themselves and their family, building trust and promoting communication.

During the town hall, which was attended by about 90 people, Vivian Pounder, assistant property manager for New Community Gardens Senior and family units, noted that many residents are scared to contact police for fear of retribution from perpetrators. Pounder brought a stack of index cards where residents had anonymously written down their concerns regarding public

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Trump And The Media

Editorial By
Monsignor William J. Linder

President Donald Trump is back at his old antics.

Roughly after a month on the job, the President held a campaign-style rally because he said he wanted to speak directly to the people with his unfiltered message. Two days earlier, President Trump held a press conference at the White House where he stood up and painted the American news media as being “out of control.”

Let’s be clear on this point. The news media is the one that’s acting “out of control”?

During the campaign, then candidate Trump spouted off incendiary comments and sparred with the media, which were two guaranteed ways to garner lots of coverage. Remember, for this former reality television show host, any coverage is good coverage.

That is except if you’re talking about damaging internal leaks.

President Trump railed against the intelligence community for leaking information that ultimately caused Gen. Michael Flynn to get the boot as national security advisor, and similarly harangued the news media for reporting on the details released.

High level leaks are a gravely serious issue and should be dealt with. Even more so is the fact that the president appears to be at war with his own government’s intelligence-gathering agencies by labeling their actions as criminal and illegal. But I am also disturbed by the fact that President Trump sat for two weeks on information that raised concerns of whether Flynn had in fact lied. Action forcing Flynn to resign only came after the leaks became public knowledge and were reported by the media.

President Trump certainly threw Vice President Pence out in the cold, when Pence had to read for himself in news reports that Flynn had misled him regarding communications with Russia’s ambassador.

The firing of Flynn and the intelligence leaks that prompted his sudden departure further highlight a disturbing theme that has become deeply woven into the Trump administration’s narrative: its relationship with Russia.

And that’s the rub. The sound and fury generated by the Trump administration thus far, by rabidly attacking media outlets, has only served as a distraction from much more serious issues at hand.

What Flynn said to the Russian ambassador is still under investigation by the House Intelligence Committee.

The New Community Clarion

The New Community Clarion is published as a community service. The editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the view of the newspaper.

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Sign-up for the e-clarion.

Visit www.newcommunity.org



OUR MISSION

To help residents of inner cities improve the quality of their lives to reflect individual, God-given dignity and personal achievement. New Community is recognized as:

- The largest and most comprehensive community development organization in the United States
- A large-scale deliverer of comprehensive programs and services
- A leader in affordable housing and economic development
- A model among non-profit, social entrepreneurship, and CDC communities
- Having beneficial partnerships on the local, national, and global level.

*Spring
Festival Is
Coming Up
Saturday,
April 22, 2017!*

Correction

In the February issue of the Clarion, the "Senior Spotlight" column on resident Lillie Rivers incorrectly stated how long Rivers has been a resident at New Community Commons Senior. Rivers has lived at Commons Senior since 1997.

See more photos on:  [facebook.com/newcommunitycorporation](https://www.facebook.com/newcommunitycorporation)

Around the Network

Looking Rosy: Residents Of Orange Senior Get Crafty



Senior residents from New Community Orange Senior celebrated Heart Health month in February by creating a decorative ornament made of flower petals. The craft activity, which was sponsored by WellCare, used materials including fabric flower petals, ribbons, heart decals and foam floral blocks. Above left: Leticia Cueto-Borsani, marketing outreach specialist at WellCare, displays an example of the craft. The Department of Health and Social Services organized the activity.



Students In Patient Care Technician Classes Practice New Skills



The Patient Care Technician training program at New Community Workforce Development Center is in full swing. On a recent Thursday afternoon, students practiced a bed transfer, which is used to move a patient lying down in a bed to an upright position in a wheelchair. The students received guidance from Instructor Tejumade Falae. The Patient Care Technician course prepares students to work under the direction of a supervising nurse and administer direct patient care. Upon successful completion of this course, which takes approximately three to five months to finish, graduates will be prepared to take the national certification exam. For more information, call Workforce at 973-824-6484 or visit 274 South Orange Ave. in Newark.

Free Income Tax Prep At NCC



A file photo of a volunteer tax preparer assisting a resident with filing her income tax.

Don't wait until the last minute! Free income tax preparation services are available to qualified residents at New Community Family Resource Success Center located at 274 South Orange Ave. in Newark. The free tax prep is offered through the Volunteer Income Tax Assistance (VITA) Program. Residents can schedule appointments on Tuesdays from 10 a.m. to 2 p.m. or Wednesdays from 4 p.m. to 8 p.m. The services are available now until April 15, but don't wait until it's too late! **By appointment only. Please call 973-565-9500.**

Employee Of The Month: Alicia Adams



Alicia Adams has worked as an intense case manager at SAIF since October of 2013.

