

Volume 34 – Issue 4 ~ April 2017

Elnora Haynes: A Loving Servant Who Lived ‘A Triumphant Life’



Elnora Haynes will be remembered for her love of dancing, among other things. Haynes danced away at the annual Senior Harvest Ball in October 2014.

Elnora Haynes was a force to be reckoned with—but not in the way that most would expect. In 2016, Haynes, a longtime resident of New Community Associates, was described by

the City of Newark as “a stabilizing force in the community” at a ceremony honoring unsung heroes.

“She was truly a community activist and a public servant,” said her daughter, Ericka Haynes.

Despite having a petite frame, Haynes was a mighty pillar within NCC and the wider Newark community, where she tirelessly served fellow seniors, youth and everyone in between. A stalwart leader in local politics, Haynes made it known that she considered her post as building chaplain to be her most cherished role. Haynes died at age 82 on March 1, 2017, surrounded by her family and loved ones.

For Haynes, there was no such thing as retirement. She worked side-by-side with New Community employees and displayed boundless enthusiasm in the Department of Health and Social Services. For 19 years, Haynes worked as a social services aide. She drew up the hospital visit list, connected seniors to resources, organized events and was ready to lend a hand at a moment’s notice.

“She was the mother of the department,” Care Coordinator Alisha Chatman-Jenkins said. “She couldn’t teach me about the computer, but she taught me about humility,” Chatman-Jenkins added.

Haynes’ community activism started at New

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Support Young Scholars At Annual Spring Festival And Auction



St. Joseph Plaza, pictured above, will host this year’s Spring Festival and Auction on Saturday, April 22, 2017.

Spring Festival and Auction on Saturday, April 22, 2017, for a fun night of festivities that benefit a great cause.

Come join us from 7 p.m. to 11 p.m. at the beautiful St. Joseph Plaza at 233 West Market St. in Newark for a fun-filled evening that includes lots of prizes including the latest electronic gadgets and sleek appliances, buffet dinner, cash bar and a 50/50 cash raffle.

This year marks New Community’s celebration of 50 years of service—its golden anniversary. Celebrate with NCC staff, community partners, residents and supporters in marking this significant milestone.

Proceeds from Spring Festival support the Monsignor William J. Linder Scholarship Fund, which financially supports inner city youth so that

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Honoring Elnora Haynes

Editorial By
Monsignor William J. Linder

Elnora Haynes was truly one of a kind. It is with deep sadness that the New Community family mourns her loss. Her influence was felt far and wide.

I first met Elnora many years ago at New Community. She was a faithful member of the New Community Senior Advisory Board and her gift of leadership shined. She and the other leaders from NCC’s senior buildings brought their concerns to each month’s meeting, representing their respective senior buildings in Newark, Orange and Jersey City.

For 19 years, Elnora humbly volunteered as a social services aide at her building, New Community Associates, where she touched every single person who walked through the door. She was such a positive influence. She worked tirelessly as a voice for the most vulnerable members of our society—seniors and disabled residents—and ensured that their needs were met, whether it was material, emotional or spiritual. As a person of deep faith, Elnora received satisfaction from witnessing others being successful. It was in giving that she experienced the most joy.

In local politics, Elnora served as a district leader in a way that exemplified the very best of civic engagement and community activism. Very rarely do you have a district leader like Elnora, whose sole motivation in holding the post was to serve others and not to stroke her own ego. In a time where we see so much selfishness, Elnora was a refreshing presence.

Elnora represented what we are trying to be here at New Community. She not only challenged others, she also inspired them.

It was a privilege to have Elnora briefly stay at New Community Extended Care Facility. She took care of others and it was our turn to take care of her.

Whatever age limited, it didn’t limit Elnora’s spirit even at age 82. She passed away just two weeks before her 83rd birthday.

After the funeral service on March 8, I met with Elnora’s loved ones gathered at St. Joseph Plaza for the repast. As they embraced each other and offered words of comfort to everyone who came to honor Elnora’s legacy, you could plainly see her positive influence radiating from her family, right down to her great grandchildren. A slideshow created by her family showed photo after photo of Elnora with her grandchildren, who were obviously very close to her. She transcended age with ease.

Elnora Haynes truly represented the best of New Community. May we honor her life and legacy by “loving thy neighbor” in the way that she taught us, which was as an outpouring of her love and devotion to the Lord.

Who doesn’t love dancing? And music? And winning prizes?

New Community invites you to its Annual

The New Community Clarion

The New Community Clarion is published as a community service. The editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the view of the newspaper.

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Sign-up for the e-clarion.

Visit www.newcommunity.org



OUR MISSION

To help residents of inner cities improve the quality of their lives to reflect individual, God-given dignity and personal achievement. New Community is recognized as:

- The largest and most comprehensive community development organization in the United States
- A large-scale deliverer of comprehensive programs and services
- A leader in affordable housing and economic development
- A model among non-profit, social entrepreneurship, and CDC communities
- Having beneficial partnerships on the local, national, and global level.

CORRECTION

In the March issue of the Clarion, the article titled “Mayor Baraka Discusses Public Safety at Town Hall Hosted At NCC” incorrectly identified Vivian Pounder’s title on page 1. She is the senior property manager of New Community Manor Family.

CLARIFICATION

Also in the March Clarion, a story on page 4 announced that New Community’s 50th anniversary kickoff would take place on March 30 at St. Joseph Plaza. Since being published, the event date has been rescheduled and will now take place on April 6, 2017 (same location).

