

SENIOR SPOTLIGHT: ALICE SEWELL



Alice Sewell has lived at Manor Senior for 16 years. She serves as a floor captain and is involved in the activities of the building.

Alice Sewell likes being involved in the activities at Manor Senior, which has been her home for the past 16 years. She works in the kitchen for building events and helps clean up afterward. She also serves a floor captain for the fifth floor.

“Most everything that goes on around here, I help out with it,” Sewell said. “It gives me something to keep my mind occupied.”

As a floor captain, Sewell distributes literature to her neighbors. She said she sees those on her floor often so she would know if there was an issue to report. In addition to helping with parties and gatherings, Sewell also participates in activities like the support group that takes place in the Community Room.

“Ms. Sewell is a wonderful person who is caring and always very helpful,” said Manor Senior Resident Services Coordinator Lourdes Fuentes.

Sewell is from Elizabeth City, North Carolina. She moved to New Jersey in 1974 to be close to her late mother who had moved north previously. She lived in East Orange before moving to Manor Senior with her late husband in 2003. After

he passed away in 2007, Sewell stayed in the building.

Her favorite part about living in Manor Senior is the people.

“I get along with the residents,” she said. “I don’t socialize with everybody, but the majority of the people.”

Sewell still has some family in North Carolina, but she hasn’t returned to the state since 1993 when her father passed away. She hopes to take a trip down to her home state at some point.

Sewell has one son, six grandchildren and four great-grandchildren. Her son lives close by, as do two of her grandchildren.

For a few years in the early 1980s, Sewell worked in a distribution warehouse for Revlon. She packed up the company’s items in boxes for the job.

In her spare time, Sewell enjoys participating in arts and crafts and watching movies. She participates in Game Day and Movie Day at Manor Senior, which are held on alternating weeks in the Community Room.

At 65 years old, Sewell said she plans to stay at Manor Senior, which has very reasonable rent. She said she gets along with the majority of her neighbors.

“There’s some nice people in here,” she said.