Alicia Adams has a passion to advocate for others.

As an intensive case manager for Supportive Assistance to Individuals and Families, otherwise known as SAIF, Adams works with adults who have reached their 60-month limit on welfare and helps them transition to self-sufficiency.

“Anything we can do to make their lives easier so that they can become self-sufficient and no longer need public assistance,” said Adams, who has worked at SAIF since October of 2013.

SAIF Director Jackie Andrews described Adams as a “resourceful” and “creative” employee. She credited Adams with securing a brand new clothing rack that was donated to the SAIF program. The clothing rack helps organize clothing and coats Adams solicits for the SAIF-run boutique, which helps outfit clients for job interviews. Adams has assisted with securing toys for her clients during the holiday months by soliciting donations from other organizations such as Toys for Tots and the Sigma Community Enrichment Initiative as well as the community.

Each month, Adams works with SAIF participants to help them reach their employment goals. She meets with each person individually and also schedules a phone call to check in on their progress towards their goals. Occasionally, she will make home visits as well. “I try and hold people accountable for their own success,” Adams said.

Because SAIF is a 24-month, referral-based program funded by the New Jersey Department of Human Services Division of Family Development, Adams focuses on making sure that participants secure a job before exhausting their cash benefits. When a SAIF participant calls Adams with good news about getting a job offer, they both get to celebrate. “Those are the best calls I get,” Adams said.

An Ohio native, Adams attended college in Louisiana and moved to New Jersey in 2012. She graduated from Grambling State University with a bachelor’s degree in social work.

She initially planned to study education but switched her major as a sophomore after her mother got sick. While at the hospital by her mother’s side, Adams said she witnessed how the hospital’s social worker played a crucial role in caring for her mother when other staff seemingly ignored her calls for a nurse. That’s when Adams realized what she wanted to do: “I need to be the voice for people who cannot advocate for themselves,” she said.

In her free time, Adams enjoys crocheting, crafting and cooking.

Monsignor’s Book Garner Media Coverage



The life of an author is a busy one: Monsignor William J. Linder has been promoting his recently released memoir titled, “Out of the Ashes Came Hope,” via a variety of media. Recently, Monsignor Linder shot a video interview with filmmaker Brandon Taylor. The interview was shot inside the Martin Luther King Jr. room at St. Joseph Plaza, a fitting backdrop for the video which focused on Monsignor Linder’s backstory and his inspiration for founding New Community in 1968 during a time of political, racial and social turmoil in Newark. Additionally, Monsignor Linder recorded a radio interview with Indie Book Publishing, which first aired on February 5 and is available online at <http://toginet.com/shows/indiebookpublishing>. To purchase a copy of “Out of the Ashes Came Hope,” contact Patricia Washington at 973-497-4400 or visit Amazon.



New Community Corporation

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233 West Market St. Newark, NJ 07103
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MARCH 3RD

DWIGHT WEST & FRIENDS – “BIRTHDAY CELEBRATION”

MARCH 10TH

CARRIE JACKSON – “CELEBRATION OF WOMEN IN JAZZ”

MARCH 17TH

SHADIYAH – “WOMAN OF SONG CLASSIC R&B”

MARCH 24TH

IFE BASIM (JOY FOSTER) – “PROTECT OUR PEACE-WOMEN’S JAZZ JAM”

MARCH 31ST

PRISTINE RAEIGN – “JAZZ, BLUES, COUNTRY WESTERN & FUNK”



Our Mission: To help residents of inner cities improve the quality of their lives to reflect individual God-given dignity and personal achievement.

Vocational Training At NCC Prepares Job Seekers For In-Demand Careers

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Sashariel Hung, 27, is a student in the Automotive Technician Training program.



Shaneequa Sprinkler, 20, is in the Culinary Arts Specialist Training program.



Tysheinna Coleman, 22, is a student in the Patient Care Technician program.

Assistant program. Ingram, 60, was laid off from her prior job as a proxy solicitor. With four children in college, she wanted to learn a new skill and carefully studied the options out there for career technical education. “This school has a lot to offer. You just have to be willing to step in and be part of it,” Ingram said.

For Cole, 31, a quick Internet search led her to NCC. Formerly a legal assistant, Cole aspired to become an attorney but found that she had moral qualms with the field of work.

She already had training as a phlebotomy technician but has now expanded her skills as a CMA to operating a doctor’s office, fielding visits from pharmaceutical representatives and taking calls.

“I need this. I want to learn,” Cole said.

Building Trades

A year ago, Yusto Awich was laid off as a biology teacher. He had taught middle and high school students for nine years in New York City Public Schools. He picked up a job in property management where he became interested in building trades.