See more photos on: [facebook.com/newcommunitycorporation](https://www.facebook.com/newcommunitycorporation)

Around the Network

Lights, Camera, Action: NCC To Launch Public Access TV Show

Coming soon: New Community Workforce Development Center’s own television program on Cablevision. As part of its marketing and outreach efforts, the Workforce Development Center has started to produce its own public access program titled, “NCC: Connecting You To Resources.” NCC staff recently completed a three-day training led by Jayson Baptichon, access coordinator of New Jersey for Cablevision, at the studio at 360 Central Ave. in Newark. NCC staff will begin producing programming that will air on Public Access Channel 19 starting in April. Stay tuned for details!



Julius Malker, left, Information Technology specialist, and Rodney Brutton, director of Workforce Development, on the set of Cablevision.

NCC Hosts City Job Fair



New Community recently hosted the City of Newark’s Career Expo based in the Central Ward. Toshia LaBerth, seated left, receptionist, represented NCC’s Department of Human Resources, and Ronald Prysock, seated right, case manager at the Workforce Development Center, shared information on vocational training programs offered at NCC. Newark officials held job fairs in each of the city’s five wards in March. Both New Community’s Workforce job training programs (classes start in May) and HR departments are accepting applications on an ongoing basis. To apply, visit www.newcommunity.org.

Hudson Senior Stays Young With Zumba



Senior residents of New Community Hudson Senior recently participated in an energetic session of Zumba. The popular group exercise offers a lower-intensity aerobic workout for seniors and individuals that may have limited mobility, who have the option to exercise while seated. The Zumba class was offered by WellCare Health Plans and organized in partnership with the Department of Health and Social Services. Photo courtesy of Health and Social Services.

Reminder: Free Tax Prep Is Still Available Until Tax Day!

Tax day is April 15! You still have time to get your income taxes prepared for free at the New Community Family Resource Success Center. Qualified residents can schedule an appointment on Tuesdays from 10 a.m. to 2 p.m. or Wednesday from 4 p.m. to 8 p.m. By appointment only. Please call the Resource Center at 973-565-9500.

Employee Of The Month: Miriam Bonilla



Miriam Bonilla was promoted from assistant manager of New Community Gardens to property manager of Orange Senior last July.

Senior or simply wants to reserve the community room for a movie night, Bonilla, the new property manager, says she's inclined to give consent, whenever possible.

"I love to help people. I love to work with them," said Bonilla, who was promoted to property manager at Orange Senior in July of 2016.

Bonilla was first hired as assistant property manager of New Community Gardens in 1993, according to Director of Property Management Fonda Porter.

When the property manager at Gardens took a family leave, Bonilla demonstrated skills in running the day-to-day operations smoothly, Porter said.

"Her ambition and passion demonstrates that she is an asset to the company," Porter said.

as well as the departments of Environmental Services and Security.

"They are doing a good job. We are a team," Bonilla said.

Prior to working at NCC, Bonilla was a pre-school manager for 20 years. She said the transition to New Community and working with senior residents was an enjoyable one. "It's good to have a change," she said. A resident of Kearny, Bonilla learned of New Community's vast network of services when she passed by the Family Service Bureau of Newark's satellite office in her town. Soon after, she did an internet search to learn about NCC and applied for an open position for which she was eventually hired.

Born and raised in Quito, Ecuador, Bonilla studied architecture for two years at a local university. She moved to New Jersey at age 25, after marrying her husband and relocating to the Garden State where his family lived. They have two grown children. Bonilla also took English and management classes at Montclair State University.

In her free time Bonilla said that she enjoys exercising at the gym, including Zumba, as well as growing her garden at home, which includes, peppers, tomatoes, blueberries, raspberries and strawberries.

Miriam Bonilla loves being able to say "yes." Whether it's a resident who needs housing help at New Community Orange

As property manager, Bonilla works closely with the senior building's care coordinator, Sister Pauline Echebiri, who oversees the Health and Social Services delivered on site,

Gov. Christie Meets NCC Auto Grads On The Job



Graduates of New Community Workforce Development Center's Automotive Training Program got an unexpected visit recently from a high-profile guest: Gov. Chris Christie.

The governor met with graduates of NCC's automotive program, who have since been hired at Sansone Automall. Sansone Automall and its chief administrative officer, Richard Liebler, have been a major employer partner and supporter of NCC's automotive training program.

Graduates of the 1,200-hour, Ford-backed program earn 31 industry recognized credentials related to steering, suspension, breaks, electrical systems, heating and air conditioning and hybrid maintenance. New classes for the automotive training program begin in May. To apply or for more information about job training and employment programs at New Community, visit www.newcommunity.org, call 973-824-6484 or stop by the Workforce Development Center, 274 South Orange Ave. in Newark.

Photos courtesy of Rodney Brutton.



New Community Corporation

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APRIL 28th

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Our Mission: To help residents of inner cities improve the quality of their lives to reflect individual God-given dignity and personal achievement.

Elnora Haynes: A Loving Servant Who Lived 'A Triumphant Life'

Continued from page 1



A spirited supporter of New Community, Elnora Haynes, standing second from left, cheered from the viewing stand for the parade and festival in 2012.



A 2009 photo of Elnora Haynes as she worked as an aide in the Health and Social Services office.

Community when she lived at Gardens Family on Bruce Street while caring for her grandchildren, according to Care Coordinator Dorothy Artis, who met Haynes in 1997.

"She care about her community. She cared about the people," Artis said. "It was a passion for her."

Caring during crisis

During a visit to her mother's apartment at 180 South Orange Avenue, Ericka Haynes recalled her elderly mother rushing towards danger to help neighbors. An apartment caught fire on the eighth floor and the security officer

called Haynes to alert her that smoke was filling her floor. Instead of evacuating, Haynes donned a coat, left her daughter and granddaughter and dashed up the stairs alongside firefighters with axes in tow.

"I told my daughter, 'go with grandma,'" Erika Haynes recalled.

