



CLARION

Serving The People Of The New Community Network

Gateway To Freedom From Addiction

Family Service Bureau's Gateway to Freedom (GTF) provides services for Essex County and Hudson County communities. Gateway to Freedom provides services to anyone with substance use disorders or co-occurring disorders. Substance use disorders include the use of alcohol, marijuana, cocaine, heroin, prescription painkillers and other illicit drugs. GTF accepts clients that receive medicated assisted treatment. Co-occurring disorders include a substance use disorder and mental health disorder existing simultaneously. GTF also has a psychiatrist available for those clients that require mental health services.

The GTF program includes Outpatient and Intensive Outpatient Services, which means that a client would receive from one hour up to 12 hours of weekly group and individual counseling sessions to help address substance use issues.

GTF is community partners with Work First New Jersey (SAI), Hudson County Drug Court, Essex County Drug Court, Hudson County Parole and Essex County Parole, Division of Children Protection and Permanency (DCPP) and Probation. Gateway to Freedom also has an affiliation with Intoxicated Drivers Resource Center (IDRC) for people that have DUI convictions.

The program also accepts appointments from individuals that want to participate in substance abuse treatment and families that want to refer a family member or loved one for treatment.

GTF has day and night groups in the Newark office to accommodate clients that work, attend school or have children. GTF accepts Medicaid, self-pay and also offers funding for clients that cannot afford to pay or do not have insurance.

The goal at GTF is to help each individual make positive changes in their lives and to live productive lifestyles. Family Service Bureau's GTF program provides individualized treatment and care to each client. Treatment may include one-on-one therapy and group therapy may also be provided based on individualized needs. Gateway to Freedom ensures that each person's care is tailored to their needs and problems across all life areas as GTF takes a biopsychosocial view of addictions and that all areas of a person's life are affected by a substance use disorder.

Gateway to Freedom provides empathy and compassion to people suffering with the disease of addiction and GTF's number one objective is to elicit positive behavioral changes from each participant. Addiction is not the only focus of treatment. Treatment addresses the client's family, legal, medical, vocational and employment needs as well.

Gateway to Freedom staff includes Licensed Clinical Alcohol Drug Counselors, Licensed Clinical Social Workers, Licensed Associates Counselors and Master's Level Interns. The staff at GTF is competent and provides their expertise to help each person meet their individualized treatment goals as they work together with the team to help attain life goals.

Gateway to Freedom also works with referral sources and the family to ensure the client receives comprehensive care as the family is affected by addiction and the clients learn communication and relationship skills and techniques. The family is educated about addiction and how to help their loved one without enabling.

Gateway to Freedom is a step toward sobriety for each person that enters treatment as here at FSB is. GTF understands that addiction can destroy a person's life. Gateway to Freedom works effortlessly to ensure that each participant has a chance to not just survive and be free from their addiction to drugs and/or alcohol, but to learn to prosper and find happiness by attaining positive coping skills to better deal with life stressors in addition to learning stress reduction and management. The treatment team at GTF gives the person and their loved ones hope for lasting recovery.