“You feel fulfilled after you see you’ve done something,” Awich said while taking a short break from framing a closet. “It should be rewarding.”

Awich, 60, had already worked in various jobs, including at a gas station, convenience store, restaurant, as an anesthesia technician and lab research associate.

“I’ve always had the thought of being in construction,” he said, which was what brought him to NCC. Now he’s learning the basics of carpentry, electricity, plumbing and HVAC in the Building Trades program.

Automotive Technician

Although Sashariel Hung was initially interested in construction, he got plugged into the Automotive Technician Training program. However, he still has plans to learn building trades.

Hung, 27, was laid off from his previous job but with some car know-how, he began buying and selling cars to make ends meet. He began handling repairs, such as replacing alternators. “I love problem solving,” Hung said, adding, “You do a lot of that in this field.”

NCC’s program, which provides 31-industry

recognized credentials and is backed by Ford Motor Company, is equipping Hung with the skills he needs to successfully run a dealership, which is one of his goals. He also plans to return to the Building Trades program, so that he can pursue his other dream of getting into the residential real estate market.

Culinary Arts

Shaneequa Sprinkler is studying to take the ServSafe exam in March. Passing the test and receiving her certification will bring Sprinkler, 20, another step farther in her culinary journey. The eldest of seven siblings, Sprinkler said she took the role of cooking for her brothers and sisters early on. She initially thought she wanted to become a lawyer but found that cooking was her true passion.

“I like to come up with my own recipes, put things together and see how they go,” she said. In the Culinary Arts Specialist program, Sprinkler said she has learned about safe food storage, sanitation, recipes, developing a menu and customer service.

“I get to learn different things every day,” she said. Sprinkler’s next step after completing the program is to work as a caterer, earn her bachelor’s degree in culinary arts and business management, and one day become an executive chef.

Patient Care Technician

Tysheinna Coleman aspires to become a registered nurse in the future, so her first step in that direction is completing the Patient Care Technician program at NCC. Coleman said she pursued training as a bartender and in CPR before settling on becoming a PCT, which has opened her eyes to many possibilities.

“I can do a lot in the healthcare field,” Coleman, 22, said. The PCT program has taught Coleman about key aspects of healthcare that she was not aware of previously, such as patient’s rights, rights of healthcare professionals, issues of abuse, safety and insurance.

She learned of the Workforce Development Center’s training through her sister. Now, Coleman said her aunt is interested in training as a Certified Medical Assistant and earning her GED.

“This is something I need to do to better myself,”

For more information or to apply, visit Workforce at 274 South Orange Ave. in Newark or call 973-824-6484.



**OUT OF THE ASHES
CAME HOPE**

NCC To Kick Off 50th Anniversary March 30

New Community Corporation will be kicking off its 50th anniversary on March 30, 2017, with a celebration taking place at St. Joseph Plaza, 233 West Market St. in Newark.

During the 11 a.m. ceremony, individuals whose lives have been positively impacted by New Community services and programs will share personal testimonials, students from Community Hills Early Learning Center will give a musical performance and 50 individuals with candles will come together to form a living birthday cake.

It has been 50 years since the rebellion of 1967 tore through Newark’s Central Ward and laid bare the pressing needs in the city. In 1968, New Community was born from disorder, poverty and despair—a dramatic story that’s captured in Founder Monsignor William J. Linder’s memoir, “Out of the Ashes Came Hope.”

This year, we will celebrate that story of hope and honor the many individuals who have helped us to reach this golden year milestone.

Also, save the date for the 50th anniversary gala on March 10, 2018, at the Hilton Meadowlands.

Our Mission ~ To help residents of inner cities improve the quality of their lives to reflect individual, God-given dignity and personal achievement.

Celebrating Black History At Orange Senior



Seniors at New Community Orange Senior kicked off their Black History Program by rising to sing, "Lift Every Voice and Sing."



Residents shared their personal reflections on the contribution of black Americans during the annual program, which was sponsored by the Orange Senior Tenant Association.



An Orange Senior resident read a biography on former First Lady Michelle Obama that highlighted her accomplishments as an attorney, executive director for the Chicago office of Public Allies and associate dean of student services at the University of Chicago.



Professor Louise Layton of Essex County College, standing center, shared remarks during the program.



A performance by praise dancers provided entertainment for the afternoon. Photo courtesy of Donnette Burrowes-Williams.



Afterwards, residents enjoyed refreshments prepared by the tenant association. Photo courtesy of Donnette Burrowes-Williams.

Come Right In: Resource Center Open House Welcomes Residents To New Location



Director Joann Williams-Swiney, center, walked guests through the new Family Resource Success Center.



Visitors enjoyed refreshments and learned about the Resource Center as well as other services located in the same building.



Visitors from outside agencies as well as NCC staff dropped by the Open House.