When Hurricane Sandy struck New Jersey in 2012, Haynes took charge in her senior building to ensure that residents had food. When Erika Haynes arrived at New Community Associates to take care of her mother, she found Haynes in the community room handing out soup and sandwiches. "I'm okay," Erika Haynes recalled her mother saying but then adding: "You don't have any lights or anything either."

Growing up

Elnora Beverly Haynes was born on March 15, 1934, in Valdosta, Ga. She spent part of her adolescent years in Florida, where she graduated from Booker T. Washington High School in Miami. She attended Knoxville College in Tennessee, after which she married Fletcher Brooks and had their first daughter, Angela. The family settled in Miami where Haynes worked as a licensed practical nurse at Jackson Memorial Hospital.

In 1964, Haynes moved to Newark, New Jersey, the city that she would come to call home for more than 50 years. It was a busy season of life for Haynes, who had two more daughters, Danielle and Jocelyn, and also worked for the Newark Public Schools.

In 1970, she married Frederick Haynes and had her fourth and youngest daughter, Erika. She worked in food service for Marriott Corporation for 10 years before transitioning into advocacy and community activism in the mid-1990s.

Passion for advocacy

Haynes wore many hats. In addition to working as a social service aide and building chaplain, she was vice president of the New

Community Senior Advisory Council, district leader of District 42 and participated in many senior-related committees around Newark.

"Her work spoke for her," Bessie Walker, aide to the mayor for senior citizens affair and a former councilwoman, said.

Dignitaries including Newark Mayor Ras Baraka, Senator Cory Booker and Congressman Donald Payne Jr. wrote letters to the family following her passing praising Haynes' life work in Newark.

"If she told you something, you knew it was going to get done," said New Community Director of Special Projects Richard Cammarieri.

Walking by faith

For Haynes, her Christian faith was woven into her everyday words and actions. She didn't need to wear a blue baseball cap with "Jesus Is My Boss" in big block letters for people to know what she believed (although she did wear it on a few occasions).

"She always had an answer for you," said Margie White, a friend of Haynes for 17 years. "It was always a lift to people," she added.

Each day, Haynes prayed for the people in her life, as well as the city, state and country, her daughter said. When someone asked her, "how are you?" Haynes would often simply reply "blessed." Her cell phone outgoing voice message was a recitation of John 3:16.

"She was a God-fearing woman. She believed in his power. She believed in prayer," Chatman-Jenkins said.

Haynes possessed a profound faith that she shared with all who cross her path—whether through prayer offered, encouragement or an act of service.

"She came to the understanding that to be a true believer of our Lord Jesus Christ meant submitting," Pastor Howard Burton said. "She lived a triumphant life," he said.

NCC Founder Meets, Greets Students



Founder Monsignor William J. Linder, right, offered words of encouragement to students in the New Community Workforce Development Center's various training programs. New students should apply now for new classes starting in May 2017. For more information, call Workforce at 973-824-6484.

Annual Spring Festival And Auction

Continued from page 1

they can attend academically rigorous, college preparatory schools. Scholarship recipients who successfully graduate from high school have achieved success at many top-tier colleges and universities across the region.

Tickets are \$25. To purchase tickets, call 973-497-4400. To reserve a table, contact Doreatha Wertz, Home Friends program supervisor, at dwertz@newcommunity.org or 973-286-5492.

Our Mission ~ To help residents of inner cities improve the quality of their lives to reflect individual, God-given dignity and personal achievement.

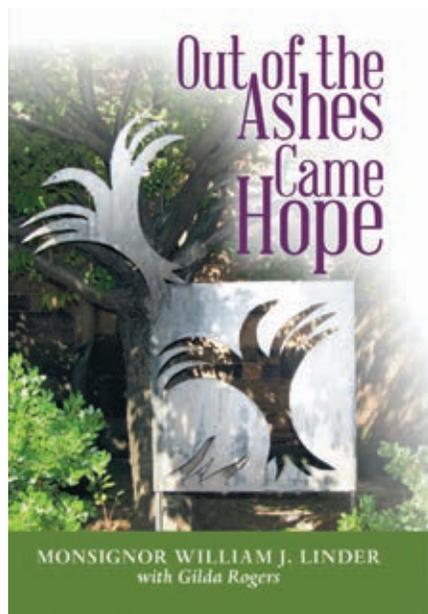
Faith In What Lies Ahead: A Look Back At 2016



A rendering of A Better Life, which New Community officially broke ground on in September.



Madge Wilson, left, board member and outreach coordinator, and Monsignor William J. Linder at his 80th birthday celebration in June.



Monsignor Linder's memoir, which was released in October.



CEO Richard Rohrman, fourth from left, at the ribbon cutting of NCC's new Financial Opportunity Center in February.

There was a lot that happened at New Community in 2016...so much, in fact, that it's worth a moment to take a look back on the progress made to help residents of inner cities improve the quality of their lives to reflect individual God-given dignity and personal achievement.

The upcoming year of 2018 marks New Community's 50th anniversary since its founding in 1968, the year following the aftermath of the Newark uprising, which devastated the city's Central Ward. New Community has never lost sight of its mission, which traces back to its earliest days. As historians often say, in order to know where we're going, we need to know where we have been. The following recaps some of the main highlights of last year:

January: Senior residents of New Community honored the legacy of the Rev. Dr. Martin Luther King Jr. by raising funds to provide New Community resident Sonnie Sorsor, a senior at Newark's Arts High, with a scholarship towards her postsecondary education at the 32nd Annual Dr. Martin Luther King Jr. Scholarship Dinner.

February: New Community officially opened a Financial Opportunity Center at 274 South Orange Ave. in Newark as part of a collaboration between NCC, Greater Newark LISC and the Urban League of Essex County. The FOC provides comprehensive services to low and moderate income families in an integrated service model approach that provides financial literacy, access to public benefits and employment services. The FOC works hand-in-hand with both NCC's Workforce Development Center and Federal Credit Union.

March: New Community Extended Care resident Edna Van Dunk was honored with ceremonial proclamations from both Mayor Ras Baraka and the city council on her 100th birthday on March 23. Students from the New Jersey Institute of Technology volunteered in the classrooms of Community Hills Early Learning Center for alternative spring break.

April: New Community Extended Care Facility earned an overall five-star rating from Medicare.gov, the highest possible score for a nursing home. The five-star rating was based on quality measures, staffing and health inspections. The New Jersey Housing and Mortgage Finance Agency held its board meeting at St. Joseph Plaza, NCC's headquarters, as part of its tour of housing and economic development in Newark.

May: New Jersey Performing Arts Center brought imagination and creativity into the classrooms at Community Hills Early Learning Center with its Early Learning Through the Arts program, which uses arts-integrated tools to make lessons come alive.

June: Founder Monsignor William J. Linder celebrated his 80th birthday surrounded by family, friends, employees and associates at a festive affair on June 5 at St. Joseph Plaza. New Community hosted its 22nd Annual Golfing For A Cause at the Montclair Golf Club, where three clients shared testimonials of how services such as Harmony House and the Workforce Development Center placed them on a path towards self-sufficiency.

July: The Family Service Bureau of Newark, an affiliate of New Community, launched a partnership

with the Workforce Development Center to provide counseling and intervention services to students in NCC's job training and employment services.

August: More than 150 young people from across the globe convened at New Community for a cultural exchange with local teens and to learn about social entrepreneurship. The Workforce Development Center partnered with Port of Newark employer Foreign Auto Preparation Service to hire successful graduates from NCC's Ford Automotive Training Program.

September: Monsignor Linder and CEO Richard Rohrman joined with Newark Mayor Ras Baraka and a host of dignitaries and project funders to officially break ground on A Better Life, NCC's first permanent supportive housing project, on September 28. New Community also hosted its annual Parade and Family Festival, which paid tribute to Newark's 350th anniversary.

October: Monsignor Linder released his memoir, "Out of the Ashes Came Hope," a 197-page book that captures his personal backstory as well as the behind-the-scenes efforts that went into building New Community into one of the most comprehensive community development corporations in the nation.

November: Project Green Thumb reported the impact that NCC has each month on people's lives: 42,000 touches a month. Monsignor Linder was honored with the Humanitarian Award from the Circle of Life Children's Center, founded by Dr. Jim Oleske, a pioneer in the field of pediatric AIDS treatment.

December: University Hospital CEO John Kastanis met CEO Richard Rohrman at Harmony House and served a holiday meal to residents of the transitional housing facility for the homeless. Youth Services organized a Youth Empowerment Summit that discussed topics such as police interaction with the community and choices and consequences.



Donna Holmes, standing center, a professional actress and playwright, infuses creativity into lessons at Community Hills Early Learning Center as part of the New Jersey Performing Arts Center's Early Learning Through the Arts program.



CEO Richard Rohrman, fifth from left, and Monsignor Linder, fourth from right, break ground on A Better Life.

Social Security News

Representative Payee: Help A Loved One With Social Security

By Ammy Plummer

Social Security District Manager
Springfield Avenue, Newark NJ

According to the Census Bureau, there are nearly 57 million people living with disabilities in the United States. Thirty percent of American adults help provide care for a sick or disabled family member. Caregivers provide physical and emotional support for the people in their care. It's a demanding job with its stresses and rewards, but it can also be a labor of love.

Social Security is committed to you throughout life's journey, helping secure today and tomorrow for every American. This is especially true for people who need help managing their benefits. We work closely with caregivers through our representative payee program.

A representative payee is someone who receives and oversees the Social Security or Supplemental Security Income (SSI) benefits for anyone who cannot manage their benefits. This can be a child or an adult incapable of managing their own funds. You can learn more about our representative payee program at www.socialsecurity.gov/payee.

A representative payee is usually a trusted family member or friend of the beneficiary, but when friends or family are not able to serve as representative payees, Social Security looks for qualified individuals or organizations to represent the beneficiary. You can learn about becoming a representative payee by watching our new series of videos on the duties of a representative payee at www.socialsecurity.gov/payee.

It's our hope that these videos will not only educate individuals about the roles and responsibilities of being a representative payee, but also provide further insight, broaden community awareness, and provide key resources to deal with the growing incidents of elder abuse, neglect, and financial exploitation.

Caregivers are valuable and irreplaceable assets to our great nation. Please join us in celebrating them for all they do for those who cannot do for themselves.

See more photos on:  
[facebook.com/newcommunitycorporation](https://www.facebook.com/newcommunitycorporation)

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Yoga At Any Age, For Any Body



David Bedward is a resident of New Community Orange Senior who participates in the weekly yoga classes.

David Bedward was curious when new yoga classes started being offered at his building, but he saw two major barriers to participating:

"I don't have feet and yoga is for women," said Bedward, a 68-year-old double amputee who lives at New Community Orange Senior.

Fortunately for Bedward, both of his misconceptions regarding yoga were quickly proven wrong. Now, he says he rarely misses a class.

"Yoga is not just for young or old," he said, adding, it's for "everybody."

On a recent Thursday, Sister Pauline Echebiri, Orange Senior's care coordinator, led the yoga practice. The instructor who normally leads the class was traveling in India to gain further knowledge of yoga. Echebiri started with breathing exercises. Next, she incorporated gentle movements of the neck and arms.

"How are we doing?" Echebiri asked the group, eliciting murmurs from across the community room.