New Community's one-stop resource center rolled out the welcome mat for visitors recently during its Open House, which formally announced the Center's new location.

Staff and volunteers of the Family Resource Success Center, now located at 274 South Orange Ave. in Newark, offered guests with a look at the new Center, tour of NCC departments housed in the same building and a meet and greet over refreshments.

"The location is much more desirable," said Amelia Gamble, who attended the Open House.

The Center serves as an information and resource hub that connects individuals in need with referrals to services and programs within New Community's vast network of resources—which ranges from

affordable housing to early childhood education and social services—as well as to outside agencies.

The relocation puts the Center next to the Workforce Development Center, Financial Opportunity Center, Federal Credit Union, Family Service Bureau of Newark and SAIF (Supportive Assistance for Individuals and Families).

"That's the beauty of our move," said the Center's Director Joann Williams-Swiney. "We're under one roof now," she said.

Gamble, a former NCC employee who walked through the new location for the first time, said the new site was more modern and bright. "It's conducive to a good atmosphere for the clients," she added.



Director Joann Williams-Swiney, left, and Financial Coach Victor Silva, second from left, encouraged visitors to use both the Resource Center and Financial Opportunity Center.

Social Security News

You, Women's History And The Power Of Social Security

By Ammy Plummer

Social Security District Manager
Springfield Avenue, Newark NJ

March is Women's History Month — a time to focus not just on the past, but on the challenges women continue to face. Nearly 60 percent of the people receiving Social Security benefits are women, and in the 21st century, more women work, pay Social Security taxes, and earn credit toward monthly retirement income than at any other time in our nation's history. Knowing this, you can be the author of your own rich and independent history, with a little preparation.

Social Security has served a vital role in the lives of women for over 80 years. With longer life expectancies than men, women tend to live more years in retirement and have a greater chance of exhausting other sources of income. With the national average life expectancy for women in the United States rising, many women will have decades to enjoy retirement.

According to the U.S. Census Bureau, a female born today can expect to live more than 80 years. As a result, experts generally agree that if women want to ensure that their retirement years are comfortable, they need to plan early and wisely.

You can start with a visit to Social Security's Retirement Estimator. It gives you a personalized estimate of your retirement benefits. Plug in different retirement ages and projected earnings to get an idea of how such things might change your future benefit amounts. You can use this valuable tool at www.socialsecurity.gov/estimator.

You should also visit Social Security's financial planning website at www.socialsecurity.gov/planners. It provides detailed information about how marriage, widowhood, divorce, self-employment, government service, and other life or career events can affect your Social Security.

Your benefits are based on your earnings, so you should create your personal my Social Security account to verify that your earnings were reported correctly. Your account also can provide estimates of your future retirement, disability, and survivors benefits.

If you want more information about how Social Security supports women through life's journey, Social Security has a booklet that you may find useful. It's called Social Security: What Every Woman Should Know. You can find it online at www.socialsecurity.gov/pubs/10127.html.

SENIOR SPOTLIGHT: Norman McAllister



Norman McAllister's megawatt smile is even more remarkable once you hear his personal story.

Norman McAllister has got the gift up uplift.

That's according to Care Coordinator Lourdes Fuentes at New Community Associates, where McAllister has been a resident since 2004.

"It doesn't matter what kind of day he's been having or had, he's always smiling. His demeanor is always cool and calm, very laid back," Fuentes said.

Sixty-two-year-old McAllister is quick to flash his signature grin, but there's a lot more depth to his personality than just a quick smile. "I'm always smiling. Always. Even if I'm hurting," he said.

With a potential major surgery pending, McAllister moves a bit slower now than he did back in the day, when he was known to help put up holiday trimmings around the building and lend a hand to neighbors that needed assistance installing home electronics or appliances.

"When I first came over, I did anything and everything for the seniors," McAllister said.

Born and raised in Durham, N.C., McAllister said he learned at age 13 that he was adopted. The

stunning revelation was further complicated when he discovered that the local church that his family attended was pastored by his biological grandfather and grandmother. In spite of being nurtured by a caring military family, McAllister said that he began acting out and getting into trouble.

"I was mad, had resentment," McAllister admitted. When he turned 15, McAllister said his older sister signed him up for the military. She had forged their mother's signature on the documents, according to McAllister.

He served in the Army and then returned to North Carolina for a brief stint before joining the Navy.

After serving in the Navy, McAllister moved to New Jersey, where his biological mother lived, and focused on building a relationships with her.

"As I got older, I understand what she went through," he said.

For 15 years, McAllister worked as a truck driver for Continental, shuttling up and down the east coast. He then went to a trade school and learned how to be an electrician. "It caught my eye and I always wanted to learn something," he said.

But in the 1970s, McAllister fell into drugs and saw his life spiral downward.