The senior residents exercised various parts of their bodies. They rolled their shoulders forward and then back. All the while, the focus remained on inhaling and exhaling. She encouraged those who attended yoga to practice the same movements in their homes, while watching television or doing other normally sedentary activities.

Jewel Garrison, a resident and yoga participant, has been impressed by Bedward's determination and consistent attendance. Garrison, who has had two knee replacements, describes herself as a relative newcomer to Orange Senior. She said that seeing fellow seniors, including Bedward, at yoga encourages her to maintain an active lifestyle.

"It gives him the encouragement to press on," Garrison, 67, said. "I applaud David."

A native of Albert Town, Jamaica, Bedward live for several years in East Orange and worked in corporate security. He was diagnosed with diabetes in 1996 and later had both legs amputated. Still, Bedward stayed active and pursued his hobbies. He's a big fan of Dizzie Gillespie and the Miami Dolphins.

When yoga was introduced to the activity calendar, Bedward decided to try it. When the instructor, noticing his physical limitations, offered alternative movements, Bedward boldly declared, "No, please. I will do the best I can."

"I like the effort he makes," Echebiri said of Bedward, who moved to Orange Senior in December of 2014. "That gives hope to those, even with a cane," she added.

Bedward said he has felt physical benefits of exercising his upper body. Yoga has helped him to control his blood sugar, he noted. But there are also excellent, intangible benefits. "Your mind is at rest," he said.

vna Health Group
Visiting Nurse Association Health & Hospice

Wellness Tip
April 2017



Stress can take a huge toll on you both mentally and physically. Being under long-term stress can lead to chronic heart, sleep and even weight problems. Manage your stress with these tips.

Be an Optimist

If you start to feel your stress levels rising, try surrounding yourself with positive thoughts. Listen to your favorite music, talk to a friend who lifts your spirits or watch a funny video. Try your best to react to negativity in a positive way.



Live Healthy

Eat healthy meals, avoid smoking, limit alcohol and keep up with exercise. Stay on track by doing activities you enjoy and limiting food that may be hazardous to your health. Your body manages stress easier when it is fit!



Get a Good Night's Sleep

Lack of sleep will leave you feeling exhausted and on-edge. Your body needs time to recover. Ensure you get a good night's rest. 7-9 hours of a full night's sleep is recommended.



Relaxing Activities

Take 15-20 minutes to sit quietly and reflect through a relaxing activity. This could be through breathing exercises, praying, meditation or yoga. Notice how you feel afterwards. Just a few minutes each day can help you wind down and alleviate stress.

*Avoid Stress,
Relax*

For more information about VNA Health Group services & programs, please call 800.862.3330 or visit www.vnahg.org

State Approves NCC's New Diesel Mechanic Program



File photo of automotive student Sashariel Hung at the New Community Automotive Training Center at 210 West Bigelow St. in Newark.

Job training opportunities are growing at New Community Workforce Development Center! The state Department of Labor and Workforce Development and the Department of Education jointly approved a Diesel Mechanic Training Program to be offered at NCC.

“New Community Workforce Development Center is excited to offer the Diesel Mechanic Training Program,” Director of Workforce

Development Rodney Brutton said. “This is a natural extension of our automotive program. We look forward to bringing in our first cohort in the latter part of 2017,” he added.

Students of the new program will complete the 1,100-hour course in roughly seven to eight months, according to Brutton.

The course will focus on providing students with entry-level knowledge and skills to correctly test, diagnose, replace, repair and adjust diesel engines, electrical, charging, starting, lighting, brakes and steering suspension systems on trucks.

Job opportunities for diesel mechanics is on the rise. Diesel and heavy vehicle mechanics will experience job growth as the shipping industry continues to grow, according to the Bureau of Labor Statistics.

Students who successfully complete the diesel program will receive ASE certifications in brakes, steering and suspension, electrical and other related areas, Brutton said.

New Community Workforce Development Center is currently recruiting students for its various job training programs, including automotive, building trades/construction, culinary and health care. To apply online, visit www.newcommunity.org or call Workforce at 973-824-6484.

APPLY NOW FOR JOB TRAINING CLASSES

STARTING IN MAY 2017

CALL WORKFORCE AT 973-824-6484 OR APPLY IN PERSON

AT 274 S. ORANGE AVE. IN NEWARK

Good Housekeeping: Skills For Life, For Both Parents And Kids



Lisa Chavis, standing center, senior case manager, leads a workshop for Harmony House residents discussing the ins and outs of keeping a tidy apartment.

Practicing good housekeeping is as much about gaining positive life skills as it is about enjoying a tidy home, according to Lisa Chavis.

According to Chavis, the senior case manager at Harmony House, New Community's transitional housing facility for homeless families, housekeeping skills are about parents teaching children positive habits and maintaining a healthy living space.

And it certainly takes work—almost every single day.

“You have to start yourself. You have to condition yourself,” Chavis said.

Kbrina Blount, a Harmony House resident, attended a Good Housekeeping Workshop on a recent Wednesday led by Chavis. The weekly

workshops are designed to focus on a checklist of items but Chavis fields a wide range of questions from individuals who often need assistance with employment, education, health and social service.

“If you don't have a high school diploma, that's one of your first goals,” Chavis said.

For Blount, one of her challenges is maintaining an orderly apartment unit while also caring for her 1-year-old son, Lonnie, and 3-month-old daughter, Madison.

“It's hard with a toddler who's all over the place and taking stuff out,” she said.

Chavis noted the importance of being consistent and firm with children as part of one's housekeeping rules.

“A lot of clients allow their children to walk around while they're eating or drinking,” which can result in spills, Chavis noted.

“You want them to be in a healthy environment,” she said, adding, “You are your children's first teacher.”