He was admitted to East Orange General Hospital for drug rehabilitation in 1976 and spent two years in outpatient care. He felt that he had reached rock bottom.

"Who was I? What am I here for?" he remembered thinking.

McAllister said he got clean in 1986 and began sharing his personal story at schools, as a one-man, anti-drug campaign.

"It seemed like I was doing it for a purpose," he said. "Never saw so many tears in my life. I hope it worked," he added.

vna Health Group
Visiting Nurse Association Health & Hospice

Wellness Tip
March 2017



Brain Injury Prevention

A Traumatic Brain Injury (TBI) occurs when a blow to the head or penetrating head injury disrupts normal brain function. TBIs are most commonly the result of an automobile accident, fall, sports injury or violent behavior. TBIs can happen to anyone. However, kids, teens and the elderly are the most at risk. Always be aware and use the below tips to prevent TBI.

Kids & Teens

Wear Helmets when playing contact sports, riding a bike, scooter, skateboard, or horseback riding.

Install window guards and safety gates to keep small children from falling from great heights.

Elderly

Remove tripping hazards like throw rugs and clutter. Keep non-slip mats in the bathroom and kitchen.

Install grab bars near toilet and shower. Install hand rails on both sides of stairways.

Improve lighting throughout the home to ensure walkways are well lit.

Driving

Wear a seatbelt every time you drive or ride in an automobile.

Never drive while under the influence of drugs or alcohol.

Wear a helmet when riding on a motorcycle or open cab motorized vehicle.

Pay attention at all times and obey traffic laws.

For more information about VNA Health Group services & programs, please call 800.862.3330 or visit www.vnahg.org

BAKED FROM THE HEART: SWEET TREATS TO FULFILL YOUR SWEET TOOTH



Culinary Arts Specialist student Shaneequa Sprinkler created cake pops for the Valentine's Day bake sale, which offered an array of sweet treats.



From left: Kyonna Brown, Catherine Moore, Angela Hayes and Pamela White.



Joy Moore, standing left, is a culinary student along with her daughter, Tana, who is seen holding Malaysia, her daughter. The mother and daughter duo baked fondant cakes.

A Well Balanced Life Includes Avoiding Falls



common and predictable, and not a natural part of the aging process. In order to prevent falls, seniors should exercise to increase strength and balance and modify their living space to reduce the risk of falls. The program is a 16-hour lesson plan divided into eight two-hour presentations. Upon completion, residents will receive a certificate for training.

The presentation was organized by New Community Health and Social Services. *Photos courtesy of Donnette Burrowes-Williams.*



The Culinary Arts Specialist Program includes lessons on food preparation, developing recipes, food safety and sanitation. For information, call Workforce at 973-824-6484.



English Learner At NCC Wants To Pursue Culinary Dream



Vicente Beltran is pursuing his dream of launching his own Spanish restaurant by first building his English language skills.

Beltran has displayed an “exceptionally good” grasp of English proficiency despite his limited time in the U.S. He noted that Beltran exhibits both “maturity and dedication in his studies.”

“His work ethic--and affable personality--will make him a valuable asset in the career of his choice,” Forte said. Beltran said that Forte has helped expand his vocabulary, specifically through exercises such as completing sentence with fill in the blanks.

For Beltran, his dream is to attend the International Culinary Institute in New York and brushing up on his English will help him to reach his goal.

“I want to open my own restaurant,” Beltran said.

Beltran worked in the food industry as a baker in his hometown of Loja, Ecuador, according to Forte. As a young man, Beltran relocated to Spain with a plan to pursue his studies but ended up instead working, having a family and living there for 20 years, Beltran said.

He wants to channel his love of Spanish cuisine into starting his own restaurant, where Beltran dreams of serving up meat stews, classic rice dishes and favorites like paella.

Beltran credited Forte with helping him build his conversation skills through the ESOL class.

“The classes are very good,” he said.

The City of Newark Department of Health and Community Wellness recently gave a health presentation to residents of New Community Gardens Senior.

The representatives from the city gave a presentation titled, “Fear of Falling: A Matter of Balance,” and provided seniors and disabled adults at Gardens Senior with a program designed to reduce the fear of falling and increase the activity level of older adults who have concerns about their falls.

The presentation encouraged seniors to view falls and the fear of falling as controllable,

Don't let Vicente Paul Alvear Beltran's soft-spoken approach fool you into thinking he's a beginner English learner. He is articulate and his sentences flow naturally.

That's a remarkable thing, considering that Beltran came to the United States some months ago from Spain, where he lived with his family in the southeastern city of Murcia.

Beltran began taking English for Speakers of Other Languages at New Community Adult Learning Center in October of 2016. He plans to take another ESOL class in April and continue working on his speaking skills by participating in the conversation class, he said.

Anthony Forte, the ESOL instructor, said that



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A Healthier Heart Leads to a Longer, Happier Life.

'The Budgetnista': Let's Talk Practical Money Tips



Tiffany Aliche, aka The Budgetnista, shared her personal story of getting laid off and climbing out of debt.

Tiffany "The Budgetnista" Aliche wasted no time getting down to brass tacks as far as money advice: open two separate checking accounts (one for your bills and another for spending), always pay off your credit card in full each month and don't co-sign for anyone.

Those were just a few gems of advice that Aliche, a Newark native who has gained fame as The Budgetnista, shared at a recent Financial Empowerment Day held at New Community headquarters at St. Joseph Plaza in Newark.

Eunice Mercedes, one of the more than 100 attendees at the financial workshop, said she has followed The Budgetnista's budget tips for years and reaped the benefits. Mercedes was desperate for help when she first learned of The Budgetnista's book, "The One Week Budget," where she learned how to manage her money and ended up paying off six credit cards and catching up on three months of rent. It wasn't an easy road, she noted.

"That's the thing, spending less...being able to say no," Mercedes said.

The Financial Empowerment Day was sponsored by the United Way of Essex and West Hudson, Urban League of Essex County, New Community, Greater Newark LISC and the Live Richer Challenge.



The Budgetnista's presentation focused on audience questions, which ranged from handling evictions on your credit report to setting up a financial model for running a business.



Joann Williams-Swiney, left, director of the New Community Family Resource Success Center, and Financial Coach Victor Silva promoted services such as free income tax preparation available at NCC.

Happy Lunar New Year From Hudson Senior!



Residents at New Community Hudson Senior recently gathered to celebrate Lunar New Year, which was on January 28. This year is the year of the rooster, which represents people who are hardworking, resourceful and courageous, according to Chinese zodiac traits. Photo courtesy of Health and Social Services.

of institutional housekeeping experience, preferably in a healthcare setting.

Licensed Practical Nurse - Per Diem

Provide direct nursing care to residents and supervise the day-to-day nursing activities performed by nursing assistants. Geriatric experience preferred, one to two years in a healthcare setting.

Maintenance Worker - Full Time

To ensure that the appearance of the property is maintained, troubleshoot, install and repair the building. Buildings include, but are not limited to; grounds, boilers, steam and hot water.

Registered Nurse On Call - Full Time

Provides direct care and supervision of all nursing services to ensure that each resident's needs are being met.

Registered Nurse Unit Manager - Full Time

Responsible for organizing, directing and supervising the daily functioning of the resident care unit as directed by the administrator and director of nursing.

Security Officer - Full Time

Responsibilities include maintaining a safe and secure environment for clients, residents, visitors, employees and surrounding public by patrolling and monitoring premises. The security officer will report to the Director or superior officer.

Superintendent - Full Time

Performs daily janitorial and maintenance services in assigned building(s). Complete work-orders as assigned by property manager and/or designated supervisor. Troubleshoots, repairs or replaces HVAC/Heating equipment controls; installs, repairs, and replaces all plumbing fixtures, piping and systems.

Teacher (ABBOTT) Substitute - Per Diem

Work within the structure of NCC and Newark Public Schools to carry out functions, policies and practices as established by the governing boards. Maintains supportive and consistent team teaching between self and teacher assistant.

New Community Is Hiring: Open Positions

New Community is hiring for the following open positions. To apply online, please visit <https://newcommunity.submit4jobs.com>. Due to the volume of applications, NCC will only contact candidates of interest. NCC is an equal opportunity employer. For more details on the requirements of each position, visit <https://newcommunity.submit4jobs.com>.

Accountant - Full Time

Responsibilities include working with designated group(s) to help establish and maintain an accurate financial record of revenue and expenditures.

Activity Assistant - Full Time

The Activity Assistant (AA) will be working in a Long Term Care/Sub Acute Facility. In this role the AA will be responsible for implementation and evaluation of therapeutic recreation services including but not limited to empowerment, maintenance, and supportive activities.

After School Program Counselor - Part Time

Assists students individually or in groups with homework assignments. Use positive discipline techniques when addressing children. Support children's emotional and social development, encouraging understanding of others and promoting positive self-esteem.

Certified Nursing Assistant - Full Time

Assists residents with eating, toileting, bathing, grooming, transferring and dressing/undressing, knowledgeable of resident's care plan and needed interventions, function under the direction of the Licensed Practical Nurse.

Dietary Aide - Full Time

Responsible for handling food in accordance with sanitary regulations, serving only food specified by diet lists, meeting meal schedules, and cleaning schedules, serving food at proper temperature and following direction carefully.

Director Of Early Learning Center - Full Time

Responsibilities include overseeing the development, organization, implementation, coordination and evaluation of NCC's 12-month early childhood and preschool instructional programs in accordance with Abbott decision.