Blount said she has already begun teaching her son to be responsible for his toys after he's done playing with them.

“I make him pick up his toys and put them in his bucket,” Blount said.

The reason to keep up daily with housekeeping, Chavis said, was two-fold: to help families maintain an orderly living environment and to be prepared for unannounced visits from

county welfare workers.

Harmony House residents with units that are not clean may receive up to three warnings, according to Chavis. They will then be referred for counseling at the Family Service Bureau of Newark, an affiliate of New Community. As a last resort, a family's residence may be terminated.

“We're not trying to get on your nerves, we're just trying to improve your housekeeping skills,” Chavis said. “The goal is self-sufficiency,” Chavis said.

But residents acknowledged that it is hard to keep your unit clean when you arrive at the transitional housing facility for homeless families with few belongings. Brooms, garbage cans, toilet bowl cleaners and plungers are often in short supply, they said.

No topic was too minor to discuss at the workshop: refrigerator spills, wiping grease off the stove, hanging up clothes.

“I just got finished cleaning my unit,” said a young man who attended the workshop.

Chavis reminded residents to keep food in containers to avoid attracting pests and rodents.

If a bulb is out or a drain is clogged, residents are responsible for submitting a work order so that staff from Environmental Services is aware and can address it.

“If you need to organize your space, that's something I can help you to do,” Chavis said.

RUTGERS

Cancer Institute of New Jersey at University Hospital

RUTGERS HEALTH



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BUT SO DO WE, RIGHT HERE IN NEWARK.**

WINNING is treating cancer with the most advanced and personalized medicines for each patient at **University Hospital**.

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205 South Orange Avenue, Newark, NJ 07103
Rutgers, The State University of New Jersey

Former Architect Starts Over, Studies English At NCC



Monica Arauz successfully completed the second level of English as a Second Language at the New Community Adult Learning Center in December.

Monica Arauz is a mother on a mission. Her goal is to ensure that her 17-year-old son has a future filled with opportunities. That's why she came to the United States about two-and-a-half years ago, leaving behind her former life in Ecuador.

Arauz and her son, Andres, moved in with her older brother in Hillside. It wasn't long before she began searching on the Internet for English language classes.

"When I came I didn't understand anything," she said.

She found information online about New Community's Adult Learning Center and signed up for the September class. After completing an initial assessment test, Arauz was placed in English for Speakers of Other Languages Level 2.

Back in Ecuador, Arauz attended Central University and took English to fulfill her foreign language requirement.

"Monica is a serious, methodical and disciplined student whose talent and compassionate outlook indicate meaningful achievement and success in the future," Anthony Forte, ESOL instructor at the Adult Learning Center, said.

After spending a few years studying architecture at the university, Arauz worked in the capital city of Quito where she worked on restoring monuments and architectural conservation.

For now, she works nights as a cleaner at Newark Liberty International Airport. During the day, she attended ESOL classes, which finished in December. Now, she's looking for additional English language classes at local community colleges to expand her skills.

She credited Forte and the Adult Learning Center with helping her to strengthen her grammar.

"I think you have good teachers," she said.

FOR MORE INFORMATION ABOUT CLASSES AND SERVICES OFFERED AT NEW COMMUNITY ADULT LEARNING CENTER SEE THE FLYER ON PAGE 11

NCC Seniors Learn To Fight Alzheimer's, Dementia



Joel Conaway, riding stationary bicycle, pedals to power a blender that made a fruit smoothie.



Clementine Fowler, right, receives a blood glucose test from Guardy's Pharmacy staff.

For Glenda Wright, taking care of your brain's health must be relatable and realistic.

Wright is a community research coordinator for the African-American Brain Health Initiative, a partnership between Rutgers-Newark and community organizations, and recently spoke at New Community to senior residents.

According to the Alzheimer's Association, older African-Americans are two times more likely to have Alzheimer's disease and other dementias than older whites.

What can be done to reduce the likelihood of Alzheimer's? Wright offered practical tips on how seniors can make changes to their daily habits to promote brain health and improve overall wellness.

For example, Wright said, make healthy food choices. "It's bad enough they put these fast food places where we live," she noted. Reduce sources of stress, whether it's dialing down cable news or saying "no" to people in your life. "I know we can't eliminate it 100 percent, but we need to minimize it," Wright said of everyday stress.

The Alzheimer's presentation also featured a nutrition talk by Carol Brush, a health educator at Horizon Blue Cross Blue Shield of New Jersey. To promote exercise, Horizon brought a stationary bicycle that uses wheel-power to blend smoothies.

"You lose what you don't use," said Maryann Lane, 69, who noted that she tries to exercise regularly.

The presentation concluded with healthy eats as well as additional resources for seniors. Guardy's Pharmacy provided blood pressure

and glucose tests as well as a lunch of turkey sandwiches, salad and fruit.

Also, seniors who were interested in participating in voluntary research studies at Rutgers-Newark had an opportunity to sign up.

"We're not going to change overnight but we need to take baby steps," Wright said.



Glenda Wright, standing center, community research coordinator for the community partnership African-American Brain Health Initiative, spoke to NCC residents about Alzheimer's disease prevention.

6 TIPS TO KEEP YOUR BRAIN HEALTHY

- Exercise regularly
- Keep mentally active
- Avoid unproductive stress
- Get a good night's sleep
- Socialize with others
- Eat light and healthy

Source: African-American Brain Health Initiative

Family Service Bureau

Fabulous Me 2017: Who Runs The World? Girls!



Last year's student leaders, aka Juvenile Ambassadors, Kinsey Thorpe, left, and Rashida Babb, right.

The Family Service Bureau of Newark is currently preparing to hold the fifth annual Fabulous Me Womanhood Conference in June. The conference (date TBD)

is open young ladies ages 12 to 17 from the northern counties of New Jersey including Essex, Morris, Passaic, Bergen and Hudson counties. The conference will again be hosted by Seton Hall University from 8:30 a.m. to 3:00 p.m.

The theme for the conference this year may ring familiar to Beyoncé fans: Who runs the world? Girls! (Tag us on social media #fabulousme2017girlpower). In previous years, the Womanhood conference has focused on themes such as "Finding the inner strength to become a courageous positive leader" and "#queenmode."

This year, the overarching focus of the conferences is on leadership and women's role in society. We are living in a world that is changing at a rapid pace, both politically and socially. In light of the new changes taking place, this year's Fabulous Me conference is a special opportunity to provide young women with a forum to discuss their views, opinions, ask questions and challenge

their own assumptions.

The goal of Fabulous Me is to help young girls learn, prevent, intervene, educate and develop into positive female role models in their respective schools and communities. Some of the topics that will be discussed during the conference include leadership, self-respect, social, community relationships, and educational planning. The conference also hosts a resource fair that offers education and community resources that the young ladies are able to peruse during their lunch.

The conference is funded by the New Jersey Governor's Juvenile Justice and Delinquency Prevention Committee and administered by the New Jersey Juvenile Justice Commission. Preregistration is required. Anyone interested in participating can contact Family Service Bureau Executive Director Manuela Garcia at manuelagarcia@newcommunity.org or call 973-412-2056.

New Community Is Hiring: Open Positions

New Community is hiring for the following open positions. To apply online, please visit <https://newcommunity.submit4jobs.com>. Due to the volume of applications, NCC will only contact candidates of interest. NCC is an equal opportunity employer. For more details on the requirements of each position, visit <https://newcommunity.submit4jobs.com>.

Accountant - Full Time

Responsibilities include working with designated group(s) to help establish and maintain an accurate financial record of revenue and expenditures.

Activity Assistant - Full Time

The Activity Assistant (AA) will be working in a Long Term Care/Sub Acute Facility. In this role the AA will be responsible for implementation and evaluation of therapeutic recreation services including but not limited to empowerment, maintenance, and supportive activities.

After School Program Counselor - Part Time

Assists students individually or in groups with homework assignments. Use positive discipline techniques when addressing children. Support children's emotional and social development, encouraging understanding of others and promoting positive self-esteem.

Certified Nursing Assistant - Full Time

Assists residents with eating, toileting, bathing, grooming, transferring and dressing/undressing, knowledgeable

of resident's care plan and needed interventions, function under the direction of the Licensed Practical Nurse.

Dietary Aide - Full Time

Responsible for handling food in accordance with sanitary regulations, serving only food specified by diet lists, meeting meal schedules, and cleaning schedules, serving food at proper temperature and following direction carefully.

Dietitian - Temporary

Responsible for assessing the nutritional care program of residents in a long-term care facility. The Dietitian will assist and prepare the menu for the different menu cycles of the year. The Dietitian will advise administration and food service

department as needed on all clinical aspects of each resident diet and oversee issues in the kitchen including menu development, substitution of food, supplement use, and food temperatures, etc.

Director Of Communications And Marketing - Full Time

Responsible for presenting and maintaining a positive public image of NCC that enhances the company's reputation by providing direction of company-wide communication and assist with branding strategies to support of business objectives. This includes driving awareness and consistent messaging across multiple channels. Role will entail development and execution of public relations activities, fundraising, content development for print, video, web and social media.

Housekeeping Porter - Part Time

Work in a Long Term Care/Sub Acute Facility supporting a clean and sanitary environment. Responsible for keeping the Extended Care Facility clean, free from clutter and safe. The Porter will uphold standards, objectives, and policies of NCC and Extended Care.

Laundry Aide - Full Time

Provide housekeeping and laundry activities throughout a long-term nursing facility. Two years of institutional housekeeping experience, preferably in a healthcare setting.

Licensed Practical Nurse - Per Diem

Provide direct nursing care to residents and supervise the day-to-day nursing activities performed by nursing assistants. Geriatric experience preferred, one to two years in a healthcare setting.

Maintenance Worker - Full Time

To ensure that the appearance of the property is maintained, troubleshoot, install and repair the building. Buildings include, but are not limited to,

grounds, boilers, steam and hot water.

Registered Nurse On Call - Full Time

Provides direct care and supervision of all nursing services to ensure that each resident's needs are being met.

Registered Nurse Unit Manager - Full Time

Responsible for organizing, directing and supervising the daily functioning of the resident care unit as directed by the administrator and director of nursing.

Security Officer - Full Time

Responsibilities include maintaining a safe and secure environment for clients, residents, visitors, employees and surrounding public by patrolling and monitoring premises. The security officer will report to the Director or superior officer.

Superintendent - Full Time

Performs daily janitorial and maintenance services in assigned building(s). Complete work-orders as assigned by property manager and/or designated supervisor. Troubleshoots, repairs or replaces HVAC/Heating equipment controls; installs, repairs, and replaces all plumbing fixtures, piping and systems.

Teacher (ABBOTT) Substitute - Per Diem

Work within the structure of NCC and Newark Public Schools to carry out functions, policies and practices as established by the governing boards. Maintains supportive and consistent team teaching between self and teacher assistant.

Teacher Assistant (Infant/Toddler) - Full Time

Participate as an integral part of the teaching team for the purpose of carrying out the program as planned in coordination with the Teacher, taking into account the social, cognitive and health needs of the children.