Job Developer - Full Time

Establish and maintain activities to develop and secure job search and job placements for graduates within the program, match individual's qualification such as background, skills and interest with job, refer qualified graduates to employers.

Laundry Aide - Full Time

Provide housekeeping and laundry activities throughout a long-term nursing facility. Two years

Family Service Bureau

Family Crisis Intervention Unit

One of the programs offered at the Family Service Bureau of Newark is the Family Crisis Intervention Unit program. The Family Crisis Intervention Unit (FCIU) handles cases in which the behavior of a juvenile under the age of 18, their parent, guardian, or other family member constitutes a behavioral issue, a threat, or conflict with that juvenile. Examples of some cases have involved parent/child conflict, conflict within the home setting, mental health or behavioral issues, as well as patterns of unauthorized absences from school.

FCIU services consist of eight counseling sessions, including the initial assessment, which is free of cost to the youth and their family. The goal during this time is to help the individual and/or family gain insight into their behavior through skill-building and reinforcement of positive behaviors both in and out of counseling.

Teen dating violence and prevention is also an important topic and the Family Service Bureau aims to inform juveniles about the importance of engaging in healthy relationships. According to the Center for Disease Control and Prevention, dating violence can have a negative effect on health throughout life. Victims of teen dating violence are more likely to experience symptoms of depression and anxiety. They might also engage in unhealthy behaviors, such as using tobacco, drugs and alcohol. Teens

who are victims in high school are at higher risk for victimization during college.

Currently, the Family Service Bureau is engaged with 12 Newark Public Schools located in all four wards—Central, West, North and East—to provide in-school counseling or, if they prefer, individual sessions in the office. Services within the schools differ from individual counseling to groups with youth that may be dealing with similar behavioral or mental health issues.

As the 2016-2017 school year progresses, each learning facility has begun to tailor our counseling services to the needs and demands of its students. We are currently in the process of working with a school that would like to engage their athletic teams in anger management and team skill building groups. We continuously encourage each school to think outside the box with different ways in which the NPS and Family Service Bureau can assist the youth of Newark together.

In 2016, FCIU helped more than 200 youth/families in the city of Newark through brief crisis counseling and we only expect that number to grow in 2017. If you are seeking mental health services for a youth who may be in need, please do not hesitate to contact Family Service Bureau of Newark for more information at 973-412-2056.

Wear Red Day: Raising Heart Disease Awareness



Residents and staff celebrated National Wear Red Day at New Community Commons Senior to learn about heart disease prevention.



Care Coordinator Sister Theresia Hhayuma, left, and a resident enjoy the lunch, which was provided by Alston's Catering Service.



The exercise session was then followed by lunch.



Organized by the Department of Health and Social Services, Wear Red Day featured chair exercises that promoted low-impact aerobic activity.



From left: Cynthia Sears, a resident of New Community Manor Senior; Muobo Enahwo, assistant director of Property Management, and Leonard McDaniel, activity coordinator.



Lillie Rivers, left, a resident at New Community Commons Senior, adds dressing to her salad.



Margaret Cammarieri, regional vice president of Multicultural Initiatives and Health Equity at the American Heart Association, spoke on healthy eating habits and also demonstrated how to do hands-only CPR and the Heimlich maneuver.



Wear Red Day, which was held on Valentine's Day, kicked off Check.Change. Control Newark Healthy Living Initiative, which is sponsored by the Healthcare Foundation of New Jersey.

St. Michael's Medical Center Recruits NCC Students



John Regina, standing, director of Human Resources at St. Michael's Medical Center, spoke with students at New Community Workforce Development Center recently about employment opportunities available at the Newark hospital. Students in attendance are enrolled in the Patient Care Technician and Certified Medical Assistant programs at the Workforce Development Center.

Photos courtesy of Rodney Brutton.



New Community Adult Learning Center

563 Orange Street, Newark, New Jersey 07107

(973) 558-5536

www.newcommunity.org/services/adult-learning-center/

Available Courses

English for Speakers of Other Languages

Mondays through Thursdays:
10 AM to 12 PM or 6 PM to 8 PM

Citizenship

Saturdays:
9 AM to 12 PM

Computers – Basic & Intermediate Levels

Saturdays: 9 AM to 12 PM or 12 PM to 3 PM

ABE, Pre-GED, & GED (English only)

Mondays through Thursdays:
9:30 AM to 1:30 PM or 5:30 PM to 8 PM

Free Services

Health Screenings

Physicals, Mammograms, Cholesterol, Nutrition, etc.