New Community Adult Learning Center

563 Orange Street, Newark, New Jersey 07107

(973) 558-5536

www.newcommunity.org/services/adult-learning-center/

Available Courses

English for Speakers of Other Languages

Mondays through Thursdays:
10 AM to 12 PM or 6 PM to 8 PM

Citizenship

Saturdays:
9 AM to 12 PM

Computers – Basic & Intermediate Levels

Saturdays: 9 AM to 12 PM or 12 PM to 3 PM

ABE, Pre-GED, & GED (English only)

Mondays through Thursdays:
9:30 AM to 1:30 PM or 5:30 PM to 8 PM

Free Services

Health Screenings

Physicals, Mammograms, Cholesterol, Nutrition, etc.

Open Community

Free workshops conducted by private institutions and/or volunteers for the general public

Other Services

- Community organizing
- Community rooms
- Social services referrals

Cursos Disponibles

Inglés para Hablantes de otras Idiomas

Lunes a jueves:
10 AM a 12 PM o 6 PM a 8 PM

Ciudadanía

Sábados:
9 AM a 12 PM

Computadora – Nivel Básico e Intermedio

Sábados: 9 AM a 12 PM o 12 PM a 3 PM

ABE, Pre-GED, & GED (Ingles solamente)

Lunes a jueves:
9:30 AM a 1:30 PM o 5:30 PM a 8 PM

Servicios Gratuitos

Exámenes Médicos Gratuitos

Físicos, Mamografías, Colesterol, Nutrición, etc.

Comunidad Abierta

Talleres gratuitos conducidos por instituciones privadas y/o voluntarios para el publico en general

Otros servicios

- Organización de la comunidad
- Sala de reuniones
- Referidos a servicios sociales

*Weekdays and Saturdays courses are 9, 10, and 21 weeks long depending on the selected course.

PIX 11 Features Harmony House



PIX 11 reporter Mario Diaz, second from left, interviews Harmony House Senior Case Manager Lisa Chavis on March 22.

PIX 11's Mario Diaz interviewed staff from Harmony House, New Community's transitional housing facility for homeless families, on March 22, 2017, to highlight the crucial services that are offered to the community, such as transitional housing, intensive case management, supportive services, life skills training, permanent housing placement and connection to resources.

Senior Case Manager Lisa Chavis and Assistant Program Manager Dametria Wertz spoke with Pix 11 about how Harmony House can help to prevent tragedies, such as the one discovered in Newark at a sewage treatment plant where an expecting mother resorted to tragic measures.

Officials reportedly found a human fetus at the Passaic Valley Sewerage Commission treatment facility in Newark—a horrific discovery and the second one of its kind in less than a month. The Essex County Prosecutor's Office is investigating the incident.

Diaz interviewed Chavis and Wertz to highlight the way that Harmony House offers resources to families, and oftentimes single mothers, who feel they have no options left.

For Wertz, the tragedy may have been prevented if the struggling mother had found help.

"I think they needed someone to speak to, someone if it was a friend or therapist or anybody, just to speak to them to tell them what options they had out there," Wertz said.

"I think of a gap in services," said Chavis, who has worked at the transitional housing facility in Newark for more than two decades.

Since Harmony House opened its doors in 1990, the 102-unit, apartment-style complex has provided a safe haven for families. Residents work with case managers to locate permanent house as well as gain life skills and social services.

Guilty Conscience

By Lesley Leslie



Do you ever feel bad or uncomfortable about something that you did or said to someone?

Do you find yourself acting noticeably different around that person every time you see them? Is there a voice inside of you that is telling you to do the right thing? That little voice is your conscience and it's a wonderful thing to have.

There are people in the world today who can be mean-spirited, even diabolical in their actions. If you read the newspapers and watch the evening news, you may seriously question whether all humans have a conscience within them. Given the way people treat one another in society and our very own communities can make you question whether their conscience is intact.

A guilty conscience is a sign or indication that you know wrong from right. It means you

understand that something you may have done or said has resulted in someone else being wronged or being made to feel bad. So what are the logical next steps to take given that you are torn up inside about your actions? Perhaps you've experienced a few sleepless nights, or it's become impossible for you to look that person in the eye when you see him or her. You may have even experienced loss of appetite or any desire to indulge in the fun activities that used to bring you so much pleasure.

Enough! You can make things right. Ask God, the Creator, to forgive you for what you have done and ask the person that you have wronged to forgive you. There is nothing more required of you. You have done the right thing. Now clear your conscience and keep it moving.

Mistakes are a part of life. Oftentimes, the mistakes that we make can bring us into a better understanding of who we are as individuals. When we are able to learn from mistakes that we make, they can help build character!

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CLARION

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Newark, New Jersey

Save The Date: New Community's Golf Classic On June 27th

Come join us and golf for a cause! New Community is hosting its 23rd Annual Golf Classic on June 27, 2017, and you are invited to participate in a day filled with friendly competition, professional networking and learning about the life-transforming services provided to inner city residents by New Community. New Community will mark 50 years of service to the community in 2018.

The golf outing will be held at the Montclair Golf Club, a fabulous and historic course located in West Orange, New Jersey. The day will kick off with a buffet lunch on the patio of the clubhouse, followed by a competition between the twosome and foursome teams registered. Afterwards, golf participants and guests will enjoy a cocktail hour followed by a dinner reception where guests will have an opportunity to hear personal stories of how local families have been positively impacted by New Community. The evening will wrap up with a silent auction and 50/50 cash raffle.

Proceeds from the 23rd Annual Golf Classic benefit New Community education programs, Harmony House, which is a transitional housing facility for the homeless, and the Monsignor William J. Scholarship Fund.

For information on registration, sponsorships or placing an advertisement in the souvenir journal, please contact Tracey Battles at tracey.battles@newcommunity.org or 973-497-4414.



Golfers at New Community's fundraiser in 2016 cheer after a successful round at the Montclair Golf Club.