Open Community

Free workshops conducted by private institutions and/or volunteers for the general public

Other Services

- Community organizing
- Community rooms
- Social services referrals

Cursos Disponibles

Inglés para Hablantes de otras Idiomas

Lunes a jueves:
10 AM a 12 PM o 6 PM a 8 PM

Ciudadanía

Sábados:
9 AM a 12 PM

Computadora – Nivel Básico e Intermedio

Sábados: 9 AM a 12 PM o 12 PM a 3 PM

ABE, Pre-GED, & GED (Ingles solamente)

Lunes a jueves:
9:30 AM a 1:30 PM o 5:30 PM a 8 PM

Servicios Gratuitos

Exámenes Médicos Gratuitos

Físicos, Mamografías, Colesterol, Nutrición, etc.

Comunidad Abierta

Talleres gratuitos conducidos por instituciones privadas y/o voluntarios para el publico en general

Otros servicios

- Organización de la comunidad
- Sala de reuniones
- Referidos a servicios sociales

*Weekdays and Saturdays courses are 9, 10, and 21 weeks long depending on the selected course.

Reality Check

By Lesley Leslie



Back in the day, if a presidential candidate won the election and actually made good on his campaign promises, he would have been overwhelmingly praised for keeping his word to the people.

With less than 100 days into the Trump administration, there are many Americans that are horrified by President Trump’s efforts to follow through on those things he said he would do, if elected. Let’s face it, there has been a major shift in the reality of what once was.

America is a country that is divided and recent policy changes only serve to create a greater gulf. The United States, often referred to as a

great “melting pot,” appears to be headed in a direction that would no longer strive to include the variety of ingredients necessary to prepare a great meal.

America’s people, those native to this land as well as those that may have been foreign-born, are the spice that adds flavor to an otherwise bland, ordinary dish.

The melting pot has contained immigrants from many nations who traveled to this country in search of the opportunity to live a life that so many can only dream of. Have we arrived at a point in our history where we will no longer welcome “your tired, your poor or your huddled masses yearning to breathe free?”

Say it ain’t so! Come on, America. We made a promise, we made a pledge: liberty and justice for all.

Mayor Baraka Focuses On Public Safety At Town Hall

Continued from page 1



New Community CEO Richard Rohrman, at podium, introduced Mayor Ras Baraka. Founder Monsignor William J. Linder also attended the town hall.

safety.

“I know there’s a lot of fear,” said Deputy Chief Arthur Jorge, one of the city officials who accompanied Baraka. He provided attendees with his cell phone number and said they should personally call him with any law enforcement issues.

The town hall was wide-ranging in the topics brought up by residents, from reentry services and traffic issues around New Horizons Charter School to rodent control. Richard Rohrman, CEO of New Community, fielded some responses during the evening. In addition to Rohrman, New Community’s founder, Monsignor William J. Linder, and several senior staff were in attendance.

“We heard what you said and we’re going to be working on it,” Rohrman said.

“It was a very useful and productive session where NCC residents got to exchange their concerns with both the mayor and Newark police representatives. New Community looks forward to following up on the issues that were raised,” added Richard Cammarieri, director of special projects.

Dorothy Artis, care coordinator, asked the mayor what the city was doing to pave streets pocked with potholes. Baraka noted that there is a list of streets that will be addressed by both city crews and PSE&G.

Baraka sought to highlight the positive impact his administration has had on pressing issues in Newark. He said that more than 150 formerly incarcerated individuals have received job placement through the city’s reentry office and that the number of teens placed in the Summer Youth Employment Program grew to roughly 2,700 in 2016.

Baraka said that he will be unveiling more plans for improving the city in his upcoming annual State of the City address.

“Newark is changing very rapidly,” Baraka said. “It’s not the same place it was two years ago.”

The New Community Clarion
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Newark, NJ 07103
www.newcommunity.org

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Spring Festival To Benefit Scholarship Fund



Spring Festival will be held at St. Joseph Plaza on April 22. Mulu Gebreyesus, left, New Community Federal Credit Union manager, and Sister Maurice Okoroji, director of Harmony House Early Learning Center, sell raffle tickets at last year's Spring Festival.

Spring Festival is just a month away! Mark your calendar for this year's Spring Festival, which is slated for Saturday, April 22, 2017. The festivities will take place at St. Joseph Plaza at 233 West Market St. in Newark. The

beautifully refurbished former church, now the headquarters of NCC, is a fitting location for the annual event which raises money for the Monsignor William J. Linder Scholarship Fund.

The scholarship fund has provided financial assistance to local youth who are attending private, college preparatory schools in the region, with the ultimate goal of moving on to college after graduating high school.

The festival will take place from 7 p.m. to 11 p.m. and will feature a buffet dinner, dancing, deejay music, cash bar, 50/50 cash raffle and lots of prizes.

For information on placing an advertisement in the souvenir journal, email Eunice Lee at elee@newcommunity.